



The Cathedral of Saint Thomas More
 3901 Cathedral Lane Arlington, VA 22203
 Most Rev. Michael F. Burbidge, Bishop of Arlington



Twentieth Sunday in Ordinary Time

Clergy

Most Rev. Michael F. Burbidge, Bishop of Arlington
 Very Rev. Patrick L. Posey, V.F., Rector
 Rev. Kevin Dansereau, Parochial Vicar
 Rev. Michael Isenberg, In Residence

Rectory Office Hours: Monday through Friday

9:00am-1:00pm; 1:45-4:00pm
 Phone: 703-525-1300; Fax: 703-528-5760
 stmparishoffice@cathedralstm.org
 Website: www.cathedralstm.org

Religious Education

703-525-1300, ext 28

School

105 N. Thomas Street
 Arlington, VA 22203
 Phone: 703-528-6781; Fax: 703-518-5048
 www.stmschool.org
 Mrs. Catherine Adams Davis, Principal

Christian Initiation

Please call the Rectory 703-525-1300

Music Ministry

703-525-1300, ext 35
 Dr. Richard P. Gibala, Director of Music

Hispanic Apostolate

703-841-3883
 200 N. Glebe Road, Arlington, VA 22203

Sacramental Information

PENANCE: Thursday 7:30pm to 8:30 pm
 Saturday 4:00-5:00pm and by appointment;
 Sunday En español: 12:15pm—12:45pm

BAPTISM AND MATRIMONY: Please contact the Rectory or go to the website for information. In-class preparation is required. Please call Rectory to register.

ANOINTING of the SICK: Please contact the Rectory for a priest.

Mass Schedule

PHASE 3 ADJUSTED MASS SCHEDULE

Monday-Friday: 7:00am & 12:05pm
 Saturdays: 9:00am
 Saturday Vigil: 5:30pm
 Sundays: 7:00am, 9:30am, 12:45pm en Espanol

LIVE-STREAM SCHEDULE

Daily 12:05pm, Saturday 9:00am
 Sunday, 9:30am and 12:45pm (Spanish)

The Rosary: Monday-Friday at 11:40am

Beth Blaine, Receptionist
secretary1@cathedralstm.org

Maria Stillone, Bookkeeper / Spanish Liaison
mstillone@cathedralstm.org

Tara Quaadman, Rector's Assistant
tquaadman@cathedralstm.org

Steve Schemmel, Business Manager
sschemmel@cathedralstm.org

Christine Kurtzke Hughes, Director of Advancement
advancement@cathedralstm.org

Maria Paniagua, Youth Ministry & Religious Education Interim Director
ym@cathedralstm.org

Dr. Richard Gibala, Director of Music
rickpgibala@gmail.com

I have read this passage about the Canaanite woman's faith many times. Each time, though I know the outcome, Jesus' rebuke and the disciples' not-so-thinly veiled racism sting. Even the language Matthew uses reveals their incredulousness of this "unclean" person approaching Jesus: "they had just retired... **and behold**, a Canaanite woman from the region came out..." It's as though they can't believe this woman would dare speak to Jesus as one of them. Calling Jesus "Son of David" implied kinship, something the gentiles most definitely didn't share with the Israelites.

Jesus rebuffs her not because she was a gentile, but because she was pretending to be something she's not. She presumes that he would not answer her prayer unless she was an Israelite, thereby placing God's mercy in a box. Jesus does not want imposters; He wants people to come to Him as they are.

Last week Peter presumed that his faith wasn't enough to uphold him on the water. Here, when Jesus answers the woman, "I was sent only to the lost sheep of the House of Israel," she instead perseveres. When she stops pretending and simply says "Lord... even the dogs eat the crumbs from their masters' table," her persistence is rewarded. While Peter's uncertainty almost sank him, the Canaanite woman's persistence and humility saves her daughter.

Instead of being a story where Jesus turns away from someone in need, Matthew's passage reinforces Jesus' message of inclusivity. The verses ahead of this reading show Jesus countering the Pharisees belief that nationality, disability, even types of food make one unfit to be saved. Christ's salvation is for everyone.

