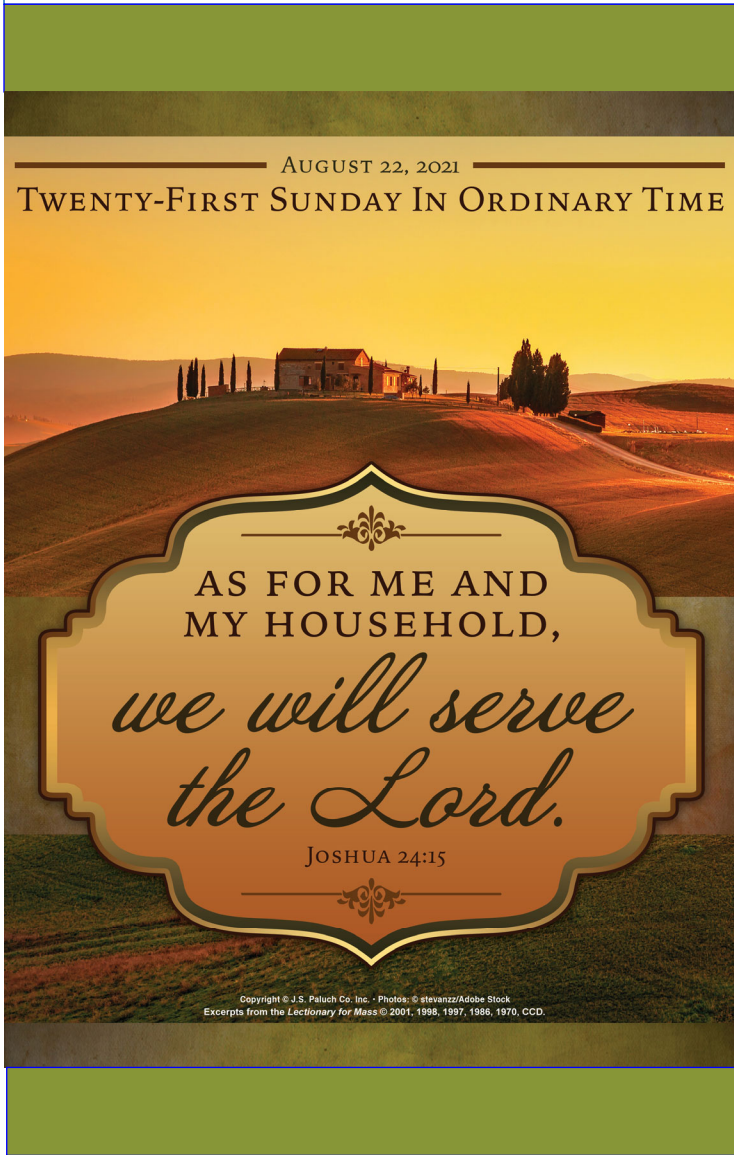




**The Cathedral of Saint Thomas More**  
 3901 Cathedral Lane Arlington, VA 22203  
 Most Rev. Michael F. Burbidge, Bishop of Arlington



**Clergy**

Most Rev. Michael F. Burbidge, Bishop of Arlington  
 Very Rev. Patrick L. Posey, V.F., Rector  
 Rev. Kevin Dansereau, Parochial Vicar  
 Rev. Michael D. Weston, In Residence  
 Deacon Philip Briggs

**Rectory Office Hours: Monday through Thursday**

9:00am-1:00pm; 1:45-8:00pm; Friday until 4:00pm  
 Closed Saturday and Sunday  
 Phone: 703-525-1300  
 stmparishoffice@cathedralstm.org  
 Website: www.cathedralstm.org

**Religious Education**

703-525-1300, ext 28

**School**

105 N. Thomas Street  
 Arlington, VA 22203  
 Phone: 703-528-6781; Fax: 703-518-5048  
 www.stmschool.org  
 Mrs. Catherine Adams Davis, Principal

**Christian Initiation**

Rev. Kevin Dansereau 703-525-1300

**Music Ministry**

703-525-1300, ext 35  
 Dr. Richard P. Gibala, Director of Music

**Hispanic Apostolate**

703-841-3883  
 200 N. Glebe Road, Ste. 820, Arlington, VA 22203

**Sacramental Information**

**PENANCE:**

Thursday 7:00pm to 8:00pm  
 Saturday 3:30pm-4:30pm and by appointment;  
 Sunday en Español: 12:15pm—1:00pm

**BAPTISM AND MATRIMONY:** Please contact the Rectory or go to the website for information. In-class preparation is required. Please call the Rectory to register.

