



**The Cathedral of Saint Thomas More**  
 3901 Cathedral Lane Arlington, VA 22203  
 Most Rev. Michael F. Burbidge, Bishop of Arlington



MY SOUL *Rejoices*  
 IN THE *Lord*



2023 BISHOP'S LENTEN APPEAL

**FEBRUARY 5, 2023**  
**THE FIFTH SUNDAY IN ORDINARY TIME**

**Clergy**

Most Rev. Michael F. Burbidge, Bishop of Arlington  
 Very Rev. Patrick L. Posey, V.F., Rector  
 Rev. Kevin Dansereau, Parochial Vicar  
 Rev. Eliberto de Jesus Garcia Pareja, Parochial Vicar  
 Rev. Michael D. Weston, In Residence  
 Deacon Michael Nugent

**Rectory Office Hours: Monday through Friday**

9:00am-4:00pm; Closed for lunch 1:00-1:45pm  
 Phone: 703-525-1300  
 stmparishoffice@cathedralstm.org;  
 Website: www.cathedralstm.org

**Religious Education**

703-525-1300, ext 26

Mr. Benjamin Paczak

**School**

105 N. Thomas Street  
 Arlington, VA 22203  
 Phone: 703-528-6781; Fax: 703-518-5048  
 www.stmschool.org  
 Mrs. Catherine Adams Davis, Principal

**Christian Initiation**

Rev. Kevin Dansereau 703-525-1300

**Music**

703-525-1300, ext 31

Fr. Vincent Ferrer Bagan, O.P. Director of Music

**Hispanic Apostolate**

703-841-3883

200 N. Glebe Road, Ste. 820, Arlington, VA 22203

**Sacramental Information**

**PENANCE:**

Thursday 7:00pm to 8:00pm  
 Saturday 3:30pm-4:30pm and by appointment;  
 Sunday en Español: 12:15pm—1:00pm

**BAPTISM AND MATRIMONY:** Please contact the Rectory or go to the website for information. In-class preparation is required. Please call the Rectory to register.

**ANOINTING of the SICK:** Please contact the Rectory for a priest.

**Mass Schedule**

Monday-Friday: 7:00am & 12:05pm\*  
 Tuesdays: 7:00pm (en Español)  
 Saturdays: 9:00am\*  
 Saturday Vigil: 5:00pm  
 Sundays: 7:00am, 9:00am, 11:00am\*  
 1:00pm\* (en Español) and  
 7:00pm  
 Federal Holidays: 10:00am

**\*LIVE-STREAMED**

Community Evening Prayer: Adoration, Benediction and Confession Every Thursday 6:30-8:00pm

Community Rosary 11:40am before Daily Mass

## Parish Staff

Beth Blaine, Receptionist  
[bblaine@cathedralstm.org](mailto:bblaine@cathedralstm.org)

Patty Kain, Bi-lingual Administrative Assistant  
[pkain@cathedralstm.org](mailto:pkain@cathedralstm.org)

Maria Stillone, Bookkeeper / Spanish Liaison  
[mstillone@cathedralstm.org](mailto:mstillone@cathedralstm.org)

Tara Quaadman, Rector's Assistant  
[tquaadman@cathedralstm.org](mailto:tquaadman@cathedralstm.org)

Nick Slabinski, Business Manager  
[nslabinski@cathedralstm.org](mailto:nslabinski@cathedralstm.org)

Christine Kurtzke Hughes, Director of Advancement  
[chughes@cathedralstm.org](mailto:chughes@cathedralstm.org)

Benjamin Paczak, Director of Religious Education and Youth Ministry  
[BPaczak@cathedralstm.org](mailto:BPaczak@cathedralstm.org)

Fr. Vincent Ferrer Bagan, O.P., Director of Music  
[music@cathedralstm.org](mailto:music@cathedralstm.org)

### EXPLORE MORE at THE CATHEDRAL!

**WELCOME** and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to [Registration - Cathedral of St. Thomas More \(cathedralstm.org\)](https://www.cathedralstm.org/Registration-Cathedral-of-St-Thomas-More)



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**Bulletin deadline is two weeks prior to publication date.**  
Please send submissions to <https://bit.ly/2YDnyPH>

## From Our Rector

Have you ever met a true optimist? I am not talking about someone who is naive or unrealistic. But rather a person whose heart is so full of love – for Christ and in turn others – that this love cannot be hidden “beneath a bushel.” I have been blessed to have many examples in my own life. They are not saints these people; they are human beings like the rest of us, with faults and failings; indeed in acknowledging their own shortcomings, they reveal the power of God’s mercy. This is Paul’s message in the second reading: through Christ he becomes strong; through him the grace of Christ is seen.

