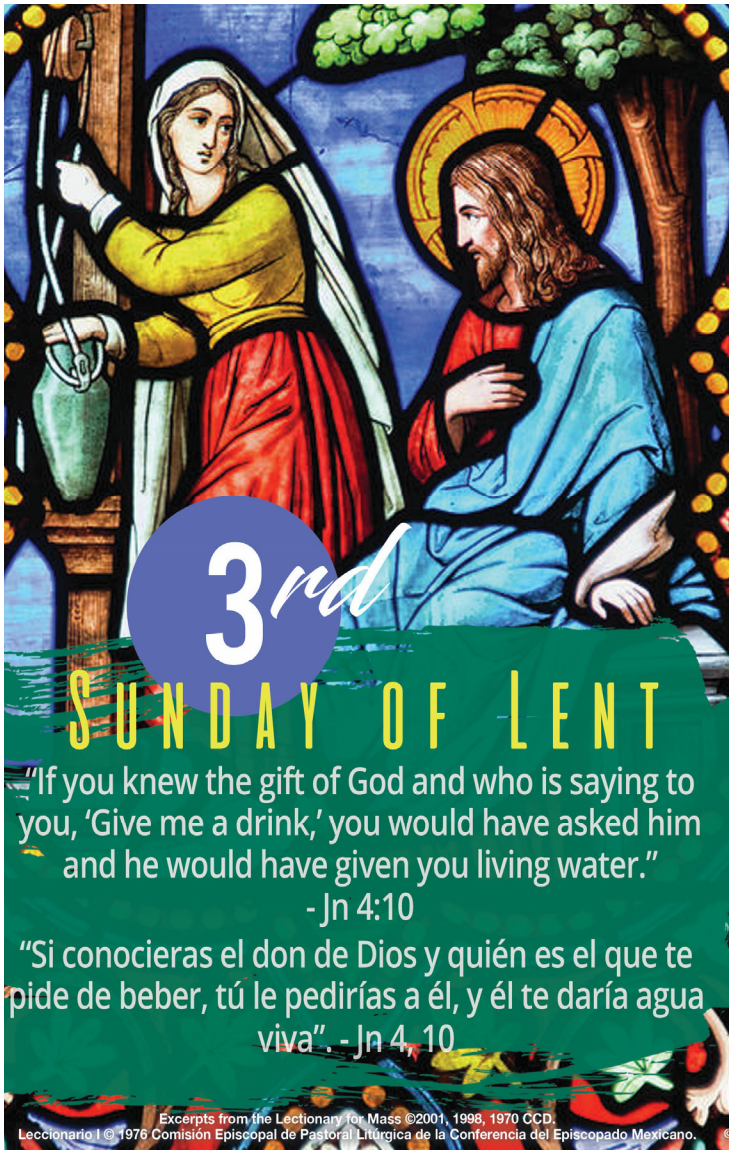




The Cathedral of Saint Thomas More
 3901 Cathedral Lane Arlington, VA 22203
 Most Rev. Michael F. Burbidge, Bishop of Arlington



3rd

SUNDAY OF LENT

"If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."
 - Jn 4:10

"Si conocieras el don de Dios y quién es el que te pide de beber, tú le pedirías a él, y él te daría agua viva". - Jn 4:10

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Leccionario I © 1976 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

Clergy

Most Rev. Michael F. Burbidge, Bishop of Arlington
 Very Rev. Patrick L. Posey, V.F., Rector
 Rev. Kevin Dansereau, Parochial Vicar
 Rev. Eliberto de Jesus Garcia Pareja, Parochial Vicar
 Rev. Michael D. Weston, In Residence
 Deacon Michael Nugent

Rectory Office Hours: Monday through Friday

9:00am-4:00pm; Closed for lunch 1:00-1:45pm
 Phone: 703-525-1300
 stmparishoffice@cathedralstm.org;
 Website: www.cathedralstm.org

Religious Education

703-525-1300, ext 26

Mr. Benjamin Paczak

School

105 N. Thomas Street
 Arlington, VA 22203
 Phone: 703-528-6781; Fax: 703-518-5048
 www.stmschool.org
 Mrs. Catherine Adams Davis, Principal

Christian Initiation

Rev. Kevin Dansereau 703-525-1300

Music

703-525-1300, ext 31

Fr. Vincent Ferrer Bagan, O.P. Director of Music

Hispanic Apostolate

703-841-3883

200 N. Glebe Road, Ste. 820, Arlington, VA 22203

Sacramental Information

PENANCE:

Thursday 7:00pm to 8:00pm
 Saturday 3:30pm-4:30pm and by appointment;
 Sunday en Español: 12:15pm—1:00pm

BAPTISM AND MATRIMONY: Please contact the Rectory or go to the website for information. In-class preparation is required. Please call the Rectory to register.