We must persist in prayer, even when we feel God isn't listening. Mother Teresa once warned against thinking that it is "impossible for Jesus to love you." This was perhaps the Canaanite woman's first mistake: as herself, she was not worthy of Christ's mercy.

Peter was worth the outstretched hand. The Canaanite woman's daughter was worth Jesus' healing. *We are worthy of God's love and compassion. We just need to go to him as ourselves, warts and all.*




God Bless. Fr. Posey

EXPLORE MORE at THE CATHEDRAL!

WELCOME and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to <https://www.cathedralstm.org/about/registration/>



Follow us on:

-  facebook.com/CathedralSTMVA
-  twitter.com/CathedralSTMVA
-  instagram.com/cathedralofsaintthomasmore

Bulletin deadline is two weeks prior to publication date.
Please go to <https://bit.ly/2YDnyPH>
for bulletin, lector and Cathedral Connection
submissions.

Today's Readings

First Reading:	Isaiah 56:1, 6-7
Responsorial:	Psalm 67:2-3, 5, 6, 8
Second Reading:	Romans 11:13-15, 29-32
Gospel:	Matthew 15:21-28

Readings for the Week

Monday:	Ez 24:15-24; Dt 32:18-21; Mt 19:16-22
Tuesday:	Ez 28:1-10; Dt 32:26-28, 30, 35cd-36ab; Mt 19:23-30
Wednesday:	Ez 34:1-11; Ps 23:1-6; Mt 20:1-16
Thursday:	Ez 36:23-28; Ps 51:12-15, 18-19; Mt 22:1-14
Friday:	Ez 37:1-14; Ps 107:2-9; Mt 22:34-40
Saturday:	Ez 43:1-7ab; Ps 85:9ab, 10-14; Mt 23:1-12
Sunday:	Is 22:19-23; Ps 138:1-3, 6, 8; Rom 11:33-36; Mt 16:13-20

Remember in your prayers the sick of our parish

especially: Lourdes Batol, Jim Fitzwater, John Ford, Joan Janaro, Owen Keel, Karen Kelly, Andrew Pinella, James Saunders, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, and also to remove a name from the list.

REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300.

Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

Please remember to pray for our health care workers, first responders and all essential employees who continue to keep us safe, care for us, and provide us with life's necessities.

Daily Mass Intention

Saturday, August 15	<i>Assumption of the Blessed Virgin Mary</i> Elizabeth Quigley (A) 5:30pm
Sunday, August 16	<i>Twentieth Sunday in Ordinary Time;</i> 7:00am William Jose Santiago (D) 9:30am Robert Parrish (D) 12:45pm Parishioners
Monday, August 17	7:00am Martin Bermpohl 12:05pm Bonnie Snyder (D)
Tuesday, August 18	7:00am Eileen Adere 12:05pm Joseph A. Krauth (D)
Wednesday, August 19	<i>St. John Eudes</i> 7:00am Kevin G. Long (A) 12:05pm Michael Cassidy (D)
Thursday, August 20	<i>St. Bernard</i> 7:00am Rita Turelli Smith (D) 12:05pm John K. Cassidy, Sr. (D)
Friday, August 21	<i>St. Pius X</i> 7:00am Richard & Rosemary Turelli (D) 12:05pm Monika Felock
Saturday, August 22	<i>Queenship of the Blessed Virgin Mary</i> 9:00am Nicole Casey

Please pray for those serving our country:

Captain Timothy P. Blaine, USMC; Louis Crishock; FSO, Pvt.F.C. Dylan Cate, USA; 2Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Major Justin M. Coons, USMC; COL Richard Creed, USA; 1st Lt. James Law, USMC; LCpl Joseph A. Patrick, USMC; Pvt. Killian Smet, ARNG; Nick Tengtio; Ssg. Ryan Wagner, USAF; Major Thomas J. Wisler, USMC; Capt. Evan J. Wright, USAF

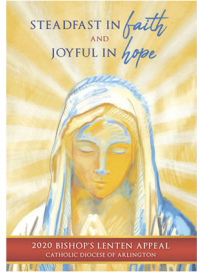


DIVINE MERCY CHAPLET

Join the STM Divine Mercy Group to pray the Chaplet on weekdays 15 minutes after the conclusion of the 12:05pm Daily Mass.

