



The Cathedral of Saint Thomas More
 3901 Cathedral Lane Arlington, VA 22203
 Most Rev. Michael F. Burbidge, Bishop of Arlington



See Why Your Child is
#DesignedforMORE

Open House January 29 10:30am

JANUARY 29 , 2023
THE FOURTH SUNDAY IN ORDINARY TIME
CELEBRATE CATHOLIC SCHOOLS WEEK

Clergy

Most Rev. Michael F. Burbidge, Bishop of Arlington
 Very Rev. Patrick L. Posey, V.F., Rector
 Rev. Kevin Dansereau, Parochial Vicar
 Rev. Eliberto de Jesus Garcia Pareja, Parochial Vicar
 Rev. Michael D. Weston, In Residence
 Deacon Michael Nugent

Rectory Office Hours: Monday through Friday

9:00am-4:00pm; Closed for lunch 1:00-1:45pm
 Phone: 703-525-1300
 stmparishoffice@cathedralstm.org;
 Website: www.cathedralstm.org

Religious Education

703-525-1300, ext 26

Mr. Benjamin Paczak

School

105 N. Thomas Street
 Arlington, VA 22203
 Phone: 703-528-6781; Fax: 703-518-5048
 www.stmschool.org
 Mrs. Catherine Adams Davis, Principal

Christian Initiation

Rev. Kevin Dansereau 703-525-1300

Music

703-525-1300, ext 31

Fr. Vincent Ferrer Bagan, O.P. Director of Music

Hispanic Apostolate

703-841-3883

200 N. Glebe Road, Ste. 820, Arlington, VA 22203

Sacramental Information

PENANCE:

Thursday 7:00pm to 8:00pm
 Saturday 3:30pm-4:30pm and by appointment;
 Sunday en Español: 12:15pm—1:00pm

BAPTISM AND MATRIMONY: Please contact the Rectory or go to the website for information. In-class preparation is required. Please call the Rectory to register.

ANointing of the SICK: Please contact the Rectory for a priest.

Mass Schedule

Monday-Friday: 7:00am & 12:05pm*
 Tuesdays: 7:00pm (en Español)
 Saturdays: 9:00am*
 Saturday Vigil: 5:00pm
 Sundays: 7:00am, 9:00am, 11:00am*
 1:00pm* (en Español) and
 7:00pm
 Federal Holidays: 10:00am

***LIVE-STREAMED**

Community Evening Prayer: Adoration, Benediction and Confession Every Thursday 6:30-8:00pm

Community Rosary 11:40am before Daily Mass

Parish Staff	From Our Rector
--------------	-----------------

Beth Blaine, Receptionist
bblaine@cathedralstm.org

Patty Kain, Bi-lingual Administrative Assistant
pkain@cathedralstm.org

Maria Stillone, Bookkeeper / Spanish Liaison
mstillone@cathedralstm.org

Tara Quaadman, Rector's Assistant
tquaadman@cathedralstm.org

Nick Slabinski, Business Manager
nslabinski@cathedralstm.org

Christine Kurtzke Hughes, Director of Advancement
chughes@cathedralstm.org

Benjamin Paczak, Director of Religious Education and Youth Ministry
BPaczak@cathedralstm.org

Fr. Vincent Ferrer Bagan, O.P., Director of Music
music@cathedralstm.org

***"Consider your own calling, brothers and sisters."
 1 Corinthians 1:26
 "Pride goes before disaster, and a haughty spirit before a fall." Proverbs 16:18***

The readings today can be seen as one grand lesson in irony. Poor, hungry, and meek people are blessed? Ordinary persons provide better examples of right living than those of "noble birth?" In Jesus' day (and those of St. Paul), these ideas were seen not just as radical but ludicrous. Experience taught that only "the strong survive." War, disease, famine, cruelty, all conspired to break the weak. Rulers exerted power to maintain their position and their own version of strength. Sound familiar? Sadly, history has not changed this mindset much.