**ANointing of the SICK:** Please contact the Rectory for a priest.

**NEW Mass Schedule**

Monday-Friday: 7:00am & 12:05pm\*  
 Tuesdays: 7:00pm (en Español)  
 Saturdays: 9:00am\*  
 Saturday Vigil: 5:00pm  
 Sundays: 7:00am, 9:00am\*, 11:00am  
 1:00pm\* (en Español) and  
 7:00pm

Federal Holidays: 10:00am

**\*LIVE-STREAMED**

Community Evening Prayer: Adoration, Benediction and Confession Every Thursday 6:30-8:00pm

Community Rosary 11:40am before Daily Mass

Beth Blaine, Receptionist  
[bblaine@cathedralstm.org](mailto:bblaine@cathedralstm.org)

Maria Stillone, Bookkeeper / Spanish Liaison  
[mstillone@cathedralstm.org](mailto:mstillone@cathedralstm.org)

Tara Quaadman, Rector's Assistant  
[tquaadman@cathedralstm.org](mailto:tquaadman@cathedralstm.org)

Steve Schemmel, Business Manager  
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Maria Paniagua, Youth Ministry & Religious Education Interim Director  
[mpaniagua@cathedralstm.org](mailto:mpaniagua@cathedralstm.org)




Dr. Richard Gibala, Director of Music  
[rickpgibala@gmail.com](mailto:rickpgibala@gmail.com)

**EXPLORE MORE at THE CATHEDRAL!**

**WELCOME** and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to [Registration - Cathedral of St. Thomas More \(cathedralstm.org\)](http://cathedralstm.org)



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**Bulletin deadline is two weeks prior to publication date.**  
 Please go to <https://bit.ly/2YDnyPH>  
 for bulletin, lector and Cathedral Connection  
 submissions.

***"Decide today who you will serve" (Joshua 24:15)***

Today's readings call us to a challenge. Who do we love? Where will we place our allegiance, and will this allegiance remain when it becomes hard "to accept?" In our Gospel John relates the "saying," so difficult for Jesus' audience to accept, was that Christ is the Bread of Life.

In previous weeks we had focused on the centrality of the Eucharist as a both means and an end to our salvation: "unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." (John 6:53). The words make for a nice Communion song; and they have long stymied theology students of all ages. But what do they mean in our reality? Transubstantiation is a heady topic; but the GRACE we receive is not. It is active and apparent.

Christ does not want blind followers, nor does He require doctorates in Christology to meet Him at the altar or in the street. Rather, He wants those who truly accept Him as their Messiah and His teachings as a way of Life. He wants us to choose life, to choose love, above death and hate. Accepting the entirety of Christ's being through the Eucharist opens us to the change that occurs with grace. It can also mean opening ourselves to the possibility of bias, derision or even scorn. None of these should deter us from this: we know that above all we serve God; and by serving others we imitate His Son.

Jesus knew the choice to follow Him would be difficult; even when we choose it, diversion is easy. Peter answers Jesus knowing that there is no other way forward to salvation. "You have the words of eternal life." What is your choice?

This week we welcome our students back from their summer break. The administration, faculty and staff have been hard at work preparing for their arrival. Today, as we have done every autumn since 1944, we open our doors to a new generation, full of promise and hope. To these young students we owe a great deal and it remains our mission to educate them to become men and women of faith and service. Please keep them and their families in prayer as they begin a new academic year. Remember to drive gently around campus!

