



The Cathedral of Saint Thomas More
 3901 Cathedral Lane Arlington, VA 22203
 Most Rev. Michael F. Burbidge, Bishop of Arlington



The bread that we break, is it not a participation in the body of Christ?
 Because the loaf of bread is one, we, though many, are one body,
 for we all partake of the one loaf.
 1 Corinthians 10:16-17



**THE MOST HOLY
 BODY AND BLOOD
 OF CHRIST**

JUNE 14, 2020

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Clergy

Most Rev. Michael F. Burbidge, Bishop of Arlington
 Very Rev. Patrick L. Posey, V.F. Rector
 Rev. Christopher Christensen, Parochial Vicar
 Rev. Michael Isenberg, In Residence
 Rev. Ghenghan Mbinkar, In Residence

Rectory Office Hours: Monday through Friday

9:am-1:00pm; 1:45-4:00pm
 Phone: 703-525-1300; Fax: 703-528-5760
 stmparishoffice@cathedralstm.org
 Website: www.cathedralstm.org

Religious Education

Phone: 703-525-1300, ext 28

School

105 N. Thomas Street
 Arlington, VA 22203
 Phone: 703-528-6781; Fax: 703-518-5048
 www.stmschool.org
 Mrs. Catherine Adams Davis, Principal

Christian Initiation

Rev. Christopher Christensen Phone: 703-525-1300
 frcc@cathedralstm.org

Music Ministry

Phone: 703-525-1300, ext 35
 Dr. Richard P. Gibala, Director of Music

Hispanic Apostolate

Phone: 703-841-3883
 200 N. Glebe Road, Arlington, VA 22203

Sacramental Information

PENANCE: Thursday 7:30pm to 8:30 pm
 Saturday 4:00-5:00pm and by appointment;
 Sunday En español: 12:15pm—12:45pm

BAPTISM AND MATRIMONY: Please contact the
 Rectory or go to the website for information. In-class
 preparation is required. Please call Rectory to register.

ANOINTING of the SICK: Please contact the
 Rectory for a priest.

BULLETIN DEADLINE: Submissions should be sent to
 advancement@cathedralstm.org 14 days prior to
 publication.

Mass Schedule

PHASE 1 ADJUSTED MASS SCHEDULE

Monday-Friday: 7:00am & 12:05pm
 Saturdays: 9:00am
 Saturday Vigil: 5:30pm
 Sundays: 7:00, 9:30am, 12:45 en Espanol

Pre-Recorded Sunday Mass available for viewing
 Saturday afternoon

The Rosary: Monday-Friday at 11:40am

Parish Staff

Beth Blaine, Receptionist
secretary1@cathedralstm.org

Maria Stillone, Bookkeeper / Spanish Liaison
mstillone@cathedralstm.org

Tara Quaadman, Rector's Assistant
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Steve Schemmel, Business Manager
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Christine Kurtzke Hughes, Director of Advancement
advancement@cathedralstm.org

Maria Paniagua, Youth Ministry &
Religious Education Interim Director
ym@cathedralstm.org

Dr. Richard Gibala, Director of Music
rickgibala@gmail.com

Today's Readings

First Reading:	Deuteronomy 8: 2-3, 14b-16a
Responsorial:	Psalms 147: 12-13, 14-15 19-20
Second Reading:	1 Corinthians 10: 16-17
Gospel:	John 6: 51-58

Readings for the Week

Monday:	1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7; Mt 5:38-42
Tuesday:	1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16; Mt 5:43-48
Wednesday:	2 Kgs 2:1, 6-14; Ps 31:20, 21, 24; Mt 6:1-6, 16-18
Thursday:	Sir 48:1-14; Ps 97:1-7; Mt 6:7-15
Friday:	Dt 7:6-11; Ps 103:1-4, 6-8, 10; 1 Jn 4:7-16; Mt 11:25-30
Saturday:	2 Chr 24:17-25; Ps 89:4-5, 29-34; Lk 2:41-51
Sunday:	Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35; Rom 5:12-15; Mt 10:26-33

Daily Mass Intention

Saturday, June 13

5:30pm George Waringo (D)

Sunday, June 14

7:00am ***The Most Holy Body and Blood of Christ; Flag Day***
Celebrant's Intention
9:30am Special Intention
11:00am Parishioners
12:45pm Special Intention
5:00pm Daniel S. Collins (D)

Monday, June 15

Eleventh Week of Ordinary Time
7:00am Diane Hofmann
12:05pm Cecilia Long Nguyen (A)

Tuesday, June 16

7:00am Richard Calgario (D)
12:05pm Tillie Prindiville (D)

Wednesday, June 17

7:00am Mabel Nicholson (A)
12:05pm Frances De Loatche (A)

Thursday, June 18

7:00am Ann Nelmer
12:05pm Catherine & Joseph Pooler

Friday, June 19

The Most Sacred Heart of Jesus
7:00am Cheryl Speed
12:05pm Patrick McDonald (D)

Saturday, June 20

The Immaculate Heart of the Blessed Virgin Mary; World Refugee Day; Summer begins
9:00am John K. Cassidy, Sr. (D)

Remember in your prayers the sick of our parish

especially: Lourdes Batol, Jim Fitzwater, John Ford, Joan Janaro, Owen Keel, Karen Kelly, Andrew Pinella, James Saunders, Josephine Whibley. Please call the Rectory to submit prayer requests for the sick, and also to remove a name from the list.