ANointing of the SICK: Please contact the Rectory for a priest.

Mass Schedule

Monday-Friday: 7:00am & 12:05pm*
 Tuesdays: 7:00pm (en Español)
 Saturdays: 9:00am*
 Saturday Vigil: 5:00pm
 Sundays: 7:00am, 9:00am, 11:00am*
 1:00pm* (en Español) and 7:00pm

Federal Holidays: 10:00am

***LIVE-STREAMED**

Community Evening Prayer: Adoration, Benediction and Confession Every Thursday 6:30-8:00pm

Community Rosary 11:40am before Daily Mass

Parish Staff

Beth Blaine, Receptionist
bblaine@cathedralstm.org

Patty Kain, Bi-lingual Administrative Assistant
pkain@cathedralstm.org

Maria Stillone, Bookkeeper / Spanish Liaison
mstillone@cathedralstm.org

Tara Quaadman, Rector's Assistant
tquaadman@cathedralstm.org

Nick Slabinski, Business Manager
nslabinski@cathedralstm.org

Christine Kurtzke Hughes, Director of Advancement
chughes@cathedralstm.org

Benjamin Paczak, Director of Religious Education and Youth Ministry
BPaczak@cathedralstm.org

Fr. Vincent Ferrer Bagan, O.P., Director of Music
music@cathedralstm.org

From Our Rector

In those days, in their thirst for water, the people grumbled against Moses, saying, "Why did you ever make us leave Egypt?"

"Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

We enter this third week of Lent, perhaps a little weary from our sacrifices. It seemed like a good idea to give up cookies, or make time for early morning prayer, or extend a kindness to a difficult person. But, three weeks in and our sweet tooth is longing for an Oreo, the alarm goes off too early, and that difficult person is still, well, difficult. These things are supposed to enrich our souls and our daily lives. Why must they seem like a burden?

We can recognize ourselves in the Israelites behavior. Who among us hasn't had "buyer's remorse?" That new car perhaps a bit more expensive than we could afford. That new job, new relationship not quite what we expected. The Israelites trusted Moses to lead them to the "promised land," but when things did not materialize as quickly, or easily, as they would have liked they balked. Best not to judge because, again, haven't we all complained when the journey was too long or too hard?

St. Augustine wrote that the Samaritan woman represented the Church, us; we see ourselves in her questions, her longing. Her thirst for happiness represented in her thirst for water, her many husbands. It is the water of new life that Jesus offers her; in him all will be fulfilled and our hearts no longer "restless."

Where do we search for happiness? What well do we visit seeking to fill a void? Do we compensate with the latest and greatest Apple product? Do we fill our closets, our homes with "stuff" that may bring short-term happiness but not joy? Do we self-medicate with things damaging to our bodies and our souls?

As I've said before, Lent can be seen as a time of deprivation, or we can look at it as an opportunity. Jesus is standing at the well asking for you to give him a chance, for your friendship and love. Will you give him a drink and thus quench your own thirst?

You can still have the Best Lent Ever! See Page 5 for information.

God Bless. Fr. Posey

EXPLORE MORE at THE CATHEDRAL!

WELCOME and thank you for joining us. The Cathedral is the Mother Church of the Diocese, and home to many events throughout the year, as well as an award-winning School. Whether you need to update your contact information, or want to register, the process is easy. Registration forms can be found at the Cathedral entrances or you can go to [Registration - Cathedral of St. Thomas More \(cathedralstm.org\)](https://www.cathedralstm.org/Registration-Cathedral-of-St-Thomas-More)



Follow us on:



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[@CathedralSTMVA \(@CathedralSTMVA\) / Twitter](https://twitter.com/CathedralSTMVA)



[instagram.com/cathedralstmva](https://www.instagram.com/cathedralstmva)

Bulletin deadline is two weeks prior to publication date.
Please send submissions to <https://bit.ly/2YDnyPH>