***God bless ALL our students who are returning to school this year. Whether you are nearby in high school, or a bit farther, know of our prayers for a safe and successful academic year. See you soon!***

## Today's Readings

First Reading:	Joshua 24:1-2a, 15-17, 18b
Responsorial:	Psalm 34:2-3, 16-17, 18-19, 20-21
Second Reading:	Ephesians 5:21-32 or 5:2a, 25-32
Gospel:	John 6:60-69

## Readings for the Week

Monday:	1 Thes 1:1-5, 8b-10; Ps 149:1b-6a, 9b; Mt 23:13-22
Tuesday:	Rv 21:9b-14; Ps 145:10-13, 17-18; Jn 1:45-51
Wednesday:	1 Thes 2:9-13; Ps 139:7-12ab; Mt 23:27-32
Thursday:	1 Thes 3:7-13; Ps 90:3-5a, 12-14, 17; Mt 24:42-51
Friday:	1 Thes 4:1-8; Ps 97:1, 2b, 5-6, 10-12; Mt 25:1-13
Saturday:	1 Thes 4:9-11; Ps 98:1, 7-9; Mt 25:14-30
Sunday:	Dt 4:1-2, 6-8; Ps 15:2-5; Jas 1:17-18, 21b-22, 27; Mk 7:1-8, 14-15, 21-23

### REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

### Remember in your prayers the sick of our parish

**especially:** Lourdes Batol, Olive Reeves Butler, John Ford, Owen Keel, Karen Kelly, Barbara Ilacqua, Andrew Pinella, James Saunders, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

## Daily Mass Intention

### Saturday, August 21

5:00pm Paul Hoan Do Van (D)

### Sunday, August 22

#### Twenty-first Sunday in Ordinary Time

7:00am Monica Olivette (D)  
9:00am Nicole Casey  
11:00am Alfred Pizarro, Jr.  
1:00pm Enaira Betancourt (D)  
7:00pm Parishioners

### Monday, August 23

#### St. Rose of Lima

7:00am Major Thomas J. Wissler, USMC  
12:05pm Carol Wood (D)

### Tuesday, August 24

#### St. Bartholomew

7:00am Anna Grace Whelan  
12:05pm Alexander Wolfe

### Wednesday, August 25 St. Louis; St. Joseph Calasanz

7:00am Susanne Frantz  
12:05pm Tara Quaadman

### Thursday, August 26

7:00am Catherine Richards (D)  
12:05pm Josephine Parziale (A)

### Friday, August 27

#### St. Monica

7:00am Monica Olivette (D)  
12:05pm Fr. Thomas Ferguson

### Saturday, August 28

#### St. Augustine

9:00am Richard Fleming

### Please pray for those serving our country:

Captain Timothy P. Blaine, USMC; Louis Crishock; FSO, 2nd Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Major Justin M. Coons, USMC; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; LCpl Joseph A. Patrick, USMC; Nick Tengtio; SSg. Ryan Wagner, USAF; Major Thomas J. Wissler, USMC;



**DIVINE MERCY CHAPLET** Join the STM Divine Mercy Group to pray the Chaplet on weekdays 15 minutes after the conclusion of the 12:05pm Daily Mass.

## Around the Cathedral

### Stewardship

The **Second Collection today** is for our Maintenance Fund and Parish Charities. Thank you for your support!

The Griddle is warming up as **PANCAKE BREAKFAST** returns today, August 22 after all morning Masses. The Knights of Columbus are excited to welcome you back to Burke Hall. Hope to see you there!

**On August 29 our second collection will be support the Mission Cooperative Plan;** our parish mission is Banica, where Fr. Posey spent 8 years in ministry. This appeal helps our brothers and sisters who do not have access to basic pastoral services that support and grow their faith, like Mass, the sacraments, religious education as well as basic needs – like food, shelter and healthcare. Please make your check payable to STM and put “MCP” in the memo line. Your support will aid mission organizations to form vibrant faith communities and strengthens the global Church.

### Protecting God's Children Seminar at the Cathedral August 28, 2021 9:00am VIRTUS Seminar

All employees and volunteers who have substantial contact with children **ARE REQUIRED** to attend. This seminar will help you identify signs of sexual abuse, reporting, and what you can do as members of the community to ensure that this abuse is eradicated. Though attendance is mandatory for Cathedral employees and volunteers, other adults (those over the age of 18) are welcome to attend.

For additional information, contact the Rectory.

