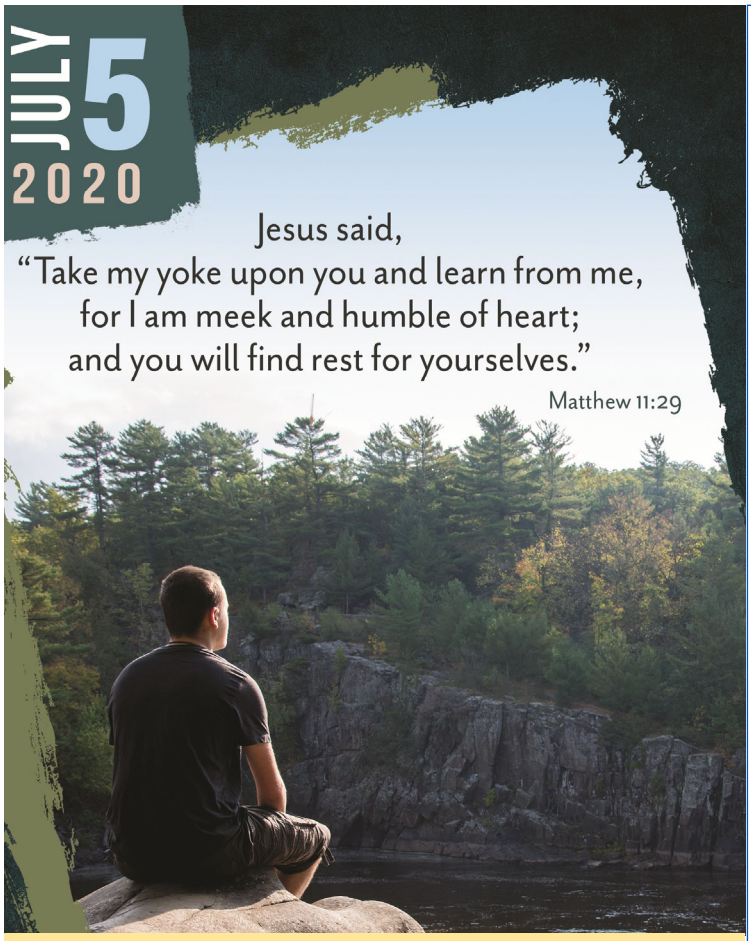
The Cathedral of Saint Thomas More

3901 Cathedral Lane Arlington, VA 22203
Most Rev. Michael F. Burbidge, Bishop of Arlington



FOURTEENTH SUNDAY IN ORDINARY TIME

Clergy
Most Rev. Michael F. Burbidge, Bishop of Arlington
Very Rev. Patrick L. Posey, V.F., Rector
Rev. Kevin Dansereau, Parochial Vicar
Rev. Michael Isenberg, In Residence

Rectory Office Hours: Monday through Friday
9:00am-1:00pm; 1:45-4:00pm
Phone: 703-525-1300; Fax: 703-528-5760
stmparishoffice@cathedralstm.org
Website: www.cathedralstm.org

Religious Education 703-525-1300, ext 28

School
105 N. Thomas Street
Arlington, VA 22203
Phone: 703-528-6781; Fax: 703-518-5048
www.stmschool.org
Mrs. Catherine Adams Davis, Principal

Christian Initiation
Please call the Rectory 703-525-1300

Music Ministry 703-525-1300, ext 35
Dr. Richard P. Gibala, Director of Music

Hispanic Apostolate 703-841-3883
200 N. Glebe Road, Arlington, VA 22203

Sacramental Information

PENANCE: Thursday 7:30pm to 8:30 pm
Saturday 4:00-5:00pm and by appointment;
Sunday En español: 12:15pm—12:45pm

BAPTISM AND MATRIMONY: Please contact the Rectory or go to the website for information. In-class preparation is required. Please call Rectory to register.

ANOINTING of the SICK: Please contact the Rectory for a priest.

Mass Schedule

PHASE 2 ADJUSTED MASS SCHEDULE

Monday-Friday: 7:00am & 12:05pm
Saturdays: 9:00am
Saturday Vigil: 5:30pm
Sundays: 7:00, 9:30am, 12:45 en Espanol

The 9:30am Mass will be live-streamed

The Rosary: Monday-Friday at 11:40am

Parish Staff

Beth Blaine, Receptionist
secretary1@cathedralstm.org

Maria Stillone, Bookkeeper / Spanish Liaison
mstillone@cathedralstm.org

Tara Quaadman, Rector's Assistant
tquaadman@cathedralstm.org

Steve Schemmel, Business Manager
sschemmel@cathedralstm.org

Christine Kurtzke Hughes, Director of Advancement
advancement@cathedralstm.org

Maria Paniagua, Youth Ministry &
Religious Education Interim Director
ym@cathedralstm.org

Dr. Richard Gibala, Director of Music
rickpgibala@gmail.com

EXPLORE MORE at THE CATHEDRAL!