The powerful effect of Christ's life, death, and resurrection, dispel these old notions. The Cross becomes not a vehicle of death, but a way towards salvation. We may not be "called," as Saint Paul writes, to be "great," but we can live greatly; we can recognize the dignity of all because God has created all. The irony of the Beatitudes is that they lift those who society thinks little of, directing us to a life many would find difficult. And at times, it is difficult; but ultimately, they lead us to life eternal with our Father.

Today begins Catholic Schools Week and for almost 80 years, our Cathedral School has been dedicated to being More for our faculty, students, and their families. STM has been recognized for its academic excellence by the U.S. Department of Education as a Blue Ribbon School, but most importantly, it is seen by our community as a place where children grow to be MORE: in their faith, in their academics, and in their social well-being. Rather than just another building in the parking lot, STM is at the heart of our parish. We all play a role in its success: through prayer and financial support. Along with their parents, we are charged with investing in their education; it is part of our calling.

I am grateful to Principal Cathy Davis, Assistant Principal Nelda Thomas, and our faculty and staff who work every day bringing each child closer to their God-given potential. Most especially, I thank our parents who continue to entrust us with their most precious gift.

God bless. Fr. Posey

EXPLORE MORE at THE CATHEDRAL!
WELCOME and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to [Registration - Cathedral of St. Thomas More \(cathedralstm.org\)](http://cathedralstm.org)



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**Bulletin deadline is two weeks prior to publication date.
 Please send submissions to <https://bit.ly/2YDnyPH>**

Today's Readings

First Reading	Zephaniah 2:3; 3:12-13
Responsorial:	Psalm 146: 6-7, 8-9, 9-10
Second Reading:	1 Corinthians 1:26-31
Gospel:	Matthew 5:1-12a

Readings for the Week

Monday:	Heb 11:32-40; Ps 31:20-24; Mk 5:1-20
Tuesday:	Heb 12:1-4; Ps 22:26b-28, 30-32; Mk 5:21-43
Wednesday:	Heb 12:4-7, 11-15; Ps 103:1-2, 13-14, 17-18a; Mk 6:1-6
Thursday:	Mal 3:1-4; Ps 24:7-10; Heb 2:14-18; Lk 2:22-40 [22-32]
Friday:	Heb 13:1-8; Ps 27:1, 3, 5, 8b-9; Mk 6:14-29
Saturday:	Heb 13:15-17, 20-21; Ps 23:1-6; Mk 6:30-34
Sunday:	Is 58:7-10; Ps 112:4-9; 1 Cor 2:1-5; Mt 5:13-16

REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>

Remember in your prayers the sick of our parish especially: Lourdes Batol, Maria Cassidy, Carolina Gomes, Owen Keel, Ann Kelly, Karen Kelly, Barbara Ilacqua, Linda Quinn, Walter Quinn, Adm. Dave Rogers (Ret.), James Saunders, Raymond Sy, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

Join us to pray the Rosary, daily at 11:40am, before the 12:05pm Mass.

Daily Mass Intentions

Saturday, Jan. 28	
5:00pm	Susan Duffy (D)
Sunday, Jan. 29	Fourth Sunday in Ordinary Time; Catholic Schools Week
7:00am	Parishioners
9:00am	Thomas Francis Mailey (D)
11:00am	Margaret Glavin (D)
1:00pm	Maria Simona Bejarano (D)
7:00pm	Courtney Kampa (D)
Monday, Jan. 30	
7:00am	Very Rev. Jamie Workman
10:00am	Mario B. Valdez (D)
Tuesday, Jan. 31	St. John Bosco
7:00am	Christine Vaughan & Family Members (D)
12:05pm	Maria R. Polio (D)
Wednesday, Feb. 1	
7:00am	Florian Hofer (D)
12:05pm	George Polio (D)
Thursday, Feb. 2	The Presentation of the Lord; World Day for Consecrated Life; Groundhog Day
7:00am	Dante Jocson (D)
12:05pm	James Yurick (D)
Friday, Feb. 3	St. Blase; St. Ansgar; First Friday; Blessing of throats
7:00am	Flash Streeeter
12:05pm	Courtney Kampa (D)
Saturday, Feb. 4	Blessed Virgin Mary; First Saturday
9:00am	Felicia Ico (D)

