



**The Cathedral of Saint Thomas More**  
3901 Cathedral Lane Arlington, VA 22203  
Most Rev. Michael F. Burbidge, Bishop of Arlington



**20<sup>th</sup> SUNDAY IN ORDINARY TIME**

Then Jesus said to her in reply, "O woman, great is your faith! Let it be done for you as you wish." And the woman's daughter was healed from that hour. - Mt 15:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

**August 20, 2023**

**Clergy**

Most Rev. Michael F. Burbidge, Bishop of Arlington  
Very Rev. Patrick L. Posey, V.F., Rector  
Rev. Nicholas Barnes, Parochial Vicar  
Rev. Eliberto de Jesus Garcia Pareja, Parochial Vicar  
Rev. Michael D. Weston, In Residence  
Deacon Sean Nypaver

**Rectory Office Hours: Monday through Friday**

9:00am-4:00pm; Closed for lunch 1:00-1:45pm  
Phone: 703-525-1300  
stmparishoffice@cathedralstm.org;  
Website: www.cathedralstm.org

**Religious Education**

703-525-1300, ext 26

Mr. Benjamin Paczak

**School**

105 N. Thomas Street  
Arlington, VA 22203  
Phone: 703-528-6781; Fax: 703-518-5048  
www.stmschool.org  
Mrs. Ann LaBarge, Principal

**Christian Initiation**

Rev. Nicholas Barnes 703-525-1300

**Music**

Fr. Vincent Ferrer Bagan, O.P. 703-525-1300, ext 31  
Director of Music

**Hispanic Apostolate**

703-841-3883  
200 N. Glebe Road, Ste. 820, Arlington, VA 22203

**Sacramental Information**

**PENANCE:**

Thursday 7:00pm to 8:00pm  
Saturday 3:30pm-4:30pm and by appointment;  
Sunday en Español: 12:15pm—12:45pm

**BAPTISM AND MATRIMONY:** Please contact the Rectory or go to the website for information. In-class preparation is required. Please call the Rectory to register.




**ANointing of the SICK:** Please contact the Rectory for a priest.

**Mass Schedule During Construction:**

Monday-Friday: 7:00am & 12:05pm  
Tuesdays: 7:00pm (en Español)  
Saturdays: 9:00am  
Saturday Vigil: 5:00pm  
Sundays: **Burke Hall:** 7:00am, 8:00am, 9:30am, 11:15am; 7:00pm.  
**School Gym:** 10:00am & 1:00pm (en Español)