Today's Readings

First Reading	Exodus 17:3-7
Responsorial:	Psalms 95:1-2, 6-7, 8-9
Second Reading:	Romans 5:1-2, 5-8
Gospel:	John 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Readings for the Week

Sunday:	Ex 17:3-7, Ps 95:1-2, 6-7, 8-9 (8), Rom 5:1-2, 5-8, Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
Monday:	2 Kgs 5:1-15ab, Ps 42:2, 3; 43:3, 4, Lk 4:24-30
Tuesday:	Dn 3:25, 34-43, Ps 25:4-5ab, 6 and 7bc, 8-9, Mt 18:21-35
Wednesday:	Dt 4:1, 5-9, Ps 147:12-13, 15-16, 19-20, Mt 5:17-19
Thursday:	Jer 7:23-28, Ps 95:1-2, 6-7, 8-9, Lk 11:14-23
Friday:	Hos 14:2-10, Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17, Mk 12:28-34
Saturday:	Hos 6:1-6, Ps 51:3-4, 18-19, 20-21ab, Lk 18:9-14

REQUEST A MASS INTENTION

Did you know? The custom of requesting a Mass for a specific intention, even when one cannot be physically present at the Mass, is a longstanding tradition in the Church. Masses can be offered to celebrate Baptisms, Birthdays, Anniversary, Confirmations, Special Intentions, and/or to commemorate the anniversary of a loved one's death. Please contact the Rectory Office 703-525-1300. Your offering can be mailed or done online at <https://membership.faithdirect.net/VA326>


Remember in your prayers the sick of our parish especially: Judi Adams, Lourdes Batol, Carolina Gomes, Owen Keel, Ann Kelly, Karen Kelly, Barbara Ilacqua, Linda Quinn, Walter Quinn, Adm. Dave Rogers (Ret.), James Saunders, Raymond Sy, Josephine Whibley.

Please call the Rectory to submit prayer requests for the sick, or to remove a name from the list.

Daily Mass Intentions

Saturday, Mar. 11	
5:00pm	Paul Katanik (D)
Sunday, Mar. 12	Third Sunday in Lent
	Daylight Saving Time begins
7:00am	Robin Joseph Lerseth (D)
9:00am	Maria Cassidy (D)
11:00am	Susan Duffy (D)
1:00pm	Margaret Glavin (D)
7:00pm	Parishioners
Monday, Mar. 13	
7:00am	Suzanne Gregory (D)
12:05pm	George Waringo (D)
Tuesday, Mar. 14	
7:00am	Willa Marie Blanco
12:05pm	Suzanne Conlon (D)
Wednesday, Mar. 15	
7:00am	Joseph F. Blanco
12:05pm	Deanna Saliman
Thursday, Mar. 16	
7:00am	Bob Sassone (D)
12:05pm	Fernando De Los Reyes (D)
Friday, Mar. 17	St. Patrick, Bishop, St. Patrick's Day
7:00am	Felipinas Alma Domingo (D)
12:05pm	Sarah LaPierre
Saturday, Mar. 18	St. Cyril of Jerusalem, Bishop and Doctor of the Church
9:00am	Martin Quang Nguyen (D)

Please pray for those serving our country:
 Major Timothy P. Blaine, USMC; LTJG. Bradley Buchter, USN; 1st Lt. Dylan Cate, USA; 1st Lt. Robert P. Coffin, USMC; Major Anthony Colella, USAF; Lt. Col. Justin M. Coons, USMC; Pvt. James Gnecco, USA; 1st Lt. James Law, USMC; ENS. Mikayla Patrick, USN; Cpl. Joseph A. Patrick, USMC; Nick Tengtio; SSg. Ryan Wagner, USAF; Lt. Col Thomas J. Wissler, USMC



DIVINE MERCY CHAPLET Join the STM Divine Mercy Group to pray the Chaplet on weekdays 15 minutes after the conclusion of the 12:05pm Daily Mass.

Stewardship



The Second Collection today is for our Maintenance Fund. Your support and stewardship of our campus is a blessing!



We will also collect for our Easter Flowers. Your kindness ensures a beautiful display before our Lord.

Thank you for your support. Please scan the QR code or go to www.membership.faithdirect.net/va326 Next week our parish will take up The Catholic Relief Services Collection. Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and reveal Christ's love to those most in need. Learn more about the collection at www.usccb.org/catholic-relief.