Please pray for those serving our country:
Major Timothy P. Blaine, USMC; LTJG. Bradley Buchter, USN; 1st Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Lt. Col. Justin M. Coons, USMC; Pvt. James Gnecco, USA; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; Cpl. Joseph A. Patrick, USMC; Nick Tengtio; Ssg. Ryan Wagner, USAF; Lt. Col Thomas J. Wissler, USMC

Join us Thursdays at 6:30pm for **Evening Prayer, followed by Benediction and Confessions**. For more information on Vespers, go to <https://bit.ly/39qKNms>

Stewardship

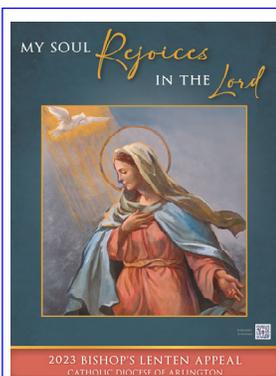


The Second Collection today is for our award winning School. Your stewardship is a blessing! By investing in our students, you are making an investment not only in their future, but ours! These students can go on to fulfill their God-given potential, becoming MORE for others. Whether or not you have children, or they ever attended STM, it is our responsibility as Catholics to provide for their formation and education. Please scan the QR code or go to www.membership.faithdirect.net/va326 Thank you for your generous support. Next week's Second Collection will be for the Arlington Catholic Herald.

Lent begins in just three weeks! Ash Wednesday is February 22 and while it is not a Holy Day of Obligation, we invite you to begin the season in prayer. Masses that day will be at 7:00am, 12:05pm, and a bilingual Mass at 7:00pm that evening. Come and be Marked For Life.



There is a WorkCamp meeting next Sunday, February 5 at 6:30pm at St. Philip's Catholic Church 7500 St. Philips Court, Falls Church.



2023 Bishop's Lenten Appeal The 2023 BLA mailing was recently sent to parishioners. The theme is "My soul rejoices in the Lord," which is shared with the second preparatory year of the Diocesan Jubilee. The BLA funds programs and ministries that serve thousands of people in our diocese. Through the inspiration of the BLA theme, let us joyfully



make a pledge to support God's Kingdom in our diocese! You may make a gift at: www.arlingtondiocese.org/BLA or scan the QR code. THANK YOU!

Do you have an hour to give to the Lord? We invite you to commit to Adoration each Thursday anytime between 12:30pm to 6:30pm. We have a special need to fill the 3:30-4:30 and 4:30-5:30 time slots. Those who can commit to the 5:30 to 6:30PM period are encouraged to stay for evening prayers and Benediction. "The rediscovery of prayer in various forms, and particularly Eucharistic Adoration, is a source of hope for the Church to grow and take root." Pope Francis

Did you know that with our Parish subscription to FLOCKNOTE, we have access to Bishop Barron's Word on Fire videos? Here you're able to access amazing content on the Sacraments, topical discussions, homilies from Bishop Barron and more! Flocknote is our email provider. In addition to important announcements, mass reminders you'll have faith resources like above. Now more than ever, we need our parish family. This is a great tool for ministry leaders to communicate with their volunteers as well! Sign up at https://cathedralstm.flocknote.com/ or text keyword "STMCathedral" to 84576

We know you love STM but sometimes you can't be here in person. Share your love and commitment by ensuring your partnership continues. Faith Direct is Safe, Secure & Simple. Go to https://membership.faithdirect.net/va326

Free COVID Testing Kits Order 4 free at-home tests; will usually ship in 7-12 days. https://special.usps.com/testkits . Kits de prueba COVID gratuitos Ordene 4 pruebas gratuitas en el hogar; por lo general, se enviará en 7-12 días. https://special.usps.com/testkits

Are you looking to get more involved at the Cathedral? You can find MORE by volunteering at the Cathedral. View opportunities at www.cathedralstm.org or contact the Office at 703-525-1300.