By word, deed, and presence those who allow Christ to live in and through them are able to overcome fear, anxiety, sadness, and yes, even anger and disappointment. I have seen spouses revel in each other’s company, even when one is ravaged by disease. I have seen a young couple take in a family of six to live in their one-bedroom apartment because the family had nowhere else to go; and not just for a night, but for more than a month. I have seen parishioners give immense amounts of their time and energy delivering food and comfort, regardless of weather, to those in need. I have seen the generosity of those who without fanfare, wanting neither recognition nor acknowledgment, pay tuition for a family suffering a crisis. I see daily acts, both small and large, of immense kindness and gentleness with those who come to us. Acts as simple as a smile, a sincere inquiry as to someone’s health, or a hug.

We don’t always have to make the grand gesture; small acts build upon themselves. And as a well-known ad shows, these acts can “pay it forward.” By your actions and responses you can inspire those who you’ve never met. You could be that teachable moment to parents (and adults alike). It doesn’t necessarily begin every day, but as with anything in life, repetition begets habit. Let’s be determined to start a habit we won’t ever break.

The Bishop’s Lenten Appeal has begun; thank you for your previous generous commitment to our diocesan programs and ministries. Please read the insert which details how your contributions impact the lives of so many here at STM and throughout our area. We are called “to love one another and walk humbly with our God;” let all see that we are God’s servants first. Thank you for prayerfully considering donating to this important effort.

God bless. Fr. Posey

Today's Readings	Daily Mass Intentions
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First Reading	Isaiah 58:7-10
Responsorial:	Psalm 112:4-5, 6-7, 8-9
Second Reading:	1 Corinthians 2:1-5
Gospel:	Matthew 5:13-16

Readings for the Week
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Monday:	Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56
Tuesday:	Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13
Wednesday:	Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23
Thursday:	Gn 2:18-25; Ps 128:1-5; Mk 7:24-30
Friday:	Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37
Saturday:	Gn 3:9-24; Ps 90:2-6, 12-13; Mk 8:1-10
Sunday:	Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Cor 2:6-10; Mt 5:17-37 [20-22a, 27-28, 33-34a, 37]

**REQUEST A MASS INTENTION**

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

**Remember in your prayers the sick of our parish especially:** Judi Adams, Lourdes Batol, Maria Cassidy, Carolina Gomes, Owen Keel, Ann Kelly, Karen Kelly, Barbara Ilacqua, Linda Quinn, Walter Quinn, Adm. Dave Rogers (Ret.), James Saunders, Raymond Sy, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

Join us to pray the Rosary, daily at 11:40am, before the 12:05pm Mass.

<b>Saturday, Feb. 4</b> 5:00pm	Maria Angelica Behm (A)
<b>Sunday, Feb. 5</b>  7:00am 9:00am 11:00am 1:00pm 7:00pm	<b>Fifth Sunday in Ordinary Time; Tu B'Shvat (the Jewish new year of trees) begins at sunset</b> Mike and Beth Blaine Janet Smith (D) Ruth Pecoraro Parishioners Lincoln Landis (D)
<b>Monday, Feb. 6</b> 7:00am 12:05pm	<b>St. Paul Miki and Companions</b> Maureen McNamara (D) Barbara Hickey (D)
<b>Tuesday, Feb. 7</b> 7:00am 12:05pm	Frank and Edie Walusek Marissa Arce
<b>Wednesday, Feb. 8</b>  7:00am 12:05pm	<b>St. Jerome Emiliani; St. Josephine Bakhita; International Day of Prayer and Awareness against Human Trafficking</b> Patricia Ortlip (D) Laszlo Hary (D)
<b>Thursday, Feb. 9</b> 7:00am 12:05pm	Rick and Michele Bueno Maria Arizabal (D)
<b>Friday, Feb. 10</b> 7:00am 12:05pm	<b>St. Scholastica</b> Catarina Sua Thi Nguyen (D) Gregoria Arizabal (D)
<b>Saturday, Feb. 11</b> 9:00am	<b>Our Lady of Lourdes; Blessed Virgin Mary; World Day of the Sick</b> Susan Duffy (D)