WELCOME and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to https://www.cathedralstm.org/about/registration/

Follow us on:

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twitter.com/CathedralSTMVA

instagram.com/cathedralofsaintthomasmore

Bulletin deadline is two weeks prior to publication date. Please go to https://bit.ly/2YDnyPH for bulletin, lector and Cathedral Connection submissions.

From Our Deacon

I am sure we have all had a close friend or a loved one say to us after a long day or a long week of work: "[Y}ou seem tired, go relax and take some time for yourself!" We appreciate when people know us well enough to recognize that we are tired and need some personal rest and relaxation. Fourth of July weekend is upon us and many of us are in "R &R" mode as we cautiously (now that we are in Phase 3 of reopening) prepare for evening barbeques, weekend getaways, and perhaps even family vacations. You can be sure that Father Isenberg will be grilling up some BBQ here at the Cathedral rectory!

Rest from work and the daily routine is good and necessary for us as human beings. We need our dinners with friends, holiday weekends, family vacations, and movie nights. However, in our Gospel this Sunday, Jesus invites us to a different kind of "R&R" when we are tired, weary, overwhelmed, and discouraged at the world around us. Jesus says, "Come to me, all you who labor and are burdened, and I will give you rest… and you will find rest for yourselves" (Mt 11:29-30). In other words, Jesus (my closest friend and loved one) says to my worn-down soul, "you seem tired, come relax and rest… take some time with Me."

Every Sunday is a reminder that our true rest and leisure is found in God Himself. In our fast-paced Northern Virginia life, it can be easy to make work and our "to-do list" the top priority. Then when we do make time for our R & R, we find ourselves reaching only for the TV remote, the soda, or the car keys. Today our Lord reminds us to reach out to Him as well, to "find rest for ourselves." You may ask, how do we "come to Him" for rest? As Catholics the Mass is our greatest prayer and our greatest rest for our soul. But we can also pray by simply lifting up our heart and mind to God at any moment during the day. When we pray we truly rest our burdens on God. Perhaps in the middle of this holiday weekend, take a moment to thank God for something beautiful in your life; to ask for His help in discouragement; to petition Him for a special gift; or to find His comfort in your favorite scripture passage. From personal experience, I can promise that afterwards you will find true rest for your soul.

Happy Fourth of July!

God Bless. Deacon Jonathan

Today's Readings

First Reading:	Zec 9:9–10
Responsorial:	Ps 145:1–2, 8–9, 10–11, 13–14
Second Reading:	Rom 8:9, 11–13
Gospel:	Mt 11:25–30

Readings for the Week

Monday:	Hos 2:16, 17b-18, 21-22; Ps 145:2-9; Mt 9:18-26
Tuesday:	Hos 8:4-7, 11-13; Ps 115:3-10; Mt 9:32-38
Wednesday:	Hos 10:1-3, 7-8, 12; Ps 105:2-7; Mt 10:1-7
Thursday:	Hos 11:1-4, 8e-9; Ps 80:2ac, 3b, 15-16; Mt 10:7-15
Friday:	Hos 14:2-10; Ps 51:3-4, 8-9, 12-14, 17; Mt 10:16-23
Saturday:	Is 6:1-8; Ps 93:1-2, 5; Mt 10:24-33
Sunday:	Is 55:10-11; Ps 65:10-14; Rom 8:18-23; Mt 13:1-23 [1-9]

Please pray for those serving our country:
Captain Timothy P. Blaine, USMC; Louis Crishock; FSO, Pvt.F.C. Dylan Cate, USA; 2Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Major Justin M. Coons, USMC; COL Richard Creed, USA; MASN Patrick Fischer, USN; 1st Lt. James Law, USMC; LCpl Joseph A. Patrick, USMC; Pvt. Killian Smet, ARNG; Nick Tengtio; SSg. Ryan Wagner, USAF; Major Thomas J. Wissler, USMC; Capt. Evan J. Wright, USAF.

REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300.

