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From Our Deacon

Following June's major legal developments, America has been reflecting on—and arguing about—motherhood. Given the issues involved, it's not a surprise that the conversations in the press, in the wider culture, and in our political system have focused on motherhood: moms and babies. This is just one facet of motherhood, however.

As Catholics, we applaud a more expansive view of motherhood that includes both its biological and spiritual dimensions. This Saturday, the Church will celebrate a great exemplar of both natural and supernatural motherhood: St. Monica. Famous for praying for her wayward son St. Augustine to accept the Catholic faith, Monica is a perfect illustration for spiritual motherhood-at-a-distance. As Augustine traveled for study and work, Monica was praying back at home that he would receive baptism. After his conversion, Augustine observed that his mother "gave birth" to him twice: once naturally and once in the order of grace.

In the Arlington Diocese, we are especially blessed with two groups of women who share in Monica's spiritual motherhood-at-a-distance: the Poor Clares in Alexandria at Mary Mother of the Church Monastery and the Dominicans in Linden at Saint Dominic's Monastery. These cloistered religious sisters have special vocations to lead hidden, contemplative lives of prayer for the salvation of the world. It is only in heaven that we will know just how much we have received because of the prayers of these holy women. This week, we can pray in turn for the "Monica's" in Alexandria and Linden who do so much for all of us.

This is my final week at the Cathedral. I will soon head back to Rome for my final year of seminary. I am deeply grateful to the Cathedral community for welcoming me this summer; it has been a gift to be with you all. Be assured of my prayers in the months ahead, and please keep me in your prayers!

Deacon Mike Nugent

EXPLORE **MORE** at THE CATHEDRAL!

WELCOME and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to [Registration - Cathedral of St. Thomas More](#)



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Bulletin deadline is two weeks prior to publication date.
Please go to <https://bit.ly/2YDnyPH>
for bulletin, lector and Cathedral Connection
submissions.

Today's Readings

First Reading: Isaiah 66:18-21
 Responsorial: Psalm 117:1, 2
 Second Reading: Hebrews 12:5-7, 11-13
 Gospel: Luke 13:22-30

Readings for the Week

Monday: 2 Thes 1:1-5, 11-12; Ps 96:1-5; Mt 23:13-22
 Tuesday: 2 Thes 2:1-3a, 14-17; Ps 96:10-13; Mt 23:23-26
 Wednesday: Rv 21:9b-14; Ps 145:10-13, 17-18; Jn 1:45-51
 Thursday: 1 Cor 1:1-9; Ps 145:2-7; Mt 24:42-51
 Friday: 1 Cor 1:17-25; Ps 33:1-2, 4-5, 10-11; Mt 25:1-13
 Saturday: 1 Cor 1:26-31; Ps 33:12-13, 18-21; Mt 25:14-30
 Sunday: Sir 3:17-18, 20, 28-29; Ps 68:4-7, 10-11; Heb 12:18-19, 22-24a; Lk 14:1, 7-14

Remember in your prayers the sick of our parish

especially: Lourdes Batol, Maria Cassidy, Fernando Delos Reyes, Theresa Deluliis, John Ford, Owen Keel, Ann Kelly, Karen Kelly, Barbara Ilacqua, Walter Quinn, Adm. Dave Rogers (Ret.), James Saunders, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

Please pray for those serving our country:

Major Timothy P. Blaine, USMC; LTJG. Bradley Buchter, USN; 1st Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Lt. Col. Justin M. Coons, USMC; Pvt. James Gnecco, USA; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; Cpl. Joseph A. Patrick, USMC; Nick Tengtio; SSG. Ryan Wagner, USAF; Lt. Col Thomas J. Wissler, USMC

DIVINE MERCY CHAPLET Join the STM Divine Mercy Group to pray the Chaplet on weekdays 15 minutes after the conclusion of the 12:05pm Daily Mass.

Daily Mass Intentions

Saturday, August 20

5:00pm Antonio E. Provero (D)

Sunday, August 21

Twenty-first Sunday in Ordinary Time

7:00am Parishioners
 9:00am James Garza (D)
 11:00am Joseph & Joan Schoen (D)
 1:00pm Olga Sahonero & Irma Arze (D)
 7:00pm Jason and Amanda Faria

Monday, August 22

The Queenship of the Blessed Virgin Mary

7:00am Monica Olivette (D)
 12:05pm Nicole Casey

Tuesday, August 23

St. Rose of Lima

7:00am Frank Capiluppo (D)
 12:05pm Carol Ward (D)

Wednesday, August 24

St. Bartholomew

7:00am Mamie Capiluppo (D)
 12:05pm Aviana McVey

Thursday, August 25

St. Louis of France; St. Joseph Calasanz

7:00am Alfred Pizarro, Sr. (D)
 12:05pm Tara Jean Quaadman

Friday, August 26

7:00am Brig. Gen. Wilma Vaught
 12:05pm Josephine Parziale (D)

Saturday, August 27

St. Monica

9:00am Monica Olivette (D)

REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

Join us to pray the Rosary, daily at 11:40am, before the 12:05pm Mass.