**Please pray for those serving our country:**  
Major Timothy P. Blaine, USMC; LTJG. Bradley Buchter, USN; 1st Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Lt. Col. Justin M. Coons, USMC; Pvt. James Gnecco, USA; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; Cpl. Joseph A. Patrick, USMC; Nick Tengtio; Ssg. Ryan Wagner, USAF; Lt. Col Thomas J. Wissler, USMC

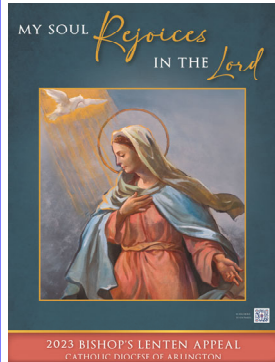
Join us Thursdays at 6:30pm for **Evening Prayer, followed by Benediction and Confessions**. For more information on Vespers, go to <https://bit.ly/39qKNmS>

Stewardship



The Second Collection today is for the Arlington Catholic Herald. Please scan the QR code or go to [www.membership.faithdirect.net/va326](http://www.membership.faithdirect.net/va326)

Thank you for your generous support. Next week's Second Collection will be for our Parish Charities.

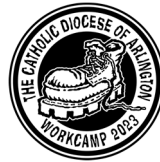


2023 Bishop's Lenten Appeal My soul rejoices in the Lord The 2023 BLA Commitment Sunday is next weekend! Once a year we are asked to make a pledge to support our diocesan programs and ministries which provide services that assist thousands of people in our diocese.



By participating in the BLA, we remember the joy with which Mary responded to God the Father's and gave of herself in truth and purity. We likewise are asked to respond to God's call to serve our brothers and sisters. You may go

online to make a donation at: [www.arlingtondiocese.org/bla](http://www.arlingtondiocese.org/bla) or scan the QR code THANK YOU!



There is a WorkCamp meeting tonight, February 5, at 6:30pm at St. Philip's Catholic Church 7500 St. Philips Court, Falls Church.



The Women's Council invites you to a Lasagna dinner, provided by Aldo's Italian kitchen on Saturday February 11. Dinner is from 6:00 – 8:00 pm in Burke Hall. Cost is \$12.00 per adult and \$6.00 per child and includes: lasagna (kid sized for children), salad, garlic bread, a soft drink and dessert. Beer and wine will be available for sale for \$5.00 per glass for dine in only. You must pre-order by February 8 as there will be limited same-day availability: <https://bit.ly/3jgFuhj>

Lent begins in just two weeks! Ash Wednesday is February 22 and while it is not a Holy Day of Obligation, we invite you to begin the season in prayer. Masses that day will be at 7:00am, 12:05pm, and a bilingual Mass at 7:00pm that evening. Come and be Marked For Life. Save the date for our Lenten Morning Reflection on Saturday, February 25 after the 9:00am Mass.

BEST LENT EVER 2023

Join us for FREE inspiration!

What would happen if you spent the next 40 days creating as many Holy Moments as possible? Find out this Lent.

With Lent just around the corner, we are doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic's BEST LENT EVER program and our hope is that everyone in the parish will join us.

One of the beautiful things about the program is how simple it is. Each day of Lent, you'll receive a short video from bestselling author Matthew Kelly to inspire you and feed your soul. This year's focus is on learning to collaborate with God to create Holy Moments and unlock our soul-potential.

Look for an upcoming email where you can sign up to have your BEST LENT EVER!



During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need. One practical way to achieve this goal is to make the change to eGiving for your parish support.