Your offering can be mailed or done online at https://membership.faithdirect.net/VA326

Daily Mass Intention

Saturday, July 4	**Independence Day**
5:30pm	Parishioners
Sunday, July 5	***Fourteenth Sunday in Ordinary Time***
7:00am	Peter Hladish (D)
9:30am	Michele Casey Bueno
11:00am	Raymond Fioramonti (D)
12:45pm	Celebrant's Intention
5:00pm	Boris Longin (D)
Monday, July 6	**St, Maria Goretti**
7:00am	John Kohlhaas (D)
12:05pm	James Bradshaw (A)
Tuesday, July 7	
7:00am	Brian Fimian (D)
12:05pm	Dominic Hung Nguyen
Wednesday, July 8	
7:00am	Karen Larsen (D)
12:05pm	Laszlo F. Hary
Thursday, July 9	**St. Augustine Zhao Rong and Companions**
7:00am	Lillian Madan-Gamble (D)
12:05pm	Patrick McDonald (D)
Friday, July 10	
7:00am	Bill Commins
12:05pm	Katherine Beutner
Saturday, July 11	**St. Benedict**
9:00am	Raymond Fioramonti (D)

Remember in your prayers the sick of our parish especially: Lourdes Batol, Jim Fitzwater, John Ford, Joan Janaro, Owen Keel, Karen Kelly, Andrew Pinella, James Saunders, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, and also to remove a name from the list.

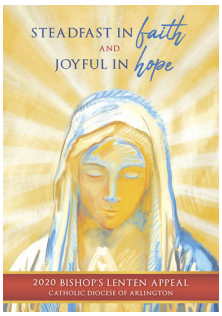
Please remember to pray for our health care workers, first responders and all essential employees who continue to keep us safe, care for us, and provide us with life's necessities.

Around the Cathedral

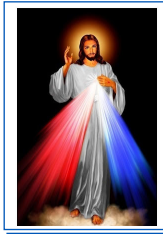
Stewardship

"For my yoke is easy, and my burden light." (Matthew 11:30)

When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent, and treasure. However, we must remember that we are not "owners" of anything, we are merely "stewards" of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.



Please consider making a gift to the BLA, which provides much-needed support throughout our diocese. To date, we are 82% towards our goal of $252,000 with $207,000 pledged. Thank you to those who have made a gift. Make your gift today: https://bit.ly/2yBgiL7



DIVINE MERCY CHAPLET

You can still continue to pray the Divine Mercy Chaplet on your own! Make an effort to offer this prayer to Jesus daily.

Pro Life Corner

Are you pregnant? Do you need help?
Gabriel Project Pregnancy Assistance Ministry:
866-444-3553 or 703-841-3810
www.h4pw.org / info@h4pw.org

Today, lighting a candle for your intention is difficult. At the Cathedral you can have a priest light one for you! You may light a candle for a day or three days. Go to https://membership.faithdirect.net/VA326 to arrange for your candle. This service is free, though we do encourage a donation of $5 per candle to assist with the costs of maintaining the candles.

Around the Diocese

Retreat for Adult Children of Divorce

Recovering Origins is a unique healing retreat for adult children of divorce. Retreatants will discover their identity as children of God. The retreat will include presentations, adoration, confession, small group sharing, and daily Mass. Retreatants will receive insight into dealing with the earthly realities of their parents' divorce. Whether you have struggled with this issue for a long time or have tried not to think about it, we invite you to join us on retreat this summer. The retreat will be held from Friday, August 21 (6 p.m.)-Sunday, August 23 (1:30 p.m.) at San Damiano Spiritual Life Center in White Post, VA. Register at www.arlingtondiocese.org/recoveringorigins. Cost is $350 before July 31. Late registration is $400.

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up here: http://bit.ly/CDAsignup

STM SCHOOL "You were Designed for MORE" PRE-K OPENINGS! PRE-KINDER APERTURA!

We are excited to announce that, due to increasing demand, we will include a second classroom for 2020-21. Dismissal options are 12:45pm, 3:15pm or 6pm.

We will be accepting children who will turn 4 by January 31, 2021. They must be potty trained. Please share! The application is online at www.stmschool.org and easy to submit. Contact jmcdermitt@stmschool.org with any questions.

Debido a la alta demanda, nosotros estamos contentos de anunciar, que incluiremos una segunda clase de Pre-Kinder para el año 2020-2021 con tres diferentes horas de salida para escoger: 12:45pm, 3:15pm y 6pm.

Nosotros comenzaremos a aceptar niños que tengan 4 años cumplidos para el 31 de enero del 2021. No deben estar usando panales. Por favor circule esta información si usted conoce a alguien interesado en registrar a sus hijos este otoño. Las aplicaciones para registrarse están disponibles en el sitio online de la escuela www.stmschool.org las cuales son facil de enviar. Contacte jmcdermitt@stmschool.org si tiene preguntas.