Stewardship



This week's **Second Collection** is for our Maintenance Fund. Next week, we ask you to support our monthly Parish Charities Fund. Please scan the QR code or go to www.membership.faithdirect.net/va326

WELCOME TO THE CATHEDRAL

Last week we welcomed our new **Director of Music, Father Vincent Ferrer Bagan, OP.** Father joins us from his position as the Director of Music at the Pontifical North American College in Rome.

We are also happy to welcome **Mr. Benjamin Paczak as the new Director of Religious Education & Youth Ministry.** In addition to running our Religious Education Program, Benjamin will also be responsible for expanding our Adult Education/Formation and Youth Ministry initiatives. Benjamin attended Corpus Christi and Bishop O'Connell, so he's a local! Please welcome them both when you see them.



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Do you love children? Our award-winning School has full and part-time **employment opportunities in the Afternoon Extended Day Program.** On regular dismissal days, hours would be 2:30-6:00pm; early dismissal hours: 11:00am-6:00pm. There are 14 early dismissal days. You may apply for all five days or less. The position is indoors with outdoor playtime. You **MUST** be VIRTUS certified. Training and guidance will be provided. Send your resume to Sara Page at: spage@stmschool.org

Rite of Christian Initiation for Adults (RCIA)

Are you interested in becoming a Catholic, or know someone who is? Do you want to learn more about our faith? Classes begin September 12. More information is on our website:

<https://www.cathedralstm.org/adult-faith-formation/rcia/>

SAVE THE DATE: Alzheimer's Presentation

Saturday, September 3 10:00 Burke Hall

Did You Know: More than 6 million Americans are living with Alzheimer's. By 2050, this number is projected to rise to nearly 13 million.

1 in 3 seniors dies with Alzheimer's or another dementia. It kills more than breast cancer and prostate cancer combined. (Information from the Alzheimer's Association.) Learn the signs at this important seminar. Get more facts at: <https://bit.ly/3Q3K0uc>

Keep up your summer running routine because the **Knights of Columbus Pancake** Breakfasts return September 18. Join your fellow parishioners for a time of fellowship and great food. Breakfasts are served after the morning Masses in Burke Hall.

Speaking of gathering with friends... Take your lederhosen to the dry cleaners, have the kids practice their best Bouncy House jumps because **OKTOBERFEST** returns Saturday, October 15, from 6:00-9:00pm. More details will be forthcoming as we get closer. The STM Fun Run returns as well! Make time to join us and to volunteer! An event as large as this needs many hands to make it a success. Thank you.

Celebrating A Golden or Silver Wedding Anniversary

This Year? Were you married in 1972 or 1997? Then join Bishop Michael F. Burbidge for the 2022 Mass for Jubilarians to be celebrated on Sunday, October 16th at 3:00pm at the Cathedral. Contact the parish office to register **no later than October 3, 2022.** For more info, visit www.arlingtondiocese.org/MJM

Join young adults (ages 19-39, single and married) from parishes across the Diocese for a night of prayer followed by food, drinks, live music, and dancing at the **15th Annual Diocesan Mass and Reception for Young Adults**, 5:00pm on Saturday, September 24th at the Cathedral. Bishop Burbidge will be the main celebrant at this free event. Child care provided! Questions? Contact yam@arlingtondiocese.org

WELCOME BACK STUDENTS!

MEMORIES FROM LAST YEAR!

UPCOMING IMPORTANT DATES:

August 24: First Day of School 1st - 8th Grade

Boo Hoo Breakfast 1st - 8th

8:15 – 9:15am

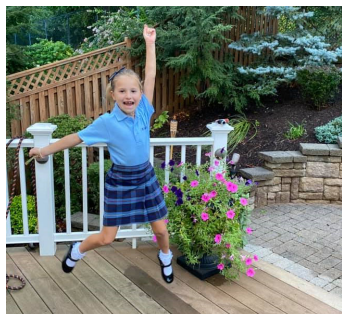
Kindergarten Orientation 9:00am – 12:00pm

Pre K Orientation 9:00 – 11:00am

Middle School Assembly 1:00 – 2:00pm

August 25: First Day of School PreK & Kindergarten

Boo Hoo Breakfast K & PreK 8:15 – 9:15am



RELIGIOUS EDUCATION/ EDUCACIÓN RELIGIOSA

Registration for the 2022-2023 School year began July 1st! Additional information can be found on our website. Contact stmparishoffice@cathedralstm.org or call the Rectory with questions.

¡La inscripción para el año escolar 2022-2023 comienza el 1 de julio! Puede encontrar información adicional en nuestro sitio web. Comuníquese con stmparishoffice@cathedralstm.org o llame a la Rectoría si tiene preguntas.