Federal Holidays: 10:00am Burke Hall  
Holy Days: As Announced

Community Rosary 11:40am before Daily Mass

Parish Staff	From Our Rector
<p>Beth Blaine, Receptionist <a href="mailto:bblaine@cathedralstm.org">bblaine@cathedralstm.org</a></p> <p>Patty Kain, Administrative Assistant/Spanish Liaison <a href="mailto:pkain@cathedralstm.org">pkain@cathedralstm.org</a></p> <p>Maria Stillone, Bookkeeper <a href="mailto:mstillone@cathedralstm.org">mstillone@cathedralstm.org</a></p> <p>Tara Quaadman, Rector's Assistant <a href="mailto:tquaadman@cathedralstm.org">tquaadman@cathedralstm.org</a></p> <p>Nick Slabinski, Business Manager <a href="mailto:nslabinski@cathedralstm.org">nslabinski@cathedralstm.org</a></p> <p>Christine Kurtzke Hughes, Director of Advancement <a href="mailto:chughes@cathedralstm.org">chughes@cathedralstm.org</a></p> <p>Sr. Marijo Valenton, SNDS, Director of Pastoral Outreach <a href="mailto:srmarijo@cathedralstm.org">srmarijo@cathedralstm.org</a></p> <p>Benjamin Paczak, Director of Religious Education and Youth Ministry <a href="mailto:BPaczak@cathedralstm.org">BPaczak@cathedralstm.org</a></p> <p>Fr. Vincent Ferrer Bagan, O.P., Director of Music <a href="mailto:music@cathedralstm.org">music@cathedralstm.org</a></p>	<p>Today's Gospel is hard; Jesus seems uncaring at first. The disciples are annoyed, and it seems as though Jesus is denying His mercy, keeping it only for the "lost children of Israel." But it is the Canaanite woman's recognition of Jesus as "Son of David," that turns His initial snub into an answer. She knows that Jesus came for the Israelites first but also knows that His salvation is for the entire world.</p> <p>The Canaanite woman persisted in her prayer, not for herself but for her daughter. She cried out for pity. Haven't we all been this woman at some point? Pleading: "LISTEN to me!" Haven't we all been the recipient of this plea? From our friends, our children, our spouses?</p> <p>And what if your faith is tested? What if, despite constant entreaties, your faith is seemingly ignored? Saint Mother Teresa spoke openly of her "dark night of the soul" which lasted five decades. Though we are all called to sainthood, it is not easy to move in darkness, to keep that faith alive and in practice when you feel no one is listening, let alone answering.</p> <p>We've all heard the phrase: "God always answers prayers, sometimes the answer is no." Prayers for good grades or a winning score. Prayers to meet that one special person; for that promotion; the longed-for child; the miracle cure. Though the answer may be an initial 'no,' I believe God directs us to a greater 'yes: to openness, to forgiveness, to humility, to a closer dependent relationship on Him. The life Christ calls us to is not easy, for we will "lose" at some point. We may find rejection in work, education or our personal lives. We will suffer that "dark night;" none of us are immune.</p> <p>If we allow Christ into our lives, if we continue to reach out even if we feel He is seemingly pulling away, we open ourselves to grace; a grace which gives us the strength to break through the "silence." It reveals itself in community and sacrament, binding us to Christ and each other.</p> <p>I encourage you to spend some time in daily prayer. It can be while you're on a morning run, or driving to work. It doesn't have to be an "official" prayer or devotion. Just talk to God as a friend. He really is listening.</p> <p>God Bless. Father Posey</p>
<p><b>EXPLORE MORE at THE CATHEDRAL!</b></p> <p><b>WELCOME</b> and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to <a href="https://cathedralstm.org/Registration-Cathedral-of-St-Thomas-More">Registration - Cathedral of St. Thomas More</a> (<a href="https://cathedralstm.org/">cathedralstm.org</a>)</p>	
<p><b>Follow us on:</b></p> <p> <a href="https://facebook.com/CathedralSTMVA">facebook.com/CathedralSTMVA</a></p> <p> <a href="https://twitter.com/CathedralSTMVA">@CathedralSTMVA /Twitter</a></p> <p> <a href="https://instagram.com/cathedralstmva">instagram.com/cathedralstmva</a></p>	
<p><b>Bulletin deadline is ten days prior to publication date.</b> Please send submissions to <a href="https://bit.ly/2YDnyPH">https://bit.ly/2YDnyPH</a></p>	
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## Today's Readings

First Reading	Isaiah 56:1, 6-7
Responsorial:	Psalm 67:2-3, 5, 6, 8
Second Reading:	Romans 11:13-15, 29-32
Gospel:	Matthew 15:21-28

## Readings for the Week

Monday:	Jgs 2:11-19; Ps 106:34-35, 36-37, 39-40, 43ab and 44; Mt 19:16-22
Tuesday:	Jgs 6:11-24a; Ps 85:9, 11-12, 13-14; Mt 19:23-30
Wednesday:	Jgs 9:6-15; Ps 21:2-3, 4-5, 6-7; Mt 20:1-16
Thursday:	Rv 21:9b-14; Ps 145:10-11, 12-13, 17-18; Jn 1:45-51
Friday:	Ru 1:1, 3-6, 14b-16, 22; Ps 146:5-6ab, 6c-7, 8-9a, 9bc-10; Mt 22:34-40
Saturday:	Ru 2:1-3, 8-11; 4:13-17; Ps 128:1b-2, 3, 4, 5/Mt 23:1-12
Next Sunday:	Is 22:19-23; Ps 138:1-2, 2-3, 6, 8 (8bc); Rom 11:33-36; Mt 16:13-20

## REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

## Remember in your prayers the sick of our parish

**especially:** Lourdes Batol, Donna Brown, Tom Bush, Clinton Frosche, Carolina Gomes, Owen Keel, Ann Kelly, Karen Kelly, Barbara Ilacqua, Sandrine Jean Mangurat, Anthony Denis Mazariegos, Linda Quinn, Walter Quinn, Adm. Dave Rogers (Ret.), Renato Saldana, Raymond Sy, Lina Toribio, Sam Washington, Josephine Whibley, Barbara Williams. Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

## Daily Mass Intentions

### Saturday, Aug. 19

5:00pm Joseph Krauth (A)

### Sunday, August 20

#### Twentieth Sunday in Ordinary Time

7:00am Fr. Jamie Workman  
8:00am Edith Gill (D)  
9:30am Rodrigo C. Peralta (D)  
11:15am Jose Antonio Adaui (D)  
1:00pm Cesar Augusto Perez Chan (D)  
3:30pm Parishioners  
7:00pm Collins Brennan

### Monday, Aug. 21

7:00am St. Pius X, Pope  
12:05pm Sophie Vanderzee (D)  
Christopher J. Adaui

### Tuesday, Aug. 22

#### The Queenship of the Blessed Virgin Mary

7:00am Monica Olivette (D)  
12:05pm Nicole Casey

### Wednesday, Aug. 23

#### St. Rose of Lima, Virgin

7:00am Malyoung Rhee (D)  
12:05pm Carol Ward (D)

### Thursday, Aug. 24

#### St. Bartholomew, Apostle

7:00am Major Timothy P. Blaine, USMC  
12:05pm Luisa Dodici (D)

### Friday, Aug. 25

#### St. Louis; St. Joseph Calasanz, Priest

7:00am Celebrant's Intention  
12:05pm Tara Quaadman

### Saturday, Aug. 26

#### St. John Eudes, Priest

9:00am Cheryl Marsh

## Please pray for those serving our country:

Major Timothy P. Blaine, USMC; LTJG. Bradley Buchter, USN; 1st Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Lt. Col. Justin M. Coons, USMC; Pvt. James Gnecco, USA; 1st Lt. Karen Gusmer, USMC; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; Cpl. Joseph A. Patrick, USMC; Nick Tengtio; SSG. Ryan Wagner, USAF; Lt. Col. Thomas J. Wissler, USMC



## Stewardship



**The Second Collection this weekend is for our Parish Charities.**

Thank you for your kind support of our sisters and brothers in need throughout our area. Please scan the QR code or go to <https://membership.faithdirect.net/VA326>

**Next week the Second Collection will be for Porto Charities** whose mission has been to raise funds to provide grants to schools and organizations in Northern Virginia serving children and young adults with intellectual and developmental disabilities.



**Are you looking to get more involved at the Cathedral?** You can find MORE by volunteering at the Cathedral. With additional Masses on our schedule during construction, we are in need of more assistance as Lectors, Eucharistic Ministers, Altar Servers, Sacristans, and ushers. To avoid overburdening our current volunteers, please consider sharing your time in service to others. We will work with you to get you trained as soon as possible. Thank you for your commitment to our parish.

View opportunities at [www.cathedralstm.org](http://www.cathedralstm.org) or contact the Office at 703-525-1300.



Looking for a way to help others from home? **Partners in Prayer** volunteers set aside time each day to pray for their intentions. No meetings are

required. Volunteers pray a rosary together weekly (via Zoom). To join, see the Partners in Prayer page on the Cathedral website under Parish Life/Ministries. If you have any questions, please call Peter Hickman at 703-528-0297 or [loyalscout@hotmail.com](mailto:loyalscout@hotmail.com)

## Reflecting on God's Gifts

**"For the gifts and the call of God are irrevocable."  
Romans 11:29**

God has a special mission in mind for each of us. He has given us the gifts we need to accomplish that mission. We are called to be good stewards by using those gifts to do the work that He has planned for each of us. If we deny our gifts or fail to use them as God calls us to use them, then some part of His work will be left undone. Each of us has a part in God's salvation plan.