Religious Education

Parents of children in grades Kindergarten through High School are invited to register their children for Religious Education classes for the 2020-2021 school year. Registrations begin You may register on our website www.cathedralstm.org or visit the parish office Tuesdays-Thursdays from 11 am-4 pm.

Sacramento del Bautizo. Llame a la Rectoria para obtener informacion sobre los bautizos. (Los padres deben estar registrados en la parroquia). No se pone fecha a los bautizos hasta que todos los documentos esten completos. Los Bautizos en espanol son el tercer Sabado del mes.

Educacion religiosa y preparacion sacramental para la primera comunion y la confirmacion para ninos. Contactar a la oficina de education religiosa o (CCD) 703-525-1300.

Rito de iniciacion Cristiana y Sacramentos para adultos (RICA). Contactar al Padre Christensen 703-525-1300.

Sacramento del Matrimonio. Las regulaciones de la Diocese requieren que se ponga en contacto con uno de los sacerdotes de la iglesia al menos seis meses antes de la fecha que quiere casarse. Contacte al Padre Christensen al 703-525-1300.

Uncion de los enfermos. Llame a las ofcinas de la parroquia.
Comunion para los enfermos. Favor de comunicarse con la Sra. Estela Nunez al 703-932-7282.

Hospitalización. Por favor notifique a la oficina de la parroquia si usted está en el hospital. Por ley los hospitals no lo pueden hacer.

Educacion Religiosa

Se invita a los padres de niños en los grados de kínder a la secundaria para que inscriban a sus hijos en las clases de Educación Religiosa para el año escolar 2020 -2021. Las inscripciones Comienzan esta semana. Puede registrarse en Julio web www.cathedralstm.org o visitar la oficina de la parroquia de martes-jueves de 11 am a 4 pm.

Horario de las Misas
Domingo en la mañana misas en ingles: 8:00AM, 9:30 AM, 11:00 AM
Misa del domingo en español: 12:45 PM
Domingo en la tarde: 5:00 PM (Ingles)
Lunes a viernes 7:00 AM (Ingles) & 12:05 PM (Ingles)
Sábado en la mañana: 9:00 AM (Ingles)
Confesiones. Jueves 7:30—8:30pm; primer y segundo domingo del mes despúes de la misa en español y sabados de 4:00 a 5:00 pm.
Adoración Eucarística
Jueves : 12:30—8:30 pm

Coordinador de los lectores. Sr. Sigfrido Oller 703-371-3694.
Coordinador de los Ujieres. Sr. Fidel Santos 703-209-2756.
Coordinador de los Monagillos.
Padre Christensen 703-525-1300.
Coordinadora del grupo de oracion.
Maria Victoria Pineda 703-920-5808.
Ministerio de la musica. Si desea ser parte del coro de la iglesia comuniquese el Sr. Marco Castillo al 703-409-9175

THIS WEEK AT THE CATHEDRAL

Please note that Burke Hall will be closed to all functions and meetings during Phases 1 and 2.
Thank you for your patience and understanding.

Sunday, July 5		
7:00am	Mass	Cathedral
9:30am	Welcome Father Dansereau Mass	Cathedral
12:15—12:45pm	Confesiones en Espanol	Cathedral
12:45pm	Misa en Espanol	Cathedral
Monday, July 6		
7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass	Cathedral
Tuesday, July 7		
7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass	Cathedral
Wednesday, July 8		
7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass	Cathedral
Thursday, July 9		
7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass	Cathedral
12:30—8:00pm	Eucharistic Adoration	Cathedral
7:30-8:00pm	Confessions	Cathedral
Friday, June 10		
7:00am	Daily Mass	Cathedral
12:05pm	Daily Mass	Cathedral
Saturday, July 11		
9:00am	Daily Mass	Cathedral
4:00-5:00pm	Confessions	Cathedral
5:30pm	Sunday Vigil Mass	Cathedral

MORE from Our Diocese

Bishop Burbidge Podcasts
Listen here: https://bit.ly/2Viwbi5

Diocesan Events

Please go to https://www.arlingtondiocese.org/all-events/ for the most update information on canceled or postponed events.

Mass for Silver or Gold Wedding Anniversaries

Were you married in 1970 or 1995? Then join Bishop Burbidge for the 2020 Mass for Jubilarians to be celebrated on Sunday, October 4th at 2:30pm at the Cathedral.

Contact the parish office to register no later than September 18th. For more information, please click on the link below:

https://secure4.arlingtondiocese.org/Marriage_Jubilee_Mass/