Stewardship

**“For the gifts and the call of God are irrevocable.”
Romans 11:29**
God has a special mission in mind for each of us, giving us the gifts we need to accomplish that mission. We are called to be good stewards by using those gifts to do the work that He has planned for each of us. If we deny our gifts or fail to use them as God calls us to use them, then some part of His work will be left undone.



Some may have received a letter from Bishop Burbidge about supporting the BLA. This important program relies on your help to foster our many diocesan ministries. Make your gift today: <https://bit.ly/2yBgiL7>. Thank You!

Join Partners in Prayer! Offer to pray for special intentions a few minutes daily. Right now we can all use prayers! To learn more about becoming a PIP or to request a prayer, go to: <https://bit.ly/32CPYgn>



Your support of the Cathedral is needed now more than ever. Without you, we cannot support our ministries and mission to be “God’s servant first.” Enroll with Faith Direct to ensure your stewardship continues. Go to: <https://bit.ly/2X15PBv> Thank You!

IMPORTANT MASS ATTENDANCE REMINDERS

- All persons over 10 must wear masks which may be removed ONLY while receiving the Eucharist.
- Please use hand sanitizer upon entering and before receiving communion.
- Practice social distancing, remaining 6 feet apart
- The Holy Water fonts remain empty and the Sign of Peace omitted from the Mass.
- We ask that Communicants refrain from receiving the Eucharist on the tongue for the health and safety of our community.

Thank you for your patience and understanding as we take care of one another.

Pro Life Corner

Are you pregnant? Do you need help?
Gabriel Project Pregnancy Assistance Ministry:
866-444-3553 or 703-841-3810
www.h4pw.org / info@h4pw.org

Join the Flock! Don’t miss important announcements, mass reminders and faith resources from **Flocknote**, our parish email provider. Now more than ever, we need our parish family. This is a great tool for ministry leaders to communicate with their volunteers as well! Sign up at <https://cathedralstm.flocknote.com/>

In August, we celebrate our Blessed Mother’s final journey home to heaven in her glorious Assumption and we pray that she may continue to draw souls through her Immaculate Heart to her Son in the church. Is there someone you know who wants to explore the Catholic faith?

The Rite of Christian Initiation (RCIA) is the process by which persons who were never baptized, or were baptized in another Christian tradition, become members of the Church, where we on pilgrimage to our heavenly Father. Inquiry sessions are ongoing. Please contact Fr. Kevin Dansereau in the office at 703-525-1300.

Religious Education/Educacion Religiosa

Please know that we are here to support you as the primary educators of our Catholic faith. Before we set our schedule for the fall, we ask you to complete this survey to see which format is most beneficial to you and your children. Please complete this by August 21 to aid in our planning. Thank you for your patience and understanding. <https://bit.ly/2XJDccn>

Sepan que estamos aquí para apoyarlos como los principales maestros de nuestra fe católica. Antes de establecer nuestro calendario para el otoño, estamos enviando esta breve encuesta para determinar qué formato será el mejor para usted y sus hijos. Por favor complete esta encuesta utilizando el enlace a continuación.

Por favor llene la encuesta antes del viernes 21 de agosto para que podamos planificar adecuadamente. Agradecemos su paciencia y comprensión en estos tiempos difíciles. <https://bit.ly/2XJDccn>



Meet new friends and catch up with old at the PTO sponsored Popsicles in the Park!

Pre-K: August 15th 10am-12pm @ Alcova Park
Kindergarten: August 16th 10am -12pm @ Alcova Park
1st Grade: August 22th 10am-12pm @ Rocky Run Park

Siblings welcome, please bring your own water and hand sanitizer! Masks and social distancing is encouraged.

**** We will notify you if our plans need to change****

WELCOME BACK TEACHERS!

Our faculty are back on campus Monday to continue their preparations for our students return September 8. God bless them this year and always!