You can use our parish's online giving platform, Faith Direct, to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:

- Visit [faith.direct/va326](http://faith.direct/va326)
- Call Faith Direct Customer Service at 866-507-8757
- Scan the QR code
- Text "Enroll" to 703-382-5722



After more than 50 years, STM Federal Credit Union is closing in July. Unfortunately, the regulatory burden is like large banks, and we lack volunteers. Our critical need is a new Treasurer with accounting experience, plus additional Board members. If interested in taking over the group, please email [stmfcu@gmail.com](mailto:stmfcu@gmail.com)

## STM SCHOOL "You were Designed for MORE"

[www.stmschool.org](http://www.stmschool.org) 703-528-6781



Our kids show MORE on the hardwoods. Our fabulous Royal basketball teams are doing terrific this season. Great job by all the kids and their amazing coaches.

SPECIAL THANKS TO the parents who drive them all over the diocese for their games!

Here's just a few snapshots to enjoy.

### GO ROYALS!

## RELIGIOUS EDUCATION/ EDUCACIÓN RELIGIOSA

**Registration for the 2022-2023 School year has closed.** Contact Benjamin Paczak at [BPaczak@cathedralstm.org](mailto:BPaczak@cathedralstm.org) or call 703-525-1300, ext. 26. We follow Arlington County Schools for weather closings. Please listen to your local radio for information.

**La inscripción para el curso escolar 2022-2023 se ha cerrado.** Comuníquese con Benjamin Paczak al [BPaczak@cathedralstm.org](mailto:BPaczak@cathedralstm.org) o llame al 703-525-1300, ext. 26.

Nosotros seguimos los cierres por clima de los Escuelas Publicas de Arlington (APS). Por favor para información, escuche la estación de radio local.

## AROUND THE DIOCESE



### Bishop Burbidge Podcasts

<http://bit.ly/3HrFNiL>

Bishop Burbidge discusses March for Life, 'Catechism in a Year', permanent diaconate ordination and more!

Begun on the weekend of November 27-28, 2021 parishes throughout the Diocese will hold the **Forty Hours Devotion throughout the year**. The celebration is part of the Diocesan-wide preparation for the Golden Jubilee in 2024. For a listing of parish dates, go to: [40 Hours Schedule \(arlingtondiocese.org\)](https://www.arlingtondiocese.org/40-hours-schedule)

### [Sign Up For the Diocesan E-Newsletter!](#)

Receive special video messages from our bishop, learn about unique opportunities to get involved.

### Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

Married couples are invited to attend the Mass for World Marriage Sunday at St. Mary of Sorrows Catholic Church in Fairfax on Saturday, February 25, 2023 at 5:00pm, celebrated by the Most Reverend, Michael F. Burbidge. There will be a dinner directly following the Mass for the first 100 couples who RSVP. Register at [arlingtondiocese.org/wms](https://www.arlingtondiocese.org/wms). To learn more, call the Office of Marriage, Family and Respect Life at (703) 841-2550.

**Do you love to cook? Have a special cultural dish you love to share?** The Multicultural Sub-Committee is producing a cookbook including recipes from every culture submitted by you! Recipes will be selected by a diverse panel, and then published in a keepsake cookbook in commemoration of the Diocesan Golden Jubilee. Find out more here and access the submission form: <https://www.arlingtondiocese.org/jubilee-gather-at-the-table>.

## THIS WEEK AT THE CATHEDRAL:

### Sunday, February 5

12:15-1:00pm	Confesiones en Español	Cathedral
6:30pm	WorkCamp Meeting	St. Philip's Church

### Monday, February 6

7:00-8:00pm	English Legion of Mary	School Library
7:00-8:30pm	RCIA	Burke Classroom

### Tuesday, February 7

6:30-8:30pm	Walking With Purpose	School Library
7:00pm	Spanish Mass	Cathedral

### Wednesday, February 8

6:45pm	Religious Education Classes	School
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### Thursday, February 9

12:30-6:30pm	Adoration	Cathedral
6:45pm	Community Evening Prayer, Adoration & Confessions	Cathedral

### Friday, February 10

### Saturday, February 11

3:30pm	Confessions	Cathedral
6:00-8:00pm	Women's Council Italian Dinner	Burke Hall
6:30-7:30pm	Spanish RCIA	Burke Classroom

El Women's Council (Consejo de Mujeres) los invita a la **Cena de Lasagna, proporcionada por Aldo's Italian Kitchen el Sábado, 11 de Febrero.** La cena se servirá de 6:00pm a 8:00pm en el Burke Hall. El costo de la comida es \$12.00 por adultos y \$6.00 por niño e incluye: lasagna (tamaño pequeño para niños), ensalada, pan al ajo, soda y postre. Cerveza y vino estarán a la venta a \$5.00 por vaso solo para cenar. Usted debe hacer su pre-order hasta Febrero 8, en este enlace <https://bit.ly/3jgFuhj> El día del evento las ordenes serán limitadas.