**Volunteers are needed to serve in Catholic Charities St. Martin de Porres Senior Center in Alexandria.** We are seeking Nurses for health and wellness checks, Nutritionists, Exercise Instructors and Arts & Crafts instructors. Our Senior Center is a multipurpose program that provides a variety of services to prevent isolation of seniors and promote their wellness, happiness and independence. Center hours are Monday - Friday from 9 a.m.-1:30 p.m. Shifts are flexible, based on volunteer availability. To sign up or for more info, please visit: <https://bit.ly/SMDPVOL>, email [volunteer@ccda.net](mailto:volunteer@ccda.net) or call (703)224-1478.

### Volunteer Teachers Urgently Needed!

Help teach adult refugees and immigrants in your community! Catholic Charities, Diocese of Arlington, is seeking teachers and co-teachers for ESOL (English to Speakers of Other Languages), Citizenship, GED, Computer Literacy and ESOL for Childcare. We are accepting volunteers for in-person classes and online! In person classes are in Manassas, Sterling, Springfield, and Falls Church. Online classes also available. We provide training, curriculum, and resources. No second language necessary! If interested, call the Education and Workforce Development office at 571-208-1572, email us at [ewd@ccda.net](mailto:ewd@ccda.net).



*Relax! Your stewardship of STM can continue while you're on vacation. (And when you return!)*

*Faith Direct has you covered. Easy. Secure. Convenient*

**Please consider enrolling in Faith Direct!** It's safe, secure and is ready regardless of weather, illness or travel. Go to: <https://bit.ly/2X15PBv> Thank You!



**Welcome Sister Marijo Valenton, SNDS, our new Director of Pastoral Outreach** to the STM family! A member of the Sisters of Our Lady of LaSalette, Sister was born in the Philippines and came to the U.S. in 2001 serving the diocese as the Assistant Catholic Chaplain at Fairfax Hospital. There she ministered to the sick and their families for 18 years. From 2019-2020 she worked part-time at her community's mission in Normandy, France educating visitors "not about war, but about peace and reconciliation. We spoke of the peace that the brave men bought with their lives there. God wants us to have that peace in our lives, wherever we go." Upon her return in 2020, Sister worked with the Religious Education program at St. Mary of Sorrows in Fairfax. At STM, Sister will visit homebound parishioners bringing Communion and companionship. "It is important that those who can't be with us in person continue to feel a part of the parish and remembered by us," says Fr. Posey. Sister agrees, "It's important to receive Christ, but also to talk to him. [The homebound] are a part of the Church and we should [remind them] that the Church comes to them too. They should feel the presence of their loving and merciful Father." Sister can be reached at [srmarijo@cathedralstm.org](mailto:srmarijo@cathedralstm.org)

### RCIA (Rite of Christian Initiation of Adults)

If you have not received the Sacraments of Christian Initiation (Baptism, Communion and Confirmation), this program is for you. **Classes will be from September 11, 2023 to April 22, 2024**, on Mondays from 7:00 to 8:00pm. For registration go to: <https://www.cathedralstm.org/adult-faith-formation/rcia/> For more information, please contact the Director of Christian Initiation, Rev. Nicholas Barnes, at 703-525-1300.

**Celebrating A Golden or Silver Wedding Anniversary This Year?** Were you married in 1973 or 1998? Then join Bishop Michael Burbidge for the 2023 **Mass for Jubilarians** to be celebrated on Sunday, October 15, 2023, at 3 p.m. at St. Agnes Catholic Church in Arlington, VA. Contact the Rectory at 703-525-1300 to register **no later than Monday, October 2, 2023**. For more information, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).



**Gabriel Project** is a pro-life apostolate of the Diocese of Arlington to help pregnant women in need of assistance. Last year, our parish helped three women and their newborns. Here is Sebastian,

one of the precious babies born last year. When we delivered the baby gifts from our parish, prayed with the mom, and accompanied her to other centers for resources, she was touched and had tears in thanksgiving to God and for generosity of people like you. She asked, "How is this possible?"

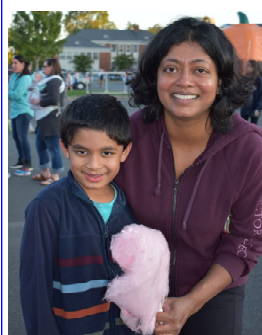
Volunteering with Gabriel Project is an enriching experience as you become the hands and feet of Jesus. You are truly making a difference in someone's life under difficult times. Please let us know if you would like to join in this effort.