DIVINE MERCY CHAPLET Join the STM Divine Mercy Group to pray the Chaplet on weekdays 15 minutes after the conclusion of the 12:05pm Daily Mass.

Support after abortion can be found at Project Rachel. There is hope. There is help. If you or someone you know is suffering, please contact Project Rachel at 703-841-2504 or 1-888-456-HOPE or email info@helpafterabortion.org En Espanol: 888-456-HELP For men suffering from an abortion, please contact our confidential men's helpline: 703-841-3833. For information on retreats and other resources, go to https://www.arlingtondiocese.org/helpafterabortion/

ST. THOMAS MORE CATHEDRAL SCHOOL AT A GLANCE



20% of students in a military family

16:1

Student:Teacher Ratio



470

Students Enrolled



Average class size - 22 students



Student body is 80% Catholic



1st elementary school to design, build, test and launch a CubeSatellite into space in conjunction with a NASA partnership



30% of students receive financial aid

45+

45+ after school enrichment activities, including CYO sports, scouts and clubs



50% of faculty obtained a graduate degree or higher

30%

approximate percentage of students who identify as a minority.



RELIGIOUS EDUCATION/ EDUCACIÓN RELIGIOSA

Registration for the 2022-2023 School year has closed. Contact Benjamin Paczak at BPaczak@cathedralstm.org or call 703-525-1300, ext. 26. We follow Arlington County Schools for weather closings. Please listen to your local radio for information.

La inscripción para el curso escolar 2022-2023 se ha cerrado. Comuníquese con Benjamin Paczak al BPaczak@cathedralstm.org o llame al 703-525-1300, ext. 26.

Nosotros seguimos los cierres por clima de los Escuelas Publicas de Arlington (APS). Por favor para información, escuche la estación de radio local.

AROUND THE DIOCESE



Bishop Burbidge Podcasts

<http://bit.ly/3HrFNiL>

Bishop Burbidge discusses March for Life, 'Catechism in a Year', permanent diaconate ordination and more!

Begun on the weekend of November 27-28, 2021 parishes throughout the Diocese will hold the **Forty Hours Devotion throughout the year**. The celebration is part of the Diocesan-wide preparation for the Golden Jubilee in 2024. For a listing of parish dates, go to: [40 Hours Schedule \(arlingtondiocese.org\)](https://www.arlingtondiocese.org/40-hours-schedule)

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved.

Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

Married couples are invited to attend the Mass for World Marriage Sunday at St. Mary of Sorrows Catholic Church in Fairfax on Saturday, February 25, 2023 at 5:00pm, celebrated by the Most Reverend, Michael F. Burbidge. There will be a dinner directly following the Mass for the first 100 couples who RSVP. Register at [arlingtondiocese.org/wms](https://www.arlingtondiocese.org/wms). To learn more, call the Office of Marriage, Family and Respect Life at (703) 841-2550.

Do you love to cook? Have a special cultural dish you love to share? The Multicultural Sub-Committee is producing a cookbook including recipes from every culture submitted by you! Recipes will be selected by a diverse panel, and then published in a keepsake cookbook in commemoration of the Diocesan Golden Jubilee. Find out more here and access the submission form: <https://www.arlingtondiocese.org/jubilee-gather-at-the-table>.



**LEARN
MORE**



**BELIEVE
MORE**



**SERVE
MORE**



**BECOME
MORE**



STM Women's Council Italian Dinner

February 11, 2023

6:00 - 8:00 pm

The Women's Council invites you to a Lasagna dinner, featuring Aldo's Italian Kitchen on Saturday February 11, 2023. Dinner will be served from 6:00 – 8:00 pm in Burke Hall.

An Adult meal for \$12.00 includes a 4x4 inch portion of lasagna, salad, garlic bread, a soft drink and dessert.

A child meal for \$6.00 includes a 4x2 inch portion of lasagna, salad, garlic bread, a soft drink and dessert.

