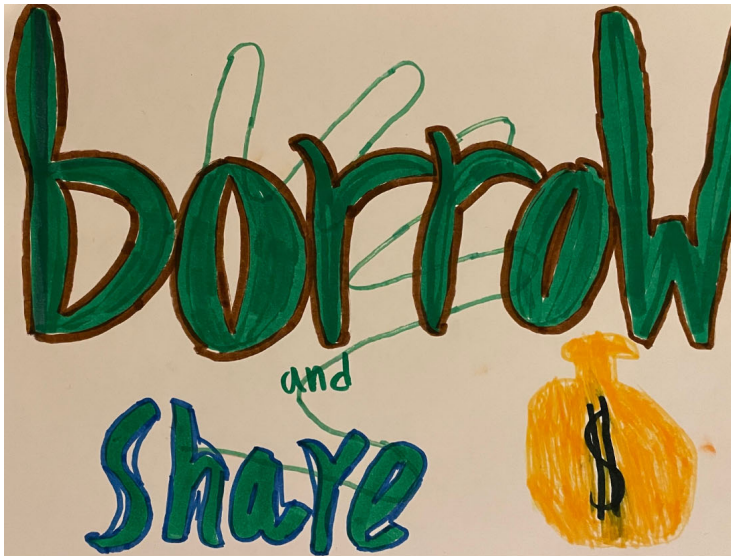




The Cathedral of Saint Thomas More
 3901 Cathedral Lane Arlington, VA 22203
 Most Rev. Michael F. Burbidge, Bishop of Arlington



FEBRUARY 19, 2023
SEVENTH SUNDAY IN
ORDINARY TIME

LEARN ABOUT OUR BULLETIN COVER ARTISTS ON
PAGE 4

Clergy

Most Rev. Michael F. Burbidge, Bishop of Arlington
 Very Rev. Patrick L. Posey, V.F., Rector
 Rev. Kevin Dansereau, Parochial Vicar
 Rev. Eliberto de Jesus Garcia Pareja, Parochial Vicar
 Rev. Michael D. Weston, In Residence
 Deacon Michael Nugent

Rectory Office Hours: Monday through Friday

9:00am-4:00pm; Closed for lunch 1:00-1:45pm
 Phone: 703-525-1300
 stmparishoffice@cathedralstm.org;
 Website: www.cathedralstm.org

Religious Education

703-525-1300, ext 26

Mr. Benjamin Paczak

School

105 N. Thomas Street
 Arlington, VA 22203
 Phone: 703-528-6781; Fax: 703-518-5048
 www.stmschool.org
 Mrs. Catherine Adams Davis, Principal

Christian Initiation

Rev. Kevin Dansereau 703-525-1300

Music

703-525-1300, ext 31

Fr. Vincent Ferrer Bagan, O.P. Director of Music

Hispanic Apostolate

703-841-3883

200 N. Glebe Road, Ste. 820, Arlington, VA 22203

Sacramental Information

PENANCE:

Thursday 7:00pm to 8:00pm
 Saturday 3:30pm-4:30pm and by appointment;
 Sunday en Español: 12:15pm—1:00pm

BAPTISM AND MATRIMONY: Please contact the Rectory or go to the website for information. In-class preparation is required. Please call the Rectory to register.

ANointing of the SICK: Please contact the Rectory for a priest.

Mass Schedule

Monday-Friday: 7:00am & 12:05pm*
 Tuesdays: 7:00pm (en Español)
 Saturdays: 9:00am*
 Saturday Vigil: 5:00pm
 Sundays: 7:00am, 9:00am, 11:00am*
 1:00pm* (en Español) and
 7:00pm
 Federal Holidays: 10:00am

***LIVE-STREAMED**

Community Evening Prayer: Adoration, Benediction and Confession Every Thursday 6:30-8:00pm

Community Rosary 11:40am before Daily Mass

Beth Blaine, Receptionist
bblaine@cathedralstm.org

Patty Kain, Bi-lingual Administrative Assistant
pkain@cathedralstm.org

Maria Stillone, Bookkeeper / Spanish Liaison
mstillone@cathedralstm.org

Tara Quaadman, Rector's Assistant
tquaadman@cathedralstm.org

Nick Slabinski, Business Manager
nslabinski@cathedralstm.org

Christine Kurtzke Hughes, Director of Advancement
chughes@cathedralstm.org

Benjamin Paczak, Director of Religious Education and Youth Ministry
BPaczak@cathedralstm.org

Fr. Vincent Ferrer Bagan, O.P., Director of Music
music@cathedralstm.org

"Merciful and gracious is the LORD, slow to anger and abounding in kindness. Not according to our sins does he deal with us ..."