Las parejas casadas pueden unirse a nosotros para celebrar el Domingo Mundial del Matrimonio con el celebrante y homilista, el Reverendísimo Michael F. Burbidge, el sábado 25 de febrero de 2023 a las 5:00 p. m. en la Iglesia Católica St. Mary of Sorrows en Fairfax. Cena de recepción a seguir. Por favor RSVP para la cena. Los asientos se determinarán por orden de llegada. Para obtener más ayuda, llame a la Oficina de Matrimonio, Familia y Respeto a la Vida al (703) 841-2550. Para confirmar su asistencia a la cena, haga clic [AQUÍ](#) La recepción después de la Misa es posible gracias a la generosidad de Familias en Cristo Jesús.



**COMIENZA LA PETICIÓN CUARESMA DEL OBISPO DE 2023** La correspondencia sobre La Petición Cuaresma Del Obispo de 2023 se envió en fecha reciente a los feligreses. El tema es "Mi alma se regocija en el Señor",

empleado también como tema del segundo año preparatorio para el Jubileo diocesano. La Petición Cuaresma Del Obispo financia programas y ministerios al servicio de miles de personas en nuestra diócesis. Con la inspiración del tema de la PETICIÓN CUARESMA DEL OBISPO, hagamos alegremente una promesa de contribución para apoyar el Reino de Dios en nuestra diócesis. Se puede hacer una ofrenda en [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) o escanear el código QR indicado a continuación:

Caridades Católicas de la Diócesis de Arlington ofrece clases de inglés, computación básica, GED, clases de capacitación de empleo y ciudadanía. Las clases están ubicadas en Manassas, Woodbridge, Sterling, Falls Church y virtual con diferentes horarios disponible. Inscripciones empiezan en agosto. Ofrecemos varios niveles de clases. Las clases son de bajo costo por el semestre e incluye el libro. Llame a 571-208-1572 para más información

Únase a nosotros para el Rosario, la Misa y los Martes de Estudio Bíblico a partir de las 6:45 p.m.

MY SOUL *Rejoices*  
IN THE *Lord*



A MESSAGE FROM BISHOP BURBIDGE



As we are now into the second year of preparation leading to the celebration of our diocesan 50-year Jubilee, we are filled with joyful anticipation! So, too, was the Blessed Virgin Mary when the Angel Gabriel appeared to her bringing the news that she was to be the mother of Jesus. Our 2023 Bishop's Lenten Appeal (BLA) theme honors Mary's "yes" and is shared with the theme of the diocesan Jubilee's second preparatory year, *My Soul Rejoices in the Lord*.

I ask you to consider prayerfully a sacrificial pledge to this year's BLA. Your gift will be used to enrich and improve the lives of others and will be an instrument of the joy and peace that only Christ can give!



THE BISHOP'S LENTEN APPEAL:  
*Your* GIFTS AT WORK  
IN OUR DIOCESE!

We seek to imitate the perfect example of our Blessed Mother by proclaiming the greatness of the Lord each day as we live our faith and share our blessings.



The Office of Youth, Campus, and Young Adult Ministries returned to an in-person RALLY with 700+ people participating in this day of faith and fellowship! RALLY is designed to help students deepen their relationship with Christ and love for the Church by participating in a large Catholic celebration with hundreds of their peers.



There are 48 men currently studying for the priesthood, who, God willing, will one day serve in our parishes.



Over 1,500 people across the diocese attended the Diocesan Family Festival to enjoy music, food and attend outdoor Mass with Bishop Burbidge.



Gabriel Project provided prenatal care and support for 383 mothers in need!