Reflecting on God's Gifts

"Everyone who drinks this water will be thirsty again."
John 4:13

Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions we will always want more and no amount will ever satisfy our desire. True joy and peace only comes when we follow Jesus - when we become more "God-centered" and less "self-centered."

Looking for a way to help others from home? **Partners in Prayer** volunteers set aside time each day to pray for their intentions. No meetings are required. Volunteers pray a rosary together weekly (via Zoom). To join, see the Partners in Prayer page on the Cathedral website under Parish Life/Ministries. If you have any questions, please call Peter Hickman at 703-528-0297 or loyalscout@hotmail.com

All Saints Church Multi Car Raffle returns! Prizes include four 2023 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck & Bronco Sport). One \$5 ticket gives you a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. Please consider selling/purchasing the tickets mailed to you and return them to All Saints Church.



The Bishop's Lenten Appeal At Home

2023 Bishop's Lenten Appeal
My soul rejoices in the Lord
Did you know that 11% of money raised The BLA supports the Offices of Youth, Young Adult and Campus Ministries.

Here at STM, we're doing MORE for these

young men and women who are the future of our faith. Your donations are greatly appreciated!

#BLAathome

After reflecting upon God's blessings to you, please consider a BLA pledge. You may complete a

pledge card at Mass, mail in your pledge, go online to make a donation at:

www.arlingtondiocese.org/bla or scan the QR code

THANK YOU!



Please consider enrolling in Faith Direct! It's safe, secure and is ready regardless of weather, illness or travel. Go to: <https://bit.ly/2X15PBv> Thank You!

Are you looking to get more involved at the Cathedral? You can find MORE by volunteering at the Cathedral. View opportunities at www.cathedralstm.org or contact the Office at 703-525-1300.

Around the Cathedral

Lent At the Cathedral

The Light Is On Returns! Come home to the mercy and compassion found in the Sacrament of Reconciliation. In addition to our regular Confession schedule, we will have priests available **every Wednesday** during Lent from 6:30-8:00pm.

Join us every Friday to walk with Jesus at **Stations of the Cross**. In English at 7:00pm and Spanish at 8:00pm.



Musical Meditations for Lent

a prayerful concert of Lenten organ music interspersed with congregational hymns and meditations, featuring the Saint Thomas More Cathedral organists



Fr. Vincent Ferrer Bagan, O.P.



Scott Matthias



Joseph Gribb



Ryan Haynie

Sunday, March 12 at 4 pm

Cathedral of Saint Thomas More
3901 Cathedral Lane, Arlington, VA



Cathedral Concerts

Join us for an afternoon of beautiful **Lenten music** performed by our Cathedral organists. Sunday, March 12 at 4:00pm. The concert is free; bring your friends and family!



YOU CAN BE MORE

You can make it the

BEST LENT EVER

We are participating in Dynamic Catholic's **BEST LENT EVER** program and we hope you will join us. Each day you'll receive a short video from bestselling author Matthew Kelly to inspire you and feed your soul. This year's focus is on learning to collaborate with God to create Holy Moments and unlock our soul-potential. Text 84576 to BESTLENTEVER or [sign up http://bit.ly/414nibC](http://bit.ly/414nibC)

We've Grown!

The Cathedral has signed with a new publishing company, LPi and we are excited to bring you MORE. More ways for you to connect with your faith and each other. You'll notice an expanded reflections section, greater coverage of diocesan events, room for more photos and most importantly a larger presence for our Hispanic community. We hope you enjoy your new bulletin.

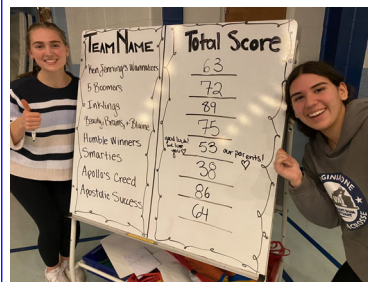
Bishop Burbidge has announced a special **dispensation for Saint Patrick's Day**. All Catholics within the diocese (and those traveling) do not have to abstain from meat that day.