**Diaper Drive:** This August-September, we are collecting diapers and baby wipes for the moms whom our parish are helping. Help us fill the crib with these baby necessities!

**Peer companions:** "Angels" offer emotional and spiritual support as they walk along with expectant moms. Training and resources are provided.

**Pray:** Most importantly, please pray for the Gabriel Project and Respect Life ministry.

Contact May Respicio for more information: [mrespicio2@yahoo.com](mailto:mrespicio2@yahoo.com).



**SAVE THE DATE! OKTOBERFEST RETURNS! October 14, 2023 6:00-8:00pm**

Neither rain nor heat, nor construction shall keep us from our appointed date with parish fun. Join us for our most popular parish event for food, games, rides and MORE!

If you're interested in helping, contact Tara Quaadman at [tquaadman@cathedralstm.org](mailto:tquaadman@cathedralstm.org)

*Please note that we are unable to livestream Masses during the construction. Thank you for your patience and understanding . We apologize for any inconvenience.*

## More for the Cathedral



The Cathedral is scheduled to serve meals at Christ House the fifth Thursday of the month. Next Thursday, August 31, is our scheduled time. We are once again asking for **donations of cooked meatloaves** to provide for those who are food insecure in our area. Please drop off your donation at the Rectory next Wednesday, August 30, by 3:00pm. Thank you for your kindness.



The Legion of Mary invites you to a **celebration of the Nativity of the Blessed Mother** to be held on Saturday, September 9th, at 7pm in Fr Lee Hall (School Gym). The celebration will include hymns, the Rosary, Birthday cake, fellowship and a short talk about the Blessed Mother by our Director of Music, Fr. Vincent Ferrer Bagan, O.P. The event will conclude around 8:30 pm. All are welcome!! **RSVP by Wednesday, September 6th**, on Cathedral website (see the announcement under "News & Events") or call or email Peter Hickman at 703-528-0297 or [loyalscout@hotmail.com](mailto:loyalscout@hotmail.com)

**Volunteer Training Updates:** VIRTUS Training will be offered Thursday, August 24 in the School Gym from 6:00-10:00pm. If you volunteer with children as a catechist, coach, or other ministry, you **MUST** be VIRTUS compliant. Register: <https://bit.ly/47z0ioo>

Training for **Eucharistic Ministers** will be on Saturday, September 9 from 10:00am-12:00pm in English and from 1:00-3:00pm in Spanish in the School Gym. Please consider sharing your faith with others.

## Cathedral Young Adults

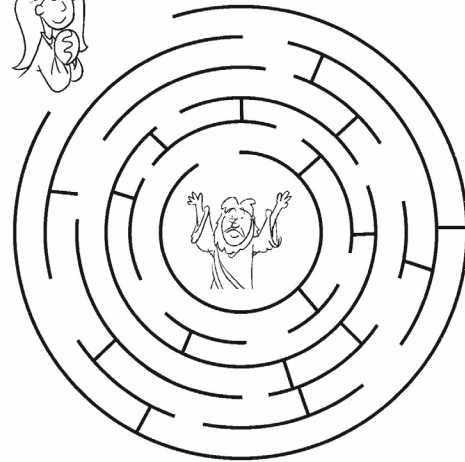
All young adults are invited to **Brunch on August 27** after the 11:15 mass in the school cafeteria (door 13 to the very right). Come join in for some food and fellowship. Please bring a dish or drink to share if able.

**Check out the Young Adult [Facebook Page](#) for up to the minute details on events.**

## Cathedral Kids Corner

### PUZZLE

Help this woman find Jesus.



### MISSION

When I hear a siren, I will pray for the people inside the ambulance.



**DIVINE MERCY CHAPLET** Join the STM Divine Mercy Group to pray the Chaplet on weekdays after the conclusion of the 12:05pm Daily Mass. Please remember that Burke Hall must be vacated by 1:00pm to allow for construction to resume. Thank you.

**Join us to pray the Rosary!** All are invited to gather daily at 11:40am, before the 12:05pm Mass. We also have a special Pro Life Rosary the third Saturday of every month after the 9:00am Mass.

Our Knights also host a rosary every third Sunday at 6:30pm before the 7:00pm Mass.