Beer and wine will be available for sale for \$5.00 per glass for dine in only.

Pre-order pickup begins at 5:30 pm.

For more information, please contact Sue Wissler at 703-470-9339.



***featuring
Aldo's Italian
Kitchen Lasagna***

***Dine in or Take Out options
go to the Cathedral website to pre-order your
dinner by Wednesday, February 8***

THIS WEEK AT THE CATHEDRAL: CATHOLIC SCHOOLS WEEK

Sunday, January 29		
9:00am	Opening Mass for Catholic Schools Week	Cathedral
12:15-1:00pm	Confesiones en Español	Cathedral
Monday, January 30		
7:00-8:00pm	English Legion of Mary	School Library
7:00-8:30pm	RCIA	Burke Classroom
Tuesday, January 31		
6:30-8:30pm	Walking With Purpose	School Library
7:00pm	Spanish Mass	Cathedral
Wednesday, February 1		
6:45pm	Religious Education Classes	School
Thursday, February 2		
12:30-6:30pm	Adoration	Cathedral
6:45pm	Community Evening Prayer, Adoration & Confessions	Cathedral
Friday, February 3		
Saturday, February 4		
3:30pm	Confessions	Cathedral
6:30-7:30pm	Spanish RCIA	Burke Classroom

Las parejas casadas pueden unirse a nosotros para celebrar el Domingo Mundial del Matrimonio con el celebrante y homilista, el Reverendísimo Michael F. Burbidge, el sábado 25 de febrero de 2023 a las 5:00 p. m. en la Iglesia Católica St. Mary of Sorrows en Fairfax. Cena de recepción a seguir. Por favor RSVP para la cena. Los asientos se determinarán por orden de llegada. Para obtener más ayuda, llame a la Oficina de Matrimonio, Familia y Respeto a la Vida al (703) 841-2550. Para confirmar su asistencia a la cena, haga clic [AQUÍ](#) La recepción después de la Misa es posible gracias a la generosidad de Familias en Cristo Jesús.



COMIENZA LA PETICIÓN CUARESMAL DEL OBISPO DE 2023

La correspondencia sobre La Petición Cuarestral Del Obispo de 2023 se envió en fecha reciente a los feligreses. El tema es “Mi alma se regocija en el Señor”,

empleado también como tema del segundo año preparatorio para el Jubileo diocesano. La Petición Cuarestral Del Obispo financia programas y ministerios al servicio de miles de personas en nuestra diócesis. Con la inspiración del tema de la PETICIÓN CUARESMAL DEL OBISPO, hagamos alegremente una promesa de contribución para apoyar el Reino de Dios en nuestra diócesis. Se puede hacer una ofrenda en www.arlingtondiocese.org/BLA o escanear el código QR indicado a continuación:

Tienes una hora para Dios? Nosotros te invitamos a comprometerte a la Adoración todos los Jueves entre 12:30 p.m. y 6:30 p.m., en la hora que mejor sea para usted. Nosotros tenemos una necesidad especial de llenar las horas de 3:30 – 4:30 p.m. y 4:30 – 5:30 p.m. A quienes que se puedan comprometer al período de 5:30 p.m. to 6:30 p.m., los animamos a que participen en la noche de oración y Bendición.

“El redescubrimiento de la oración en sus diversas formas, y en particular de la Adoración Eucarística, es fuente de esperanza para que la Iglesia crezca y se arraigue”.
Papa Francisco

Caridades Católicas de la Diócesis de Arlington ofrece clases de inglés, computación básica, GED, clases de capacitación de empleo y ciudadanía. Las clases están ubicadas en Manassas, Woodbridge, Sterling, Falls Church y virtual con diferentes horarios disponible. Inscripciones empiezan en agosto. Ofrecemos varios niveles de clases. Las clases son de bajo costo por el semestre e incluye el libro. Llame a 571-208-1572 para más información

Únase a nosotros para el Rosario, la Misa y los Martes de Estudio Bíblico a partir de las 6:45 p.m.

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