After more than 50 years, STM Federal Credit Union is closing in July. Unfortunately, the regulatory burden is like large banks, and we lack volunteers. Our critical need is a new Treasurer with accounting experience, plus additional Board members. If interested in taking over the group, please email stmfcu@gmail.com

Cathedral Young Adults

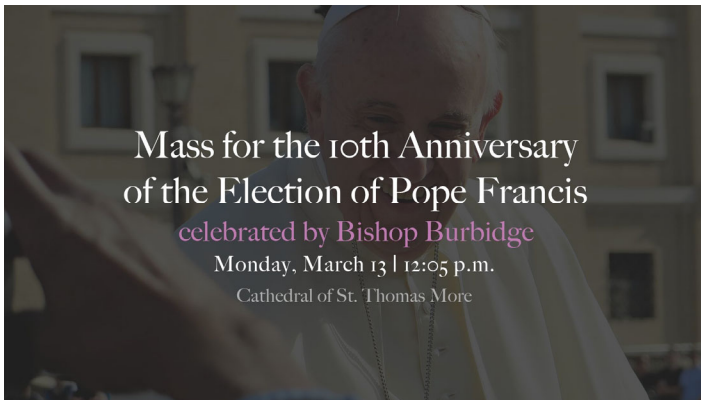
The Young Adults' next book club meeting will be on **Monday, March 13, at 8pm at Northside Social Arlington**. This month we're discussing Confessions by Saint Augustine. Whether you've read a few chapters, all of it, or none at all, come out and join us in fellowship.

Check out the Young Adult [Facebook Page](#) for up to the minute details on events.



Thanks to all who attended Trivia Night! We had a great time and raised money for **WorkCamp**. Come to our **meeting Sunday March 12 at 6:30** in the School Cafeteria.





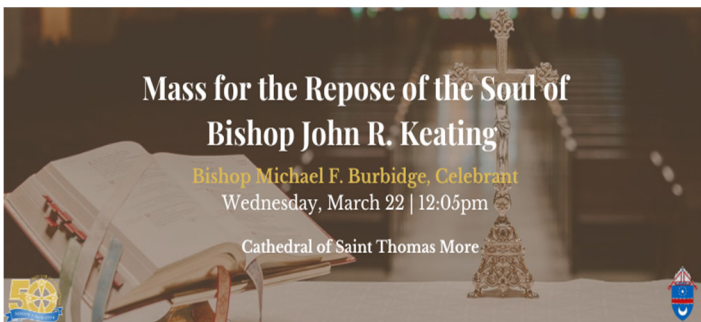
Mass for the 10th Anniversary of the Election of Pope Francis

celebrated by Bishop Burbidge

Monday, March 13 | 12:05 p.m.

Cathedral of St. Thomas More

Looking for another way to celebrate and honor Pope Francis? To highlight this milestone anniversary in a “viral” manner, the Digital Synod has launched a special online map featuring virtual lighted candles representing the prayers of the faithful worldwide for him. Sign up to offer a Hail Mary (or how about a whole Rosary?) for his intentions. Sign up here: <https://www.decimus-annus.org/it/site/index>
Check out the map here: <https://www.decimus-annus.org/it/site/map>



Mass for the Repose of the Soul of Bishop John R. Keating

Bishop Michael F. Burbidge, Celebrant

Wednesday, March 22 | 12:05pm

Cathedral of Saint Thomas More



Do you have an hour to give to the Lord? We invite you to commit to Adoration each Thursday anytime between 12:30pm to 6:30pm. We have a special need to fill the 3:30-4:30 and 4:30-5:30 time slots. Those who can commit to the 5:30 to 6:30PM period are encouraged to stay for evening prayers and Benediction. *“The rediscovery of prayer in various forms, and particularly Eucharistic Adoration, is a source of hope for the Church to grow and take root.” Pope Francis*

Pray to Our Lady! You’re invited to pray the Rosary Every weekday at 11:40am before the 12:05pm Mass. Every third Saturday after the 9:00am Mass (For Pro Life) and every third Sunday at 6:30pm before the 7:00pm Mass (with our Knights of Columbus).

More on.... Saint Patrick (412-493)



Born in Britain of a Romanized family, at 16, he was kidnapped by Irish raiders from the villa of his father, a deacon and local official, and brought into slavery in Ireland. He spent six long years there as a herdsman, during which he turned to his faith for strength. He later escaped back to Britain on a ship, where he was eventually reunited with his family. His years of captivity changed him and brought out a zeal for God and a yearning to spread the message of Jesus Christ. Despite the constant danger of martyrdom, he continued to travel throughout Ireland where he baptized and confirmed in the name of Christ.



Have a listen!

Take a moment to hear the beautiful words and melody of this gorgeous hymn.