### **Evening Prayer and Adoration returns after Labor Day!**

Join us from 6:30-7:00pm every Thursday followed by Confessions from 7:00-8:00pm





MONDAY, OCTOBER 30, 2023  
9:30 AM SHOTGUN START



ARMY NAVY COUNTRY CLUB, FAIRFAX

To Benefit: St. Thomas More Cathedral School, Arlington, VA  
Elizabeth Ann Seton Scholarship Fund for Tuition Assistance

Tournament Website for Team Registration & Sponsorships



<https://www.stmschool.org/apps/pages/golf>

### REGISTRATION IS NOW OPEN! OCTOBER 30, 2023

All are invited to a day of friendly competition at an amazing venue benefitting our scholarship fund. Enter yourself or a foursome today and invest in our students!

Raffles and prizes can be yours including the possibility of winning a

**2023 Ford Mustang** from Ted Britt Automotive! Click the QR code or go to  
<https://www.stmschool.org/apps/pages/golf>

Email Christine Hughes with questions: [chughes@cathedralstm.org](mailto:chughes@cathedralstm.org)

**JOIN OUR GROWING LIST OF SPONSORS**

## WELCOME BACK FACULTY!



### RELIGIOUS EDUCATION/ EDUCACIÓN RELIGIOSA

Registration for Religious Ed is almost over—classes begin soon! Please remember that Religious Ed is an every-year learning experience, just like school your child attends daily. There is something new to learn in every grade with opportunities to grow in the faith. Signup on the website today before all seats are filled.

Volunteer Catechists are needed to teach Religious Education. Lesson plans and workbooks are provided and you have the full support of the Faith Formation office leading you throughout the year along with fellow Catechists and classroom aids. Share your faith and give back to the Church with this rewarding opportunity to shape the lives of the next generation of the Church. Email Benjamin at [BPaczak@CathedralSTM.org](mailto:BPaczak@CathedralSTM.org) for more information. This is a great opportunity for high schoolers to volunteer and get service hours as a classroom aide.

La inscripción para el programa de Educación Religiosa casi ha terminado, ¡las clases comienzan pronto! Recuerde que la educación religiosa es una experiencia de aprendizaje de todos los años, al igual que la escuela a la que asiste su hijo todos los días. Hay algo nuevo que aprender en cada grado con oportunidades para crecer en la fe. Regístrese en el sitio web hoy antes de que se llenen todos los asientos.

Se necesitan catequistas voluntarios para impartir Educación Religiosa. Se proporcionan planes de lecciones y libros de trabajo y usted tiene el apoyo total de la oficina de Formación de Fe que lo guiará durante todo el año junto con otros catequistas y ayudantes en el aula. Comparta su fe y retribuya a la Iglesia con esta gratificante oportunidad de dar forma a la vida de la próxima generación de la Iglesia. Envíe un correo electrónico a Benjamin a [BPaczak@CathedralSTM.org](mailto:BPaczak@CathedralSTM.org) para obtener más información. Esta es una gran oportunidad para que los estudiantes de secundaria se ofrezcan como voluntarios y obtengan horas de servicio como asistentes en el salón de clases.



### Bishop Burbidge Podcasts

<https://bit.ly/45sCPne>

Bishop Burbidge discusses World Youth Day, the United States Coast Guard, Admission to Candidacy and more!



Parishes throughout the Diocese will hold the **Forty Hours Devotion throughout the year**. The celebration is part of the Diocesan-wide preparation for the Golden Jubilee in 2024. For a listing of parish dates, go to:

[40 Hours Schedule \(arlingtondiocese.org\)](https://www.arlingtondiocese.org/40-hours-schedule)

### Mass for Multicultural Communities 2023

Celebrate our unity in diversity! All are invited to the annual Mass for Multicultural Communities celebrated by Bishop Michael Burbidge, con-celebrated by priests of The Diocese of Arlington. The Mass celebration will be held at Nativity Catholic Church, Burke VA at 7 p.m. on Friday, August 25, 2023. Following the Mass, there will be a reception featuring cultural dishes and performances!