AROUND THE DIOCESE



Bishop Burbidge Podcasts: <https://bit.ly/3dlvBvp>

Bishop discusses Back to School, the Traditional Latin Mass, Nicaragua and more!

Begun on the weekend of November 27-28, 2021 and continuing through November 2022, parishes throughout the Diocese will hold the **Forty Hours Devotion**. The celebration is part of the Diocesan-wide preparation for the Golden Jubilee in 2024. For a listing of parish dates, go to: [40 Hours Schedule \(arlingtondiocese.org\)](https://www.arlingtondiocese.org)

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved.

Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

Please join us Saturday, August 27, from 11:00am.- 3:00pm for a **Day of Prayer for Mental Health** at Saint Luke Catholic Church in McLean. Father Jamie Workman, Vicar General, will celebrate Mass while Ian Masson, MA, LPC, of IPS Institute will present on "The Communion of Saints: Relationships and Their Role in Mental Health." For more information email: stlabrecommunity@gmail.com.

Food and gas price hikes are making it harder for many to make ends meet. Help Catholic Charities support needy families by donating standard size bottles of shampoo, deodorant, dish soap or laundry detergent to Christ House (131 S West St. Alexandria), Loudoun Regional Office (113 Executive Dr., Building #2, Suite 110, Sterling), Loaves & Fishes (613 N Royal Ave, Front Royal), or St. Lucy Warehouse (8426-28 Kao Circle, Manassas) locations. Virtual donations also appreciated. Visit www.cdda.net or email Lori.Sikra@cdda.net with questions or drop off hours.

THIS WEEK AT THE CATHEDRAL : WELCOME BACK STUDENTS!

Sunday, August 21

12:15-1:00pm	Confesiones en Español	Cathedral
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Monday, August 22

7:00-8:00pm	English Legion of Mary	School Library
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Tuesday, August 23

6:45-8:00pm	Spanish Rosary, Mass & Bible Study	Cathedral
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Wednesday, August 24 FIRST DAY OF SCHOOL GRADES 1-8

Thursday, August 25 FIRST DAY OF SCHOOL PRE-K & KINDER

12:30-6:30pm	Adoration	Cathedral
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6:45-8:00pm	Community Evening Prayer, Adoration & Confessions	Cathedral
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Friday, August 26

Saturday, August 27

3:30-4:30pm	Confessions	Cathedral
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6:30pm	Confession and Misa de Sanacion with Fr. Garcia	Cathedral
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BIENVENIDOS A LA CATEDRAL

La semana pasada le dimos la bienvenida a nuestro nuevo Director de Música, **el Reverendo Vincent Ferrer Bagan, OP.** El padre Ferrer se une a nosotros después de dejar su posición de Director de Música en la Universidad Pontificia Norte Americana en la ciudad de Roma, Italia.

También le damos la bienvenida al **Señor Benjamin Paczak** como nuestro nuevo Director de Educación Religiosa y del Ministerio de Jóvenes. A parte de encargarse del Programa de Educación Religiosa, Benjamin será responsable de expandir la formación de adultos y del ministerio de Jóvenes. Además de pertenecer a nuestra parroquia Benjamin es también ex-alumno de nuestra escuela!

Por favor denle la bienvenida a ambos cuando los vean.

Caridades Católicas de la Diócesis de Arlington ofrece clases de inglés, computación básica, GED, clases de capacitación de empleo y ciudadanía. Las clases están ubicadas en Manassas, Woodbridge, Sterling, Falls Church y virtual con diferentes horarios disponibles. Inscripciones empiezan en agosto. Ofrecemos varios niveles de clases. Las clases son de bajo costo por el semestre e incluye el libro. Llame a 571-208-1572 para más información

Unase a el Flock! No se pierda anuncios importantes, recordatorios acerca de las misas y recursos acerca de la FE desde Flocknote, el proveedor de internet de nuestra parroquia. Ahora más que nunca nosotros necesitamos nuestra familia parroquial. También, esta es una herramienta importante para líderes y ministros para comunicarse con sus voluntarios. Anótese en el sitio de internet: <https://cathedralstm.flocknote.com/> o mande un texto usando la palabra "Moro" en Español al 202-765-3441.



APOYE A NUESTRA CATEDRAL CON FAITH DIRECT Inscribise una vez para recibir apoyo continuo o haga una donación única: <https://bit.ly/2X15PBv> Text-o-para dar: 703-382-5722 o escanee el código QR



Gracias a todas las personas que ya han hecho una promesa de contribución a la BLA. Si todavía no han hecho su ofrenda, reflexionen, en espíritu de oración, sobre las bendiciones recibidas y piensen en hacer una oferta hoy. Cada donación, grande o pequeña, es vital para el éxito de la Petición Cuaresmal del Obispo. Puede escanear el código QR o hacer un regalo en: www.arlingtondiocese.org

Acompáñenos los jueves a las 6:30pm para **la oración vespertina, seguido de Bendición y Confesiones**. Para más información sobre las Vísperas, vaya a <https://bit.ly/39qKNmS>

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