[Love Divine, All Loves Excelling - YouTube](#)

Join us Thursdays at 6:30pm for **Evening Prayer, followed by Benediction and Confessions.** For more information on Vespers, go to <https://bit.ly/39qKNmS>

Cathedral Kids Corner



GOSPEL

Jesus told the Samaritan woman that when people drink his water they will never be thirsty again. When you are very hot, you would like this kind of water. The water that Jesus gives us to drink is his word which will last forever. It will help us get to heaven. Jesus said that he was the Messiah sent to explain everything. When you want to know the way, Jesus helps you. When you do not understand, Jesus explains it to you.

PRAYER

Lord, give me your water to drink.

STM SCHOOL "You were Designed for MORE"
www.stmschool.org 703-528-6781



A Royal Rewind Auction Spotlight: 50/50 Raffle Tickets are on sale!

Typically, we collect over \$10,000, half of which goes to the lucky winner! Get your tickets before early bird pricing expires on March 8!

2 tickets = \$25

6 tickets = \$50

15 tickets = \$100

Use the QR code or buy them here: <https://payit.nelnet.net/form/128CE5n1>

Auction tickets are now available! Go to stmschool.org for information

Buy your tickets to a fun-filled evening with fellow STM families, teachers, and staff, good food, an open bar, and entertainment provided by NYX Entertainment, one of the preeminent DJ services on the East Coast, all to raise money for our amazing school!

Tickets are \$75/each or buy premier seating for \$900/table, which includes table seating for up to 8 guests and early access to the auction starting with a 6:00 p.m. VIP champagne reception!

STM students had a great time yesterday dressed as their favorite book character for Read Across America Day. We loved seeing their excitement and creativity!



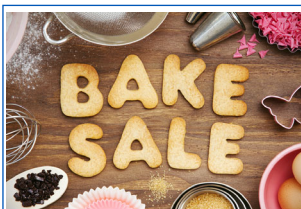
RELIGIOUS EDUCATION/ EDUCACIÓN RELIGIOSA

Registration for the 2022-2023 School year has closed. Contact Benjamin Paczak at BPaczak@cathedralstm.org or call 703-525-1300, ext. 26. We follow Arlington County Schools for weather closings. Please listen to your local radio for information.

La inscripción para el curso escolar 2022-2023 se ha cerrado. Comuníquese con Benjamin Paczak al BPaczak@cathedralstm.org o llame al 703-525-1300, ext. 26.

Nosotros seguimos los cierres por clima de los Escuelas Publicas de Arlington (APS). Por favor para información, escuche la estación de radio local.

Youth Group



Bake Sale Sunday March 12

Stop by after Mass to pick up some tasty treats. Even if you gave up sweets for Lent, buy some for your office, or classmates! All proceeds will benefit our WorkCamp participants.



Bishop Burbidge Podcasts
<http://bit.ly/41sLAwH>

Bishop Burbidge discusses the FBI memo, Lenten reflection, the Los Angeles bishop murdered, Asbury and more!

Teacher Job Fair: Saturday, March 18, 2023 9-11:00am
Pope St. John Paul II High School 1700 Dominican Drive Potomac Shores, VA. Discover the Diocese of Arlington. Meet with school representatives to explore teaching in one of the 37 elementary schools, 4 high schools and 4 stand-alone preschools serving over 18,000 students in the 13 cities and counties in this growing diocese. Our schools are seeking highly-qualified, faith-filled and dynamic professionals. <http://bit.ly/3ErsIUH>

Catholic Business Network Meeting
March 22 5:30-7:30pm

The Alexandria/Springfield/Arlington Chapter of CBN Nova will have its March networking meeting at the Uncommon Luncheonette in Arlington. This is a great location for coming after work to network with fellow Catholic business people and supporters of Catholic education in our diocese. The restaurant will open specially for us to give us a wonderful environment for finding new contacts and introducing your needs for us to support as a Catholic business community. Location: Uncommon Luncheonette, 1028 North Garfield St. Arlington (Clarendon) Pre-registration member cost \$20 which includes hors d'oeuvres; cash bar. Non-Member/ less than 48 hours/ At-the-door: \$25 Please RSVP at www.CBNNoVa.org. Pre-registration and pre-payment are preferred.