**To Register click the link and scroll down to Cathedral of St. Thomas More August 28 session VIRTUS® Online ([virtusonline.org](https://virtusonline.org))**



**Take me out to the ballgame with your friends and family at the Cathedral.** We hope you'll join us on Saturday, September 18 for a fun afternoon at Nationals Park as the Nats take on the Colorado Rockies at 4:05 PM. We have

**reserved 60 seats;** cost is \$21.00 per ticket plus a \$2.00 processing fee. Save the afternoon on your calendar and reserve your tickets by Wednesday, September 8 on Faith Direct: <https://bit.ly/3j0Rpf5>

Tickets will be distributed on Sunday, September 12 in the Rectory from 12:00 – 3:00pm unless prior arrangements are made through the church office.



**Welcome Father Michael Weston to the Cathedral!** Father will be the Diocesan Director of Liturgy and will be in residence with us. Please say hello when you see him on campus!



**Is there someone you know who wants to explore the Catholic faith?** The Rite of Christian Initiation (RCIA) is the process by which

persons who were never baptized, or were baptized in another Christian tradition, become members of the Church. Inquiry sessions begin September 13. Please contact Fr. Kevin Dansereau at 703-525-1300.

Come and **#neverbethesame**

**STM Mobile Market Returns on Thursday, August 26,** from 5:00-7:00pm in the School Parking Lot. Do you have a spare hour or two? Join us as we seek to help the food insecure in our community.



**We're looking for catechists, aides & substitutes for all grades.** We also need hall monitors. You will receive training & support. Go to our website or <https://bit.ly/3AscQgb> for

more information. Questions? Contact Maria Paniagua at [mpaniagua@cathedralstm.org](mailto:mpaniagua@cathedralstm.org)

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Saturday & Sunday: 10 AM to 6 PM

Check online for holiday schedules & closures.



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SCHOOL STARTS THIS WEEK  
GOD BLESS OUR STUDENTS WITH A HEALTHY  
AND SUCCESSFUL YEAR!**

We are excited to announce that we will be doing in-person classes this year. Families may register online starting June 1, or in our Rectory office **Monday & Friday, 9:00am-4:00pm and Tuesday to Thursday 2:00-4:00pm or by appointment.** At the Cathedral of St. Thomas More, the Religious Education Program is available to children in grades 1st-High School. Our in-person classes will be held on Wednesdays from 6:45-8:00 pm, beginning on September 15, 2021. Cathedral parishioners and returning students are given priority for Religious Education enrollment. Non-parishioners will need to bring a letter from the parish Pastor granting the family permission to enroll in our Religious Education program.

The cost of the program is \$100 per student. Additional fees for sacramental years will be separate.

Please go to <https://bit.ly/3zb0b1a> for more information and to register.

**Remember to FOLLOW and LIKE our social media pages!**

**Find links on Page 2**



**Around the Diocese**



**Bishop Burbidge Podcasts:** <https://bit.ly/3g00Fzr> Bishop discusses School and vaccine updates, Afghan refugees, seminarian summer assignment recap and more.

Join Bishop Burbidge for **Holy Mass in Thanksgiving for the Gift of Human Life** on Saturday, September 11 at 9:00 a.m. at St. Agnes Catholic Church at 1910 N. Randolph Street, Arlington, 22207. Rosary to follow at the abortion facility in Falls Church at 900 S. Washington Street, 22046. For more information please contact [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org).

**6th Annual Mass Honoring Military & First Responders** will be hosted by Fr. Walter F. Malloy Assembly #1894 of the Knights of Columbus on Sunday, September 12 at 11 a.m. at St. Leo the Great Catholic Church (3700 Old Lee Hwy, Fairfax, VA 22030), with Bishop Burbidge. All Military and First Responders are invited and welcome to attend this Mass in dress uniform and with their family. Please RSVP to SK David J. Todd, Jr. PFN, at [djtoddjr@gmail.com](mailto:djtoddjr@gmail.com) if you plan to attend.

**Celebrating A Silver or Golden Wedding Anniversary This Year? Were you married in 1971 or 1996?** Then join Bishop Michael F. Burbidge for the 2021 Mass for Jubilarians to be celebrated on Sunday, October 17th at 3:00 p.m. at the Cathedral of St. Thomas More. Contact the parish office to register no later than October 1st - 703-525-1300. For more information, visit [www.arlingtondiocese.org/MJM](http://www.arlingtondiocese.org/MJM).