One of the themes in Matthew's Gospel is mercy. Jesus, as the new Moses, offers a new law, a new life. At a time when strict adherence to the commandments co-existed with consequences for disobedience (sin), Jesus turns this notion on its head. As we read last week, Jesus asks us to follow both letter and spirit of the law. Our thoughts must mirror our actions; our actions must mirror the meaning behind the measure.

Now Jesus presents an ever more radical notion: "turn the other cheek; ... love your enemies." To anyone of that time (and even today), this is ludicrous. Order is based upon proportionality. I steal from you so you must be repaid in kind. You strike me, I strike back. History has shown that this doesn't lead to lasting peace.

We can see this in our lives too. When we harbor grudges; when we focus on the hurts; when we remain mired in past grievances, we do more harm to ourselves than to the person(s) that caused them. Forgiveness is freeing; it allows us to move forward. It reveals that spark of the "divine" that resides in all of us. If we are, as St. Paul says, temples of God, then we are created for holiness. It is in showing, and receiving mercy that holiness grows. Ask yourself: how do I feel when I forgive? How do I feel when I am forgiven? I don't say that this is always easy; sometimes it may seem more than we can do. But I can say that forgiveness is more about your relationship with God than with anyone else.

The Psalmist reminds us that God doesn't have tally sheets. His love is not predicated on our actions. He loves us because we are his children. As we prepare to enter the holy season of Lent, I ask you to remember this fact. You are God's creation, made to bear witness to his compassion on earth and ultimately, to return to him.


Wednesday we will mark our foreheads with ashes, reminding ourselves of our humanity and dependence on God. Mark your hearts with the sign of mercy. Feed it through the Eucharist; sustain it in the Sacrament of Reconciliation; offer it to others and watch it grow.


I hope you will take advantage of our email campaign to have the "Best Lent Ever." Sign up to receive daily doses of "holy moments" which can live well beyond Easter Sunday. Read more in the bulletin and on our [website](#).


EXPLORE MORE at THE CATHEDRAL!
WELCOME and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to [Registration - Cathedral of St. Thomas More \(cathedralstm.org\)](http://Registration - Cathedral of St. Thomas More (cathedralstm.org))



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Bulletin deadline is two weeks prior to publication date.
 Please send submissions to <https://bit.ly/2YDnyPH>

Today's Readings

First Reading	Leviticus 19:1-2, 17-18
Responsorial:	Psalm 103:1-2, 3-4, 8, 10, 12-13
Second Reading:	1 Corinthians 3:16-23
Gospel:	Matthew 5:38-48

Readings for the Week

Monday:	Sir 1:1-10; Ps 93:1-2, 5; Mk 9:14-29
Tuesday:	Sir 2:1-11; Ps 37:3-4, 18-19, 27-28, 39-40; Mk 9:30-37
Wednesday:	Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
Thursday:	Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
Friday:	Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
Saturday:	Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sunday:	Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12, 17-19]; Mt 4:1-11

REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

Remember in your prayers the sick of our parish

especially: Judi Adams, Lourdes Batol, Carolina Gomes, Owen Keel, Ann Kelly, Karen Kelly, Barbara Ilacqua, Linda Quinn, Walter Quinn, Adm. Dave Rogers (Ret.), James Saunders, Raymond Sy, Josephine Whibley.

Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

Join us to pray the Rosary, daily at 11:40am, before the 12:05pm Mass.

Daily Mass Intentions

Saturday, Feb. 18 5:00pm	Mr. and Mrs. Victor Rehula, Jr. (D)
Sunday, Feb. 19 7:00am 9:00am 11:00am 1:00pm 7:00pm	Seventh Sunday in Ordinary Time Parishioners Deacon Mark Sobczynski Ronald Di Matteo (D) Pedro Antonio Alfaro (D) Matthew Wellington (D)
Monday, Feb. 20 10:00am	Presidents' Day Guillaume Turpin (D)
Tuesday, Feb. 21 7:00am 12:05pm	St. Peter Damian; Mardi Gras; Shrove Tuesday Spike Bui Kathy Mitchell (D)
Wednesday, Feb. 22 7:00am 12:05pm 7:00pm	Ash Wednesday; Fast and Abstinence; Washington's Birthday James S. P. Shortley, Sr. (D) Dominico Phan (D) Bonnie Zanganeh
Thursday, Feb. 23 7:00am 12:05pm	St. Polycarp Deacon Mark Voorheis Carlos M. Salinas (D)
Friday, Feb. 24 7:00am 12:05pm	Abstinence Frances Bauer (D) Patrick Fucci (D)
Saturday, Feb. 25 9:00am	Frances Bauer (D)

Please pray for those serving our country:

Major Timothy P. Blaine, USMC; LTJG. Bradley Buchter, USN; 1st Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Lt. Col. Justin M. Coons, USMC; Pvt. James Gnecco, USA; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; Cpl. Joseph A. Patrick, USMC; Nick Tengtio; SSG. Ryan Wagner, USAF; Lt. Col Thomas J. Wissler, USMC



DIVINE MERCY CHAPLET Join the STM Divine Mercy Group to pray the Chaplet on weekdays 15 minutes after the conclusion of the 12:05pm Daily Mass.