On Saturday March 25 at 11am, Bishop Burbidge will offer **Holy Mass and Anointing of the Sick** at St. Michael Church, Annandale, Virginia. Sponsored by the Order of Malta, this Mass brings the Lourdes Pilgrimage experience to parishioners of the Diocese of Arlington. Please register by Wednesday, March 22 for attendance at the Mass by contacting Brian Newsome, KM, via email at malta.nova.mass@gmail.com or via phone at 323.505.8846. Please provide the name(s) of all those attending along with a contact email or phone number.



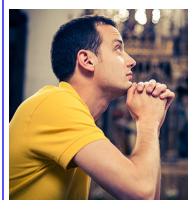
Parishes throughout the Diocese will hold the **Forty Hours Devotion throughout the year**. The celebration is part of the Diocesan-wide preparation for the Golden Jubilee in 2024. For a listing of parish dates, go to: [40 Hours Schedule \(arlingtondiocese.org\)](http://arlingtondiocese.org)

Rosary in Thanksgiving for the Gift of Human Life with Bishop Burbidge Saturday, March 25, 2023

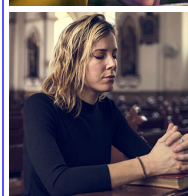
Join Bishop Burbidge on March 25th, the Feast of the Annunciation, at 8 am in this act of peaceful public witness. We will pray the rosary on the public sidewalk outside the Falls Church abortion facility at 900 S. Washington St., Falls Church.

Bring Love! Lenten Service Opportunities

Are you looking for a way to serve your community during Lent, and beyond? Join us in our mission to serve the needy in our diocese. We are seeking volunteers to help with feeding the hungry, clothing the naked, caring for the sick and welcoming the newcomer. Visit <https://volunteer.cdda.net> for a current listing of opportunities to serve.



"He saved us and called us to a holy life, not according to our works but according to his own design..."



If you think God is offering you the grace of a vocation to the priesthood or consecrated life, contact Father Michael Isenberg, Vocations Director, at (703) 841-2514 or email vocations@arlingtondiocese.org.

Diocesan Events

Please go to <https://www.arlingtondiocese.org/all-events/> for the most update information.

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved. Sign up here: <http://bit.ly/3Y42FJV>

Formación de Fe

Sacramento de Bautizo: Contáctarse con la Rectoría para obtener información sobre los bautizos. (Los padres deben estar registrados en la parroquia). No se pone fecha a los bautizos hasta que todos los documentos estén completos. Los bautizos en Español son el tercer Sábado de cada mes.

Sacramento de la Primera Comunión y la Confirmación: Contáctarse con la Oficina de Educación Religiosa, al 703-525-1300.

Rito de Iniciación Cristiana y Sacramentos para adultos (RICA): Si no ha recibido los Sacramentos de la Iniciación Cristiana que son: Bautismo, Comunión y Confirmación, este programa es para usted. Clases inician en Setiembre. Para información adicional por favor contáctarse con Patty Kain al 703-525-1300 Ext. 12

Sacramento del Matrimonio: Las regulaciones de la Diócesis requieren que se ponga en contacto con uno de los sacerdotes de la iglesia al menos seis meses antes de la fecha que quiere casarse. Contáctarse con la Rectoría para solicitar cita.

Unción de los Enfermos y Comunión para Enfermos: Contáctarse con la Rectoría para información

Hospitalización: Por favor notifique a la oficina de la parroquia si usted está en el hospital. Por ley los hospitales no lo pueden hacer.

Emaus: Camino Místico/Contemplativo Un Retiro Ignaciano 28 - 30 de Abril, 2023

El retiro le invita abrir las puertas de su corazón al poder transformador del Misterio Pascual. Primero, compartiremos la experiencia del encuentro con el Señor Resucitado de los discípulos de Jesús en Lucas 24. Segundo, por medio de la "Contemplación Para Alcanzar Amor" de los Ejercicios Espirituales, descubrimos el horizonte místico abierto por el Espíritu Santo de nuestra propia peregrinación, juntos a Jesús, a la Casa del Padre.

Cuota: \$245 (Si usted tiene entre 18 y 35 años, o si hace su primer retiro acá, la cuota es de \$195.) para más información, llame al P. Tom Gavin, S.J. al (202) 760-3516.