The reception is free for all. Mass attendees are encouraged to wear cultural attire if desired. There is no registration required. If you would like to participate in the Marian Procession and would like more information, please contact [mcm@arlingtondiocese.org](mailto:mcm@arlingtondiocese.org) with any questions

**Free Retreat for People Facing Serious Illness & their caregivers October 6-8** at the San Damiano Spiritual Life Center in White Post, VA. Unfortunately, we are unable to accommodate individuals who are dealing with serious mental illness and impaired memory. Registration closes September 15. Contact [retreat@ccda.net](mailto:retreat@ccda.net) or call (703)841-3830 and a member of the nursing team will contact you for an intake interview.

**Retreat for Adult Children of Divorce.** This weekend focuses on discovering our identity as children of God, overcoming the effects of parental divorce, forgiving our parents, and connecting with others from this background. The weekend includes presentations, small group sharing, adoration, spiritual direction, and Mass. Friday- Sunday, September 8-10 at San Damiano Spiritual Life Center. Cost: \$375 through August 14 and \$425 after August 14.

Register at [www.arlingtondiocese.org/healingretreat/](https://www.arlingtondiocese.org/healingretreat/)



### Pilgrimage to Emmitsburg, MD Saturday, October 7

Saturday, October 7 is the Feast of Our Lady of the Rosary. Join

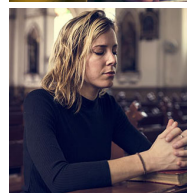
Bishop Michael F. Burbidge on a pilgrimage to the National Shrine of Saint Elizabeth Ann Seton and the National Shrine Grotto of Our Lady of Lourdes, Emmitsburg, Maryland.

The two shrines within this pilgrimage are at separate locations and require a 6-minute drive. Transportation to Emmitsburg is not provided, but some parishes are coordinating buses.

The day begins at 9:00am with veneration of the Saints' relics. There are opportunities to buy lunch but bringing a bagged lunch is encouraged. There will be a procession to the Grotto with Rosary with departure at 3:30. Go to: <https://bit.ly/3DMX3MC> for more information.



*"He saved us and called us to a holy life, not according to our works but according to his own design..."*



If you think God is offering you the grace of a vocation to the priesthood or consecrated life, contact Father Michael Isenberg, Vocations Director, at (703) 841-2514 or email [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

### Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved.

Sign up here: <http://bit.ly/3Y42FJV>

### Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.



## Alrededor de la Catedral

### Nuevo Horario de Misas

#### Misas en Inglés

**Domingo:** 7:00am, 8:00am, 9:30am, 11:15am, y 7:00pm

**Lunes a Viernes:** 7:00am y 12:05pm

**Sábado:** 9:00am

**Sábado Vigilia:** 5:00pm

#### Misas en Español

**Domingo:** 10:00am y 1:00pm

**Martes:** 7:00pm

#### Confesiones en Inglés y Español

##### Burke Hall

**Jueves:** 7-8:00pm

**Sábados:** 3:30-4:30pm y por cita

##### Lee Hall (Gimnasio de la Escuela)

**Domingo :** 12:15-1:00pm (Español)

### Nuestros Ministerios

Ahora es el momento en que más ayuda necesitamos. El horario ampliado de misas supondrá una carga para nuestros voluntarios actuales. Contacta a los coordinadores de nuestros ministerios:

#### Coordinador de Lectores:

Jeannette Aleman

703-517-5448

#### Coordinadores de Eucaristía:

Marvin Ralda (240) 422-7786

Gloria Ralda (703) 953-0220

#### Coordinador de Ujieres: Fidel Santos

703-209-2756

#### Coordinador de Monaguillos: Eulogio Argueta

703-501-4277

#### Coro en Español: Edith Argueta

703-944-8149

### Solicite Misa de Intesión

Tenemos más misas durante Sábados y Domingos, por lo tanto intenciones a nuestro horario. Consulte con la oficina de la Rectoría al 703-525-1300 para ver si hay un nuevo horario de Misa disponible para celebrar u honrar a su ser querido.

### Formación de Fe

**Sacramento de Bautizo:** Contáctarse con la Rectoría para obtener información sobre los bautizos. (Los padres deben estar registrados en la parroquia). No se pone fecha a los bautizos hasta que todos los documentos estén completos. Los bautizos en Español son el tercer Sábado de cada mes.