The list of those serving our country, and for whom we pray, can be found on Page 4.



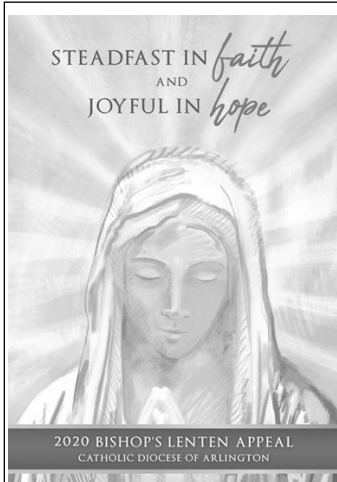
"I am the living bread that came down from heaven; whoever eats this bread will live forever." (JN 6:51)

Most of us have been fortunate never to have experienced true hunger. But all of us can relate to feeling those pangs to some extent and the feeling of satisfaction when we finally have that piece of food. We need the proteins, vitamins, minerals etc. to live; we need the energy from our food to function. We know the difference in how we feel after a good meal: we can tackle those exams, that project, that long drive into work.

The Eucharist is our spiritual mainstay; it fills not our stomachs, but our souls. Just as though we gain repeated strength from healthy meals, we gain grace the more we partake in this, our most important sacrament. Communion becomes a literal thing, as we, a fellowship of faith, come one by one to receive Christ personally into our lives. His presence in the Body and Blood are the vehicles to grace. Because of this, we can "do all things through Christ;" we can face the trials born out of illness or separation, anger or hurt. We can go out from our pews and not just function as human beings, but live as Gospel witnesses.

My sisters and brothers, do not just go through the motions at Communion. As you receive, truly think upon the sacrifice made on your behalf that has brought you to this table. Open your hearts to Christ; allow His living presence to infuse your life. There is no expiration date on this spiritual food, no shelf life to its worth, no body HE cannot heal.

Included in today's bulletin is a list of our STM graduates. Please continue to pray for them as they go on to "make a difference in the world" beyond Cathedral Lane. God bless them and their families. ~Fr. Posey



IMPORTANT NOTE ON THE BISHOP'S LENTEN APPEAL

Thank you for supporting our Bishop and the many worthwhile programs.

You are important to the success of this year's BLA. **To date, we more than \$200,000 has been raised towards our \$252,000 goal. The Bishop NEEDS YOU!**

As more people struggle with the effects of COVID-19, the BLA is at the forefront of assistance. **Please go to: <https://bit.ly/2yBgiL7> to contribute. Thank you!**

Stewardship:

"Because there is one bread, we who are many are one body, for we all partake of the one bread." 1 Corinthians 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God's kingdom here on earth. Two, it helps us strengthen each other's relationship with God the Father, Jesus and the Holy Spirit. It becomes our roadmap to Heaven. Let's help each other get there!

AROUND THE CATHEDRAL

Please pray for those serving our country:

Captain Timothy P. Blaine, USMC; Louis Crishock; FSO, Pvt.F.C. Dylan Cate, USA; 2Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Major Justin M. Coons, USMC; COL Richard Creed, USA; MASN Patrick Fischer, USN; 1st Lt. James Law, USMC; LCpl Joseph A. Patrick, USMC; Pvt. Killian Smet, ARNG; Nick Tengtio; SSg. Ryan Wagner, USAF; Major Thomas J. Wissler, USMC; Capt. Evan J. Wright, USAF.

Today, lighting a candle for your intention is difficult. At the Cathedral you can have a priest light one for you! You may light a candle for a day or three days. Go to <https://membership.faithdirect.net/VA326> to arrange for your candle. This service is free, though we do encourage a donation of \$5 per candle to assist with the costs of maintaining the candles.

Farwell Mass for Father Christensen and Father Mbinkar Sunday, June 21 at 9:30am

Fathers Chris and Ghenghan will be available outside after Mass. Stop by to say thank you for their service. We Will Miss You Both!



Congratulations to our seminarians who will be ordained to the transitional diaconate on June 13. We will welcome Jonathan Fioramonti, our new Deacon, later this month. Continue to pray for all those discerning God's call.

Please note that Burke Hall will be closed to all functions and meetings during Phases 1 and 2. Thank you for your patience and understanding.

The Cathedral is reaching out to sisters and brothers in need. The **More from More** campaign seeks to assist those effected by the economic turmoil of this pandemic by providing food items and other basic necessities. Go to <https://www.cathedralstm.org/ministries/more-from-more-2/> for more information on how you can help. Thank you.

WE NEED YOU!

Now, more than ever, it's important that this is current so that we may contact you with updates on events, closers and cancelations. If you have updated email or other contact information, go to our website, www.cathedralSTM.org and either register or update your record at "Parishioners Updates."

If you have any questions, call the rectory.

STM SCHOOL

"You were Designed for MORE"

At this time, **Camp More** continues to make preparations for a healthy and safe week of camp. STM will implement all required policy guidelines to ensure the safety of campers and instructors. We will be in contact with all registrants and their parents if policy updates affect Camp More week. At this time, the following summer camp sessions are still scheduled to run from June 15 to June 19:

Camp More with Mrs. Bauer & Mr. Mendoza.

JUST ADDED! CAMP MORE 2 June 22-26

Please [click here](#) to register

HSPT and Study Skills with Mrs. Sara James.