Regístrate aquí: <https://loyolaonthepotomac.com/registration-16/ignatian/>



Petición Cuaresmal del Obispo de 2023 Esta petición nos ofrece la oportunidad de unirnos como familia católica para apoyar los programas, ministerios y servicios de ayuda a decenas de miles de personas. Después de reflexionar sobre las bendiciones recibidas de Dios, piensen en hacer una promesa de contribución a la Petición Cuaresmal Del Obispo. Pueden esa promesa al llenar la tarjeta distribuida durante la Misa, enviar la tarjeta por correo postal, hacer la promesa en línea en www.arlingtondiocese.org/BLA o escanear el código QR indicado continuación para hacer una ofrenda.

Solicite Misa de Intención

La costumbre de solicitar una Misa para una intención específica, incluso cuando uno no puede estar físicamente presente en la Misa, es una tradición de larga data en la Iglesia. Se pueden ofrecer misas para celebrar bautismos, cumpleaños, aniversarios, confirmaciones, intenciones especiales y / o para conmemorar el aniversario de la muerte de un ser querido. Comuníquese con la Oficina de Rectoría 703-525-1300.

¡La Luz está Encendida, regresa! Ven a la casa de la misericordia y la compasión que se encuentran en el Sacramento de la Reconciliación. Además de nuestro horario regular de confesiones, tendremos sacerdotes disponibles todos los Miércoles durante la Cuaresma de 6:30-8:00 p.m.

Únase a nosotros todos los Viernes para caminar con Jesús en las **Estaciones de la Cruz**. En Inglés a las 7:00 p.m. y en Español a las 8:00 p.m.

Horario de Misas en Inglés

Domingos: 8:00am, 9:00am, 11:00am y 7:00pm
Lunes a Viernes: 7:00am y 12:05pm
Sábados: 9:00am* Vigilia: 5:00pm

Horario de Misas en Español

Domingo: 1:00pm; Martes: 7:00pm

Confesiones en Inglés y Español

Jueves: 7:00 a 8:00pm; Sábados: 3:30pm a 4:30pm y por cita (llamar a la Rectoría); Domingo : 12:15pm a 1:00pm (Sólo Español)

Se parte de nuestros ministerios, contacto a sus coordinadores!

Coordinador de Lectores: Janeth Aleman
703-517-5448

Coordinador de Ujieres: Fidel Santos
703-209-2756

Coordinador de Monaguillos: Eulogio Argueta
703-501-4277

Coro en Español: Edith Argueta 703-9448149

THIS WEEK AT THE CATHEDRAL:**The Third Sunday in Lent
Be Marked for Life**

Sunday, March 12		
YOUTH GROUP BAKE SALE TO BENEFIT WORKCAMP		
12:15-1:00pm	Confesiones en Español	Cathedral
4:00pm	Cathedral Choir Lenten Concert	Cathedral
6:30pm	WorkCamp Meeting	School Cafeteria
Monday, March 13		
11:40am	Rosary	Cathedral
12:05pm	Mass in honor of Pope Francis with Bishop Burbidge	Cathedral
After 12:05pm Mass	Divine Mercy Chaplet	Cathedral
7:00-8:00pm	English Legion of Mary	School Library
7:00-8:30pm	RCIA	Room 5, School
8:00pm	Young Adult Book Club	Northside Social
Tuesday, March 14		
11:40am	Rosary	Cathedral
After 12:05pm Mass	Divine Mercy Chaplet	Cathedral
7:00pm	Women's Council	School Library
7:00pm	Misa en Español	Cathedral
Wednesday, March 15		
11:40am	Rosary	Cathedral
After 12:05pm Mass	Divine Mercy Chaplet	Cathedral
3:00pm	Youth Choir Rehearsal	School
6:30-8:00pm	The Light Is On For Confessions	Cathedral
6:45pm	Religious Education Classes	School
Thursday, March 16		
11:40am	Rosary	Cathedral
After 12:05pm Mass	Divine Mercy Chaplet	Cathedral
12:30-6:30pm	Adoration	Cathedral
6:45pm	Community Evening Prayer, Adoration & Confessions	Cathedral
7:00pm	Cathedral Choir Rehearsal	80 N. Glebe
Friday, March 17		
HAPPY SAINT PATRICK'S DAY!		
11:40am	Rosary	Cathedral
After 12:05pm Mass	Divine Mercy Chaplet	Cathedral
7:00pm	Stations of the Cross (English)	Cathedral
8:00pm	Stations of the Cross (en Español)	Cathedral
Saturday, March 18		
After 9:00am Mass	Pro Life Rosary	Cathedral
3:30pm	Confessions	Cathedral
6:30-7:30pm	Spanish RCIA	School Classroom

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