Catholic Charities continues to meet the increase of requests for rent/mortgage and utilities assistance, groceries and mental health counseling. The St. Lucy Food Project fulfilled more than 49,394 requests for assistance, distributing over 1.7 million pounds of food last year.

2023 BISHOP'S LENTEN APPEAL  
CATHOLIC DIOCESE OF ARLINGTON

# MY SOUL Rejoices IN THE Lord

## Matching Gift Opportunity!

The Diocese of Arlington has received a challenge gift this year, which we hope will inspire you to make as generous a gift as possible to the 2023 BLA!

The challenge gift will match new or increased donations. So, every dollar donated above your last BLA gift amount will be matched up to \$250,000. And if you are donating for the first time to the BLA, your entire donation will be matched!

## Ways to Give

**Online Giving** - You may make a one-time gift or set up recurring monthly gifts via credit card at our secure site: [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) or scan the QR code below.

**Pledging** - You may make a pledge commitment and send payments throughout the year. You will receive monthly statements until your pledge is completed. The statements include an option to pay by credit card or direct debit.

**Checks** - May be made payable to "Bishop's Lenten Appeal" or "BLA" and mailed to the address below.



Youth Ministry



Campus Ministry



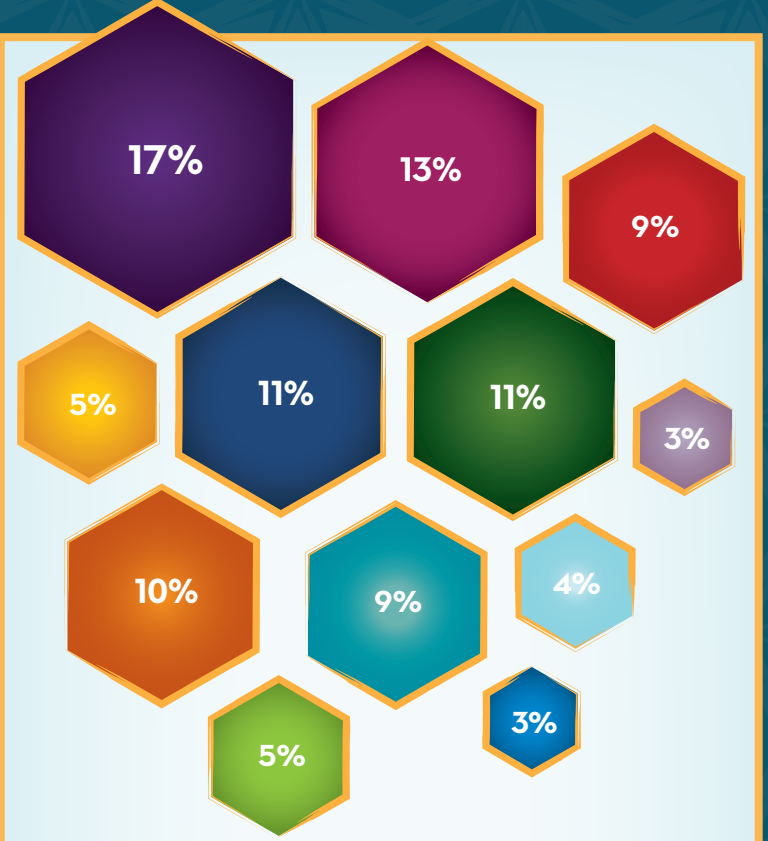
Catholic Charities



Catholic Schools



Multicultural Ministries



100% of all donations received for the BLA are restricted gifts to be used within the diocese for the sole benefit of the programs and ministries outlined below.

- 17%** Seminarian Education and support, Vocation Awareness Programs, Permanent Diaconate Program
- 13%** Programs, offices and ministries that assist our 70 parishes, 6 missions, and 4,600+ parish, school and diocesan personnel
- 11%** Catholic Schools, Office of Divine Worship and Religious Education Programs
- 11%** Office of Youth, Campus and Young Adult Ministries
- 10%** Catholic Charities, parish subsidies and other charitable works that assist people in need
- 9%** Office of Marriage, Family and Respect Life and the Diocesan Tribunal
- 9%** Support to the Virginia Catholic Conference and Chancery offices assisting the Bishop as he leads our parishes and the diocese
- 5%** Diocesan development and communication programs
- 5%** Spanish Apostolate and Multicultural Ministries
- 4%** Evangelization efforts including: INOVA Hospital Ministry, Peace and Justice Commission, Spiritual Assistance Ministry and our Dominican Republic Missions
- 3%** Parish/Diocesan properties and land development
- 3%** San Damiano Spiritual Life Center