Stewardship

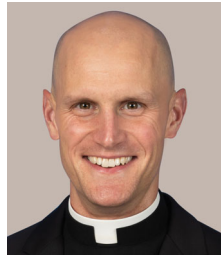


The Second Collection today is for our Parish Charities. Thank you for supporting those in need within our community. Please scan the QR code or go to www.membership.faithdirect.net/va326

Next week's Second Collection will be to aid victims of the devastating earthquake in Turkey and Syria.

The School and Rectory Office will be closed Monday, February 20, in observance of President's Day. There will be one Daily Mass at 10:00am.

Our Bulletin Cover Project continues with the work of students Christopher Bongardt and Indiana Owings. Thank you to them and their teacher Sue Walia for their contribution!



2023 Bishop's Lenten Appeal My soul rejoices in the Lord 17% of donations support our seminarians, as well as vocation and diaconate programs. We are blessed to journey with our diocesan transitional deacons. Remember them and pray more men and women answer the call to be "God's servant first."



After reflecting upon God's blessings to you, please consider a BLA pledge. You may complete a pledge card at Mass, mail in your pledge, go online to make a donation at:

www.arlingtondiocese.org/bla or scan the QR code
THANK YOU!

All Saints Church Multi Car Raffle returns! Prizes include four 2023 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck & Bronco Sport). One \$5 ticket gives you a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. Look for tickets in the mail soon. Please consider selling/purchasing the tickets mailed to you.

After more than 50 years, STM Federal Credit Union is closing in July. Unfortunately, the regulatory burden is like large banks, and we lack volunteers. Our critical need is a new Treasurer with accounting experience, plus additional Board members. If interested in taking over the group, please email stmfcu@gmail.com

Lent begins soon! Ash Wednesday is February 22 and while it is not a Holy Day of Obligation, we invite you to begin the season in prayer. Masses that day will be at 7:00am, 12:05pm, and a bilingual Mass at 7:00pm that evening. Save the date for our Lenten Morning Reflection on Saturday, February 25 after the 9:00am Mass. Fr. Matthew Zuberbueler presents "Living with Mary: The Joy of Christ's Real Presence." We will begin with mass at 9am, followed by a light breakfast and the presentation, and conclude with confessions before noon. Please RSVP on the church [website](#).

YOU CAN BE MORE
You can make it the
BEST LENT EVER
Find Out This Lent.
Text: BESTLENTEVER23 to 84576

With Lent just around the corner, we are doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic's BEST LENT EVER program and our hope is that everyone in the parish will join us. One of the beautiful things about the program is how simple it is. Each day of Lent, you'll receive a short video from bestselling author Matthew Kelly to inspire you and feed your soul. This year's focus is on learning to collaborate with God to create Holy Moments and unlock our soul-potential. Look for an upcoming email where you can sign up to have your BEST LENT EVER!

Get a head start on Shrove Tuesday with Pancake Breakfast Sunday, February 19, after all morning Masses. Hopefully you don't give up pancakes for Lent but if you do, get them now!



Teacher Spotlight - New to STM

Hello, my name is Beatrice Adinaro and I'm thrilled to be teaching 4th grade this year at STM! I worked here last school year as an aide/substitute and this is my first year teaching. I'm originally from Yorktown, VA and currently live in Falls Church. I graduated from Virginia Tech in 2021 with a Bachelor's degree. I'm currently working towards my VCEA license to teach in Virginia Catholic schools.

I'm very passionate about incorporating our faith into our everyday lives. I look forward to continuing to serve our young people in this community. All for the greater glory of God!

RELIGIOUS EDUCATION/ EDUCACIÓN RELIGIOSA

Registration for the 2022-2023 School year has closed. Contact Benjamin Paczak at BPaczak@cathedralstm.org or call 703-525-1300, ext. 26. We follow Arlington County Schools for weather closings. Please listen to your local radio for information.

La inscripción para el curso escolar 2022-2023 se ha cerrado. Comuníquese con Benjamin Paczak al BPaczak@cathedralstm.org o llame al 703-525-1300, ext. 26.

Nosotros seguimos los cierres por clima de los Escuelas Publicas de Arlington (APS). Por favor para información, escuche la estación de radio local.