Around the Diocese



Bishop Burbidge Podcasts
Listen here: <https://bit.ly/2Vivbi5>

Catholic Charities of the Diocese of Arlington will present **Responding to Racism: Understanding, Conversion**, Action with Bishop Michael F. Burbidge and Rev. Scott Woods, a priest of the Archdiocese of Washington, at The Church of the Nativity, Burke, at 7:00pm on Tuesday, August 25. For more information, go to: <https://bit.ly/32Z6urb>

Mass for Mental Health Workers August 22

Join Bishop Michael Burbidge 9:00am, Saturday, August 22, at the Cathedral. The Mass is open to all. Those who support people with mental health conditions, including those who work with families affected by opioids or other addictions are especially encouraged to attend.

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up here: <http://bit.ly/CDAsignup>

You can still support our future priests during these times of COVID restrictions through the **Race for Seminarians**. Pick your sport, your route or sponsor. Build your team: Encourage each other. Not an athlete? You can still join the cause by supporting our team with funds and prayers. Visit ArlingtonDiocese.org/RACE to learn about all these options and start building your team today!

Mass for Silver or Gold Wedding Anniversaries

Were you married in 1970 or 1995? Then join Bishop Burbidge for the 2020 Mass for Jubilarians to be celebrated on Sunday, October 4th at 2:30pm at the Cathedral. Contact the parish office to register no later than September 18th. For more information, please go to: www.arlingtondiocese.org/mjm

Conference for Engaged Couples

Getting Married? The diocese has three conferences planned for the coming months: September 5 and October 17 both at the Cathedral from 8:30am-4:00pm. For more information and to register, please go to: <https://bit.ly/3gy78iY>

Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

THIS WEEK AT THE CATHEDRAL

Sunday, August 16

7:00am	Mass	Cathedral
9:30am	Mass ALSO LIVE STREAMED	Cathedral
10:00am-12:00pm	Kindergarten Popsicles in the Park	Alcova Park
12:15—12:45pm	Confesiones en Espanol	Cathedral
12:45pm	Misa en Espanol ALSO LIVE STREAMED	Cathedral

Monday, August 17 **STM FACULTY RETURNS !!**

7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass ALSO LIVE STREAMED	Cathedral

Tuesday, August 18

7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass ALSO LIVE STREAMED	Cathedral

Wednesday, August 19

7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass ALSO LIVE STREAMED	Cathedral

Thursday, August 20

7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass ALSO LIVE STREAMED	Cathedral
12:30—8:00pm	Eucharistic Adoration ALSO LIVE STREAMED	Cathedral
7:30-8:00pm	Confessions	Cathedral

Friday, August 21

7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass ALSO LIVE STREAMED	Cathedral

Saturday, August 22

9:00am	Bishop Burbidge Mass for Mental Health Workers	Cathedral
10:00am-12:00pm	First Grade Popsicles in the Park	Rocky Run Park
4:00-5:00pm	Confessions	Cathedral
5:30pm	Sunday Vigil Mass	Cathedral

Sacramento del Bautizo. Llame a la Rectoria para obtener informacion sobre los bautizos. (Los padres deben estar registrados en la parroquia). No se pone fecha a los bautizos hasta que todos los documentos esten completos. Los Bautizos en espanol son el tercer Sabado del mes.

Educacion religiosa y preparacion sacramental para la primera comunion y la confirmacion para ninos. Contactar a la oficina de education religiosa o (CCD) 703-525-1300.

Rito de iniciacion Cristiana y Sacramentos para adultos (RICA). Contactar al Padre Dansereau 703-525-1300.

Sacramento del Matrimonio. Las regulaciones de la Diocese requieren que se ponga en contacto con uno de los sacerdotes de la iglesia al menos seis meses antes de la fecha que quiere casarse. Contacte al Padre Dansereau al 703-525-1300.

Uncion de los enfermos. Llame a las ofcinas de la parroquia.

Comunion para los enfermos. Favor de comunicarse con la Sra. Estela Nunez al 703-932-7282.

Hospitalización. Por favor notifique a la oficina de la parroquia si usted está en el hospital. Por ley los hospitals no lo pueden hacer.