*This chart reflects projected 2023 BLA funding for \$20.3 Million which is allocated to these various areas.*

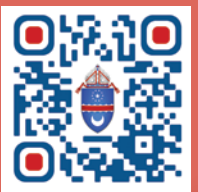
For more information, please call the Bishop's Lenten Appeal office at 703-841-2570 or visit our website at

[www.arlingtondiocese.org](http://www.arlingtondiocese.org)

CATHOLIC DIOCESE OF ARLINGTON  
BISHOP'S LENTEN APPEAL

200 North Glebe Road, Suite 811, Arlington, VA 22203

To make an online gift or pledge, visit [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA)  
Or scan here to make a donation:





# MI ALMA SE *Regocija* EN EL *Señor*



## UN MENSAJE DE MONSEÑOR BURBIDGE



Puesto que ahora nos encontramos en el segundo año de preparación conducente a la celebración de nuestro Jubileo diocesano de los 50 años, nos embarga un sentimiento de jubilosa anticipación. Así también se encontraba la Bienaventurada Virgen María cuando el Ángel Gabriel se le apareció para llevarle la noticia de que ella iba a ser la Madre de Jesús. El tema de nuestra Petición Cuaresmal del Obispo de 2023 presta homenaje al “sí” de María y se comparte con el tema del segundo año preparatorio para el Jubileo diocesano, que es *Mi alma se regocija en el Señor*.

Les pido que, en espíritu de oración y sacrificio, hagan una promesa de contribución a la Petición Cuaresmal del Obispo de este año. Tu donación enriquecerá y mejorará la vida de los demás y se convertirá en un instrumento de alegría y paz que solamente Cristo puede dar.



## ¡ASÍ SE EMPLEAN SUS OFRENDAS EN NUESTRA DIÓCESIS!



La Oficina del Apostolado Hispano sirve a los católicos de lengua española por medio de provisión de recursos a las parroquias, formación de líderes para la catequesis y colaboración con otras oficinas diocesanas, incluso con Caridades Católicas y sus programas de inmigración.



En la actualidad, estudian para el sacerdocio 48 hombres que, si Dios quiere, servirán algún día en nuestras parroquias.



Más 1.500 personas de toda la Diócesis asistieron al Festival Diocesano de las Familias para disfrutar de música y comida y asistir a una Misa campal celebrada por Monseñor Burbidge.



El Proyecto Gabriel prestó atención prenatal y apoyo a 383 madres en situación de necesidad.



Caridades Católicas sigue atendiendo el aumento de solicitudes de asistencia para el pago de alquileres, hipotecas y servicios públicos y para la prestación de servicios de consejería en salud mental. El Proyecto Santa Lucía de Distribución de Alimentos atendió más de 49.300 solicitudes de asistencia y distribuyó más de 1.700.000 libras de alimentos en el año pasado.

# MI ALMA SE Regocija EN EL Señor

## Formas de Compartir sus Dones

**Promesa de contribución** - Los feligreses pueden hacer una promesa de contribución anual y efectuar los pagos correspondientes durante el año. Cuando se hace una promesa de esa clase, la persona recibirá automáticamente estados mensuales a manera de recordatorio hasta que termine de pagar la promesa. Esos estados mensuales muestran una opción de pago con tarjeta de crédito o débito directo.

**Cheques** - Los cheques se deben girar a nombre de "Bishop's Lenten Appeal" o "BLA" es decir, de la Petición Cuaresmal del Obispo, y enviar a BLA Office, 200 North Glebe Road, Suite 811, Arlington, VA 22203.