The Catholic Diocese of Arlington website includes a resource page where parishioners can access information regarding events affecting the Church. Read the policies on child protection and responses from Bishop Burbidge and the United States Conference of Catholic Bishops at [www.arlingtondiocese.org/childprotection](http://www.arlingtondiocese.org/childprotection)

**Sign Up For the Diocesan E-Newsletter!**

Receive special video messages from our bishop, learn about unique opportunities to get involved.

**Diocesan Events**

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

**Sunday, August 22**

After Morning Masses	Pancake Breakfast sponsored by Knights	Burke Hall
12:15-1:00pm	Confesiones en Español	Cathedral

**Monday, August 23**

7:00-8:00pm	English Legion of Mary	School Library
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**Tuesday, August 24**

6:45pm	Spanish Rosary, Mass & Bible Study	Cathedral
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**Wednesday, August 25**

8:00-10:00pm	Emmaus Men Blessings for Retreat	Cathedral
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**Thursday, August 26**

12:30-6:30pm	Adoration	Cathedral
6:30-7:00pm	Community Evening Prayer	Cathedral
7:00-8:00pm	Confessions	Cathedral

**Friday, August 27**

12:30-3:30pm	Reception for Emmaus Men Retreat	Burke Hall
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**Saturday, August 28**

9:00am-12:00pm	VIRTUS Training Seminar	Burke Hall
3:30-4:30pm	Confessions NEW TIME!	Cathedral

**Las Quinceañeras en la Catedral de Santo Tomás Moro Cómo Reservar una Misa de Quinceañera**

La Misa para Quinceañeras en la Catedral de St. Thomas More será el segundo sábado de cada mes a las 11:00am. Los padres pueden solicitar una Misa de Quinceañera para sus hijas en persona en la Oficina Parroquial durante de lunes a viernes de 9:00am-4:00pm o llene el siguiente formulario.

Para reservar una Misa la familia debe estar registrada como miembros de la parroquia. Los padres de la candidata deben completar un Formulario de Inscripción y pagar un depósito No Reembolsable de \$125.00 que se aplicará al total de la donación de \$250.00. La fecha de la Misa de Quinceañera no está confirmada ni programada hasta que se reciba el depósito y la candidata haya cumplido con todos los requisitos necesarios. El saldo de \$125.00 vence a más tardar un mes antes de la fecha de la Misa de Quinceañera.

Los ensayos para toda la Misas se llevarán a cabo el viernes por la noche antes de la Misa de Quinceañera (Se programará una hora de la semana antes de la Misa de Quinceañera).

**Gracias** por donar a nuestra Catedral a través del Ofertorio. Haces posible que podamos apoyar a nuestros estudiantes y comunidad. Necesitamos su compromiso continuo, así que considere inscribirse en Faith Direct: <https://bit.ly/2X15PBv> ¡Gracias!

**Ha comenzado la inscripciones para las clases de educación religiosa!** Nuestras clases serán en persona los miércoles de 6:45-8:00 pm a partir del 15 de septiembre del 2021. Puede inscribirse en line: <https://bit.ly/2TaOEP7> en la oficina de la rectoría de unes a viernes de 11:00 am-4:30 pm o por cita. **Todos deben registrarse antes del 31 de julio.** Para más información, póngase en contacto con Maria Paniagua [mpaniagua@cathedralstm.org](mailto:mpaniagua@cathedralstm.org).



Queríamos hacerle saber que El Padre García estará fuera de la Catedral por unos meses asistiendo en la Parroquia de Todos los Santos en Manassas. Sin embargo, volverá todos los viernes para continuar sus reuniones con EMAUS. Aunque lo echaremos de menos, nos complace que pueda echar una mano a nuestros hermanos y hermanas por la I-66. Esperamos con interés su regreso este otoño.

Acompáñenos los jueves a las 6:30pm para **la oración vespertina, seguido de Bendición y Confesiones.** Para más información sobre las Vísperas, vaya a <https://bit.ly/39qKNmS>

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