AROUND THE DIOCESE



Bishop Burbidge Podcasts

<http://bit.ly/3RSryqI>

Bishop Burbidge discusses Earthquake in Turkey/Syria, the Grammys, Pope Francis and more

Begun on the weekend of November 27-28, 2021 parishes throughout the Diocese will hold the **Forty Hours Devotion throughout the year**. The celebration is part of the Diocesan-wide preparation for the Golden Jubilee in 2024. For a listing of parish dates, go to: [40 Hours Schedule \(arlingtondiocese.org\)](https://www.arlingtondiocese.org/40-hours-schedule)

[Sign Up For the Diocesan E-Newsletter!](#)

Receive special video messages from our bishop, learn about unique opportunities to get involved.

Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

Married couples are invited to attend the Mass for World Marriage Sunday at St. Mary of Sorrows Catholic Church in Fairfax on Saturday, February 25, 2023 at 5:00pm, celebrated by the Most Reverend, Michael F. Burbidge. There will be a dinner directly following the Mass for the first 100 couples who RSVP. Register at [arlingtondiocese.org/wms](https://www.arlingtondiocese.org/wms). To learn more, call the Office of Marriage, Family and Respect Life at (703) 841-2550.

Do you love to cook? Have a special cultural dish you love to share? The Multicultural Sub-Committee is producing a cookbook including recipes from every culture submitted by you! Recipes will be selected by a diverse panel, and then published in a keepsake cookbook in commemoration of the Diocesan Golden Jubilee. Find out more here and access the submission form: <https://www.arlingtondiocese.org/jubilee-gather-at-the-table>.

THIS WEEK AT THE CATHEDRAL:

Sunday, February 19	PANCAKE BREAKFAST AFTER MORNING MASSES	
12:15-1:00pm	Confesiones en Español	Cathedral
Monday, February 20		
7:00-8:00pm	English Legion of Mary	School Library
7:00-8:30pm	RCIA	Burke Classroom
Tuesday, February 21		
6:30-8:30pm	Walking With Purpose	School Library
7:00pm	Spanish Mass	Cathedral
Wednesday, February 22	ASH WEDNESDAY - MASSES AT 7:00am; 12:05pm with Bishop Burbidge; 7:00pm Bilingual	
6:45pm	Religious Education Classes	School
Thursday, February 23		
12:30-6:30pm	Adoration	Cathedral
6:45pm	Community Evening Prayer, Adoration & Confessions	Cathedral
7:00pm	Cathedral Choir Rehearsal	Burke Hall
Friday, February 24		
7:00pm	Stations of the Cross (English)	Cathedral
8:00pm	Stations of the Cross (en Español)	Cathedral
Saturday, February 25		
After 9:00am Mass	Lenten Morning of Reflection	Burke Hall
3:30pm	Confessions	Cathedral
6:30-7:30pm	Spanish RCIA	Burke Classroom



Petición Cuaresmal del Obispo de 2023

El 17% de las donaciones apoya a nuestros seminaristas, así como a los programas vocacionales y de diaconado. Tenemos la bendición de acompañar a nuestros diocesanos en la transición a diáconos. Recuérdales y ora para que más hombres y mujeres respondan al llamado de ser "Primero Siervos de Dios."



Esta petición nos ofrece la oportunidad de unirnos como familia católica para apoyar los programas, ministerios y servicios de ayuda a decenas de miles de personas. Después de reflexionar sobre las bendiciones recibidas

de Dios, piensen en hacer una promesa de contribución a la Petición Cuaresmal Del Obispo. Pueden esa promesa al llenar la tarjeta distribuida durante la Misa, enviar la tarjeta por correo postal, hacer la promesa en línea en www.arlingtondiocese.org/BLA o escanear el código QR indicado continuación para hacer una ofrenda.

Las parejas casadas pueden unirse a nosotros para celebrar el Domingo Mundial del Matrimonio con el celebrante y homilista, el Reverendísimo Michael F. Burbidge, el sábado 25 de febrero de 2023 a las 5:00 p. m. en la Iglesia Católica St. Mary of Sorrows en Fairfax. Cena de recepción a seguir. Por favor RSVP para la cena. Los asientos se determinarán por orden de llegada. Para obtener más ayuda, llame a la Oficina de Matrimonio, Familia y Respeto a la Vida al (703) 841-2550. Para confirmar su asistencia a la cena, haga clic [AQUÍ](#) La recepción después de la Misa es posible gracias a la generosidad de Familias en Cristo Jesús.

La Rifa de Autos de la Iglesia Todos los Santos regresa!

Premios incluyen cuatro 2023 automóviles de Ourisman Ford de Manassas (Ford Escape, Mustang, Ranger Truck y Bronco Sport).

Un ticket de \$5.00 puede darle la oportunidad de ganar uno de estos autos más \$40,000 en efectivo (siendo el premio mayor \$20,000 en efectivo) y sorteos adicionales en efectivo. Los boletos para la rifa estarán llegando pronto a su buzón de correo. Considere vender/comprar los boletos que recibirá por correo.

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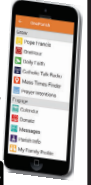
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