**Donaciones en línea** - Se puede hacer una ofrenda una sola vez o establecer un sistema de ofrendas mensuales pagaderas con tarjeta de crédito a la Petición Cuaresmal del Obispo de 2023 en nuestro sitio seguro de Internet: [www.arlingtondiocese.org](http://www.arlingtondiocese.org)



Ministerios del Adultos Jóvenes



Escuelas Católicas



Escuelas Católicas



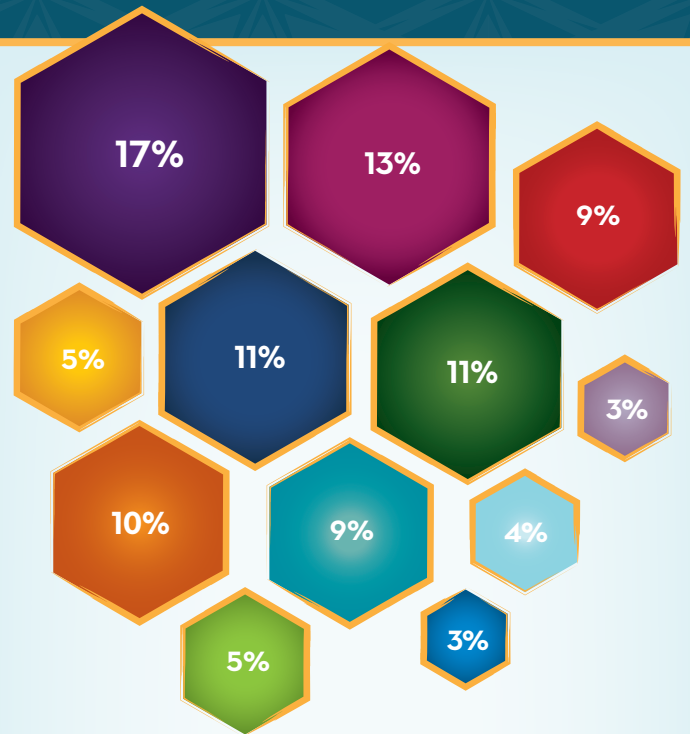
Oficina de Matrimonio, Familia y Respeto por la Vida



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Apostolado Hispano



El 100% de las donaciones recibidas para la Petición Cuaresmal del Obispo está constituido por ofrendas que se deben emplear estrictamente dentro de la Diócesis para el único beneficio de los programas y ministerios indicados a continuación.

- 17%** Educación y apoyo de seminaristas, los Programas de Concientización sobre las Vocaciones y el Programa de Diaconado Permanente
- 13%** Programas, oficinas y ministerios para ayudar a nuestras 70 parroquias y 6 misiones y a más de 4.600 miembros del personal de las parroquias, las escuelas y la Diócesis
- 11%** Escuelas Católicas, Oficina del Culto Divino y Programas de Educación Religiosa
- 11%** Oficina del Ministerio de los Jóvenes, Campus Universitario y Adultos Jóvenes
- 10%** Caridades Católicas, subsidios a las parroquias y otras obras de misericordia que ayudan a las personas necesitadas
- 9%** Oficina de Matrimonio, Familia y Respeto a la Vida y Tribunal Diocesano
- 9%** Apoyo a la Conferencia Católica de Virginia y a las oficinas de la Cancillería que prestan asistencia al Obispo en su liderazgo de nuestras parroquias y de la Diócesis
- 5%** Programas diocesanos de desarrollo y comunicación
- 5%** Apostolado Hispano y Ministerios Multiculturales
- 4%** Actividades de evangelización que incluyen el Ministerio en los Hospitales de INOVA, la Comisión de Paz y Justicia, el Ministerio de Asistencia Espiritual y nuestras misiones en la República Dominicana
- 3%** Propiedades y urbanización de terrenos de las parroquias y la Diócesis
- 3%** Centro San Damiano de Vida Espiritual

Este cuadro refleja el financiamiento de la Petición Cuaresmal del Obispoproyectado para 2023, que asciende a \$20,3 millones asignados a estos diversos campos.

Para más información, sírvanse llamar a la oficina de la Petición Cuaresmal del Obispo al teléfono 703-841-2570 o visitar nuestro sitio web en

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Para hacer una donación o una promesa de contribución en línea, visite [www.arlingtondiocese.org](http://www.arlingtondiocese.org) O escanee aquí en la derecha para hacer una donación:



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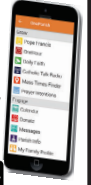
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