#### Sacramento de la Primera Comunión y la Confirmación:

Contáctarse con la Oficina de Education Religiosa, al 703-525-1300 Ext.12

**Rito de Iniciación Cristiana y Sacramentos para adultos (RICA):** Si no ha recibido los Sacramentos de la Iniciación Cristiana que son: Bautismo, Comunión y Confirmación, este programa es para usted. Clases inician en Setiembre. Para información adicional por favor contáctarse con Patty Kain al 703-525-1300 Ext. 12

**Sacramento del Matrimonio:** Las regulaciones de la Diócesis requieren que se ponga en contacto con uno de los sacerdotes de la iglesia al menos seis meses antes de la fecha que quiere casarse. Contáctarse con la Rectoría para solicitar cita.

**Unción de los Enfermos y Comunión para Enfermos:** Contáctarse con la Rectoría para información.

**Familias! Recuerden que las misas en Español del Domingo 20 de Agosto, se realizarán en el Burke Hall a la 1:00pm y 3:30pm. Confesiones de 12:00-12:45pm en Burke Hall. Este cambio en nuestro horario y lugar habitual de misas es SOLO por el Domingo 20 de Agosto, 2023.**

El Grupo de Oración la Buena Nueva de RCC de la Catedral Santo Tomás Moro, los invita al grupo de oración de 2:30 a 4:30 pm ; todos los Domingos después de la misa. Para más información contactar a Ana Álvarez 571-242-0579 o Fidel Santos 703-209 2758.



### Donación Electrónica a La Catedral de Santo Tomás Moro

Este es un Código QR para dar un donativo a nuestra Catedral. Pones la cámara de tu celular en él y te lleva al enlace para hacer tu donación de dinero. Si elige "Donate Now", eso significa que no tiene que configurar una cuenta, pero tendrá que poner su dirección de correo electrónico para que pueda recibir un recibo de su donación. Gracias por sus contribuciones y apoyo a nuestra Catedral.

### RICA (Rito de Iniciación Cristiana de Adultos)

Si no ha recibido los Sacramentos de la Iniciación Cristiana que son: Bautismo, Comunión y Confirmación - este programa es para usted. Las clases serán del 2 de Septiembre 2023 al 20 de Abril 2024, los Sábados de 6:00 a 7:00pm en la Biblioteca de la Escuela. Para registrarse use este enlace: <https://www.cathedralstm.org/en-espanol/sacramentos/rcia/> Para información adicional, por favor contáctarse con Patty Kain al 703-525-1300 Ext.12.

## THIS WEEK AT THE CATHEDRAL: Welcome Back STM School Faculty & Staff!

### Sunday, August 20

7:00am	Mass (Quiet, No Music)	Burke Hall
8:00am	Mass	Burke Hall
9:30am	Mass	Burke Hall
11:15am	Mass	Burke Hall
10:00	Misa en Español	School Gym
12:15-12:45pm	Confesiones en Español	School
1:00pm	Misa en Español	School Gym
7:00pm	Mass	Burke Hall

### Monday, August 21

11:40am	Rosary	Burke Hall
12:40pm-1:00pm	Divine Mercy Chaplet	Burke Hall
7:00-8:00pm	English Legion of Mary	School Library

### Tuesday, August 22

11:40	Rosary	Burke Hall
12:40-1:00pm	Divine Mercy Chaplet	Burke Hall
7:00pm	Misa en Español	Burke Hall

### Wednesday, August 23

11:40am	Rosary	Burke Hall
12:40-1:00pm	Divine Mercy Chaplet	Burke Hall

### Thursday, August 24

11:40am	Rosary	Burke Hall
12:40-1:00pm	Divine Mercy Chaplet	Burke Hall
6:00pm	VIRTUS Training	School Gym
7:00-8:00pm	Confessions	Burke Hall

### Friday, August 25

11:40am	Rosary	Burke Hall
12:40-1:00pm	Divine Mercy Chaplet	Burke Hall
2:30pm	STM School Fabulous Friday	School

### Saturday, August 26

9:00am	Mass	Burke Hall
3:30pm	Confessions	Burke Hall
5:00pm	Vigil Mass